

# Universal Brotherhood Movement, Inc.

## UB GoodNews

**Autumn Edition**

**2018**

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### **A Tribute to My Students**

By Rev. Dr. Jeni Prigmore

Each one of you  
Heaven's Best  
Has come to serve —  
And the Earth is blessed.

As you reach out  
With heart and hand  
So many come  
To understand

That life is full.

Each one Nature's pure  
Connection  
Through energy:  
Divine Convection.

As your hands touch those  
who would receive  
They too find reasons  
To believe.





## **UB Founders**

### **Rev. Drs. Jeni & Rick Prigmore**

*“May the intentions in your heart be guided and blessed by that Infinite Force for Good that prompts you to Live the Ministry YOU have created and nurtured. May All of Life be blessed through your efforts.*

*Peace be with you, Every One.”*

## **Your Presence Is of Great Value**

### **Rev. Dr. Rick Prigmore**

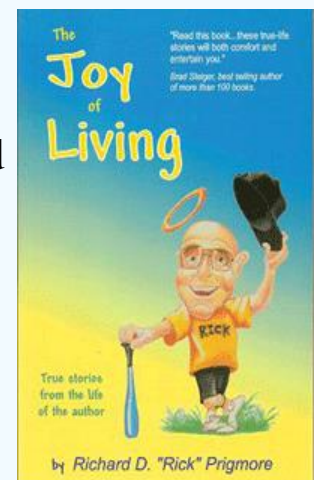
From his book *“The Joy of Living”*

How many of us have wondered, as we proceed along the path of enlightenment, “Where do I fit in? What is my part in the ‘Grand Plan’? Shouldn’t I be doing more now that I know more? Am I falling short of my ‘spiritual duty’?” I know we have.

For a long time we had planned to embark on our “spiritual journey” and “go on the road” with our new enlightenment to fulfill our commitment to the brotherhood of mankind. The trouble was, we didn’t have a clear picture of what that looked like in concrete terms. Where would we spread our “good word?”

One noon, as Jeni was meditating quietly in an unused dental chair of the dental office where she worked, she was agonizing over these questions. Her thought-cry went out to the Universe, “But what can I teach? What will I do to serve? How will I know what to say or do?”

*Continued on page 18*





# GRATITUDE

## As A Movable Feast

By Rev. Rosemary Cathcart

As we come into this richly colorful season of Fall, I wanted so much to write something about “gratitude”, but I could not figure out how to begin. Then just this morning as I was taking a walk with Cayce, my furry friend and fulltime companion, it hit me right between the eyes. Just write about what you do!

As a longtime student of brilliant practitioners like Louise Hay, Wayne Dyer and Dr. Ernest Holmes, managing my thoughts and expressing gratitude **should** be second nature to me. Emphasis on the “should” here. I am so completely and utterly human that I slip off the straight and narrow pretty regularly. But I also understand the importance and urgency of getting back to a good, grateful brain really quickly. What I’ve adopted as my “go to” is something I call a walking meditation/gratitude list.



Every time I step outdoors (and with a puppy dog, that’s quite often), I immediately begin my practice, which goes something like this:

*“Oh, thank you God for another day to live!”*

*“Thank you for keeping me and Cayce so healthy and strong!”*

*“I am so grateful to live in this beautiful neighborhood!”*

*“Thank you for these wonderful clouds and **this perfect moment!**”*

Whatever catches my attention, whether it’s a car driving by, or the trash collector or a workman pulling up in front of a nearby house, or a plane flying overhead, they all get a blessing from me:

*“Have a wonderful day and stay present!”*

*“Hello, thank you for keeping our sweet community clean and tidy!”*

*“Thanks for showing up today, those folks are counting on you!”*

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*“Have a safe and joyful journey!”*

As I take very deliberate deep breaths, I am mindful and grateful that I live in a comparatively “clean” community that still has good air to breathe.

*“Blessings and wisdom to our politicians and law makers to keep our precious Earth safe and livable for generations to come!”*



If you're familiar with Spiritual Mind Treatment or Affirmative Prayer, I also employ those techniques to state directly to the Universe my knowing that:

*“I am happy, healthy, prosperous and successful! The infinite intelligence of my subconscious mind aids me and guides me in every endeavor. All obstacles to my progress have been removed. I rest in a sea of Universal love, energy, understanding, oneness and light. I am a part of that light, I am one with that light, I am indeed that LIGHT!  
And so it is! “*



I also routinely use Divine Decrees and the I Am Incantations to express myself to the Universe:

*“Beloved Great Soul Being that I am, mighty I AM Presence, go ahead of me this day and make the way clear, make the way plain. Establish Thy perfect harmony in all the places that I go, and in all things that I do and say, and see to it that this harmony is maintained, sustained and self-sustaining, to the good of all concerned, to the Glory of God!  
So be it!”*

*“I, Rosemary (insert your name), do hereby withdraw all power which I have given to other people or to situations to control my experience in all the areas of my life. **I am a victim no longer!** I am in control of my experiences and by knowing this, and choosing this, I start myself on the road to perfect peace and joyous fulfillment in all areas of my life! “*

*“I AM the power of my complete self-control forever sustained!”*

It may seem like a lot of work, but it's certainly not, and consciously adopting this type of on-going spiritual practice of gratitude will turn your life around. I promise. The more we “thank the Universe” for, the more the Universe gives us to be grateful for. It's

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a very simple but direct equation. As I get ready to retire for the evening, I'll take Cayce out for one last evening walk, and as I look up into the night sky, I'll say:

My last thoughts as I drift off to sleep are prayers of thanks and gratitude for all that I am, for all of the many teachers who have touched my life and for every experience I've

ever had. After years of training and practice, I realize that every thought and emotion is a vibrational energy that goes out into the Universe ~ and always hits a target, somewhere. As best I can, I want to send only the best thoughts and emotions out into the Universe, as I fully expect to have only the best returned to me in kind.

Please give this approach a try for your own life, no matter what your current circumstances might be. Gratitude and sincere prayers are always well received on high. Create your own version of a “Movable Gratitude Feast”, then simply be amazed and delighted as the miracles begin to unfold. Blessings on your journey, now and always.



Joy IS REALLY  
THE  
SIMPLEST  
FORM  
OF  
GRATITUDE.

KARL BARTH



# “Enough” for Thanksgiving

By Rev. Kelly Graham

The autumn equinox is generally around September 22-23. But one of the events most associated with autumn and the harvest season is Thanksgiving. I have so many fond memories of Thanksgiving!

[AND – can you keep a secret? Thanksgiving is UB President Rosemary Cathcart’s favorite holiday! *shhh!*]

In my family, we had Christmas breakfast at our house and Christmas dinner at my grandmother’s house, but Thanksgiving was always just at our house. My mother was an incredible cook, the kind who never measured anything, you know? I read somewhere that the term is *eyeball chef* – someone who measures an ingredient just by “eyeballing” it.

It was endlessly fascinating to watch her toss a little of this and a little of that in a saucepan, throw in some salt and probably bacon grease and take a drag on her cigarette, and suddenly this delectable creation somehow just existed. And it was always wonderful.

Her Thanksgiving dressing, for example, was (rightfully) renowned. It was a typical Southern cornbread dressing, but she would always add a few torn-apart biscuits. In fact, if there were no leftover biscuits around, she would make a pan of biscuits just to pull out a few for the dressing.

For my mother, cooking was innate: she couldn’t tell you how. If you asked her, for example, how to make biscuits, she would say, “Let me show you.” And she would take a bowl and put some flour in it. “How much flour?” I would ask. “Well, enough,” she would answer. “And then some buttermilk.”

“How much buttermilk?” I would ask.

“Well, enough,” she would answer.

And that was always the answer. “Well, you know, enough. Just the amount you need.” The amount you need to make the biscuits come together but not so much that it makes them fall apart. A delicate balance.

“Enough.” It’s an interesting word. Something I’ve been considering a lot these days.

I’ve written several times about the house we’ve been re-doing. October 22, 2018 marked two years since the day we saw the house the first time, which is also the day we made the offer.

I never, ever, ever would have thought it would take us more than two years to re-do the house. In fact, when we began the work, I would make noises about how if it took more than six months, I would.....well, do something different. But I haven’t.

In truth, we’re doing it ourselves, and we both work full-time, so when I sat down and put pencil to paper to figure out how long we’ve actually “worked” on the house, it’s been about 6½ months. It’s just been 6½ months spread out over more than two years.

And we’re close to finishing. We’re something like 99.44% done. In fact, this weekend I’m staining the new mantel and fireplace surround my husband built, and we’re having Thanksgiving dinner in the “new” house this year.



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But in the meantime, there's still that question of "enough." I / we have been in this house a couple of decades. In that time I've lived and worked here in Nashville, in New York City, and in San Diego, with various temporary stops in lots of different places, but always kept the same house in Nashville. And the households I had in New York and San Diego, as well as the temporary stops (most memorably in Danville, Virginia) all have contributed to the "stuff" in our house. When my (by then widowed) mother passed away, the things I inherited from her joined all the rest of the "stuff."

The new house is the same square footage as the old house, but there are fewer rooms and a lot more openness. My husband and I want to keep that openness and have decided it's a priority, so that means considerable paring of our "stuff."

Paring it down to, well, "enough."

We've seen numerous visceral tragedies in the last few years, all painful to observe and of course much more painful to endure. The one in the news currently is the Camp wildfire in California. Hearing about the entire town of Paradise being demolished, and seeing the pictures of the aftermath, can really give you perspective. All of these things I've been dusting (and avoiding dusting) for years are not necessarily what I would grab if tragedy (Heaven forbid!) struck.

So I'm taking that perspective and using it to help me make decisions about what "things" are truly necessary to make our new life in our new house come together, but not so much that it will make our new "open concept" household fall apart. A delicate balance. Just like my mother's biscuits.

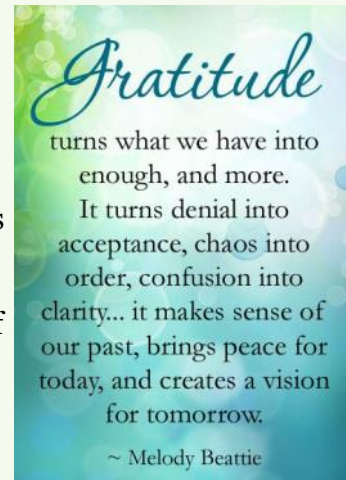
The harvest season, and Thanksgiving, is an appropriate time for all of us to consider what is "enough" in our own lives. Situations where we have given enough. Jobs that are no longer enough. Possessions that are bursting the seams in our lives in various ways and are clearly more than enough.

The one area where there is never "enough" is: **gratitude.** Gratitude changes everything. Neuroscience shows us gratitude changes our brains (read [this](#) from The Wharton School). But we have to express it: a 2012 national gratitude survey by the John Templeton Foundation showed that while 90% of respondents consider themselves grateful, only 52% of women and 44% percent of men surveyed express gratitude on a regular basis. **We all could practice gratitude more, and more often, and more openly.** An active gratitude practice increases neuron density and neural plasticity and leads to higher emotional intelligence, among many other benefits.

So, from me: I give thanks for many things this year, and in particular that includes you, our UB ministers. Thank you for all you do for UB and for the world. Happy Thanksgiving.



*UB Vice President Kelly Graham has worked in the financial field for more than 30 years, and is a Senior Vice President with B. Riley Wealth Management. She is honored to have been ordained by both UB President Rosemary Cathcart and UB Founders Rick and Jeni Prigmore. Reach her at [kellygraham@brileywealth.com](mailto:kellygraham@brileywealth.com).*





## **Ordinations: Rev. Brunner & Rev. Franklin**



On a lovely and bright Sunday afternoon, July 29, 2018, UB President Rev. Rosemary Cathcart had the privilege of ordaining two wonderful new ministers and welcoming them into our ever-growing Universal Brotherhood family.

Joining the ranks of new UB Ministers that day were the Rev. Schatzie Brunner, left, and the Rev. Carl Franklin, right, pictured above with Rev. Cathcart in the center. Rev. Brunner and Rev. Franklin both are currently residents of the Greater Nashville area.

Though the scope of their individual work is quite different, the caring hearts, generous spirits and commitment to the "Brotherhood of Mankind" that both of these individuals express is deep and profound.

**Welcome to UB!**



## **Attention Ministers**

**In our continuous efforts to support each Minister and each Ministry program, we are once again presenting an important legal aspect to incorporate in your practice. As always, we are not offering legal advice and urge you to check into your local laws and requirements. Please read the following article and begin to implement these steps in your work with each client. Thank you for your dedication to UB and the important work you do in the World.**

## **LIMITS TO CONFIDENTIALITY**

**By Rev. Gregory Fisher**

As a minister who works with a wide variety of clients, it is important to explain our position on LIMITS OF CONFIDENTIALITY up front. We must make these limits clear from the first minute of the first meeting. We can not wait until we are challenged because the client has shared something with us that must be reported because he or she thought that “confidentiality” would prevent us from doing so. Here is exactly what we must say:

*“I will hold all information shared with me as sacred and confidential EXCEPT:*

- #1. If you mention or allude to a possible suicidal act in the present or future by you or by someone you know,*
- #2. If you mention or allude to a possible homicidal act in the past, present or future against any individual by you or by someone you know,*
- #3. If you mention or allude to a possible act of abuse in the past, present or future against a child or a minor by you or by someone you know,*
- #4. If you mention or allude to a possible act of abuse in the past, present or future against an elderly or disabled person by you or by someone you know.*

*I am bound by law to report these things and; therefore, they are outside the express limits of our confidentiality agreement. Do you understand?”*

*Continued...*

*Continued....*

**All of these are reportable actions**, and must be conveyed at once to the local authorities to take appropriate action. In the instance of possible child abuse, the Department of Children's Services (or whatever the child services agency is called in your locale) ask us not to "weigh or judge the validity or severity of the information." We must simply report it ASAP. The same applies to the other issues of suicide, homicide and elder/disabled abuse.

We must understand also that "alludes to" includes second or third (or more) hand knowledge and reports. For example, if a client states that their friend's mother told him that someone told her that someone was having inappropriate contact with kids (or any other of the reportable actions), we report it! We don't question if it is true or not. It's not up to us to determine that.

I can relate here a story that I'm aware of because it happened to one of my friends. She was working with a client and the client's ten-year-old son. The mother recounted that her sister had stated that she believed the son was having inappropriate contact with her five-year-old daughter. The mother told her sister that it was ridiculous and accused her of lying and not loving her son. She then took a long part of her session criticizing her sister for being such a trouble maker and nuisance. She suggested that she was going to detach from her sister and her niece. My friend mulled it over after the session and determined that she didn't need to report the statements because they had been mentioned to her as an example of how the client's sister was lying and exacerbating the problems she was having with her son. The problem? The sister reported her nephew to the abuse hotline for sexually assaulting her daughter. The state investigated and found that the boy WAS abusing his cousin. The client informed my friend's supervisor that she had told my friend in a session. My friend lost her license.

Here's what's important for us to know: don't THINK, just REPORT! We don't know enough to process the information or conduct an investigation before reporting the information, **and it's not our job**. We report what we hear when what we hear it. It's the authorities' job to investigate and determine if there is a problem.

Waiting and thinking puts us at risk and also—much worse—puts any potential victims at risk, as in the example I've given.

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Explaining these limits to confidentiality at the very first meeting sets the expectation. For most of our clients, this will seem like a silly exercise—they have no such issues and may even be perplexed that we have raised the issue. But it shows our professionalism, and it avoids any misunderstanding should an issue emerge as we move forward with helping our clients.

## **S.L.A.P. ASSESSMENT FOR SUICIDALITY**

While I want to reiterate that it isn't our job to investigate the validity of a reportable concern, sometimes a client may begin talking in a manner that becomes curious and may indicate that they are heading toward an act of self-harm or even suicide. The client hasn't expressed a statement of intention, but we are hearing something that seems potentially dangerous. We're thinking we need to question further to know how seriously to take the threat. Now what?

There is a suicidality assessment that can be useful in considering the level of risk you are encountering with a client (or any person) who has alluded to a possible self-harm. A client mentioning that they wish they could die (or wish they could fall asleep and not wake up) or that they have considered killing themselves, does not mean that they are intending to do so. Here are some questions that can help you determine if there is any potential that the client is actually suicidal.

**S = Specificity:** Have they considered suicide to the extent that they have an actual plan? Is the plan specific? Do they have a mode of death in mind, a date, a time, a place? The more specific, the more concerning the threat may be.

**L = Lethality:** Is the mode of death the client may be considering actually lethal? If enacted, would it actually cause death?

**A = Availability:** Is the mode of death available? Have they made plans to procure it? Can they?

**P = Preventability:** Are there limitations or preventions in place that will keep the plan from being enacted? Are there people around who would be barriers to the act taking place? Is there a location where the client could carry out the plan?

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So, a client who tells you that they are planning to end their life the next morning (specific) in a remote area of the woods (more specific, no preventions) by shooting themselves in the head with a gun (extremely specific and lethal) that they just purchased and have loaded in the car (specific, lethal, available, no preventions) is at greater risk than someone who tells you that they are thinking about ending their life, but they haven't considered how, where, or when (not specific, possibly not lethal, possibly not available, possibly preventable). Or one who says they are going to take pills (specific and potentially lethal), but don't have any pills or access to pills (not available and preventable). Of course, this also doesn't consider that they will come up with a very specific, lethal, available and unpreventable plan as soon as they leave your office.

The SLAP Assessment helps us determine the level of risk in the moment; but again, any mention of suicide needs to be taken seriously. It is a myth that people who commit suicide haven't told anyone, or that people who tell someone are only looking for sympathy. More than 85% of people who attempt suicide or are successful in killing themselves **have** told someone before carrying out their plan.

Perhaps your client is telling you because they are seeking counseling, support and help, and perhaps you can be effective in ameliorating their situation so that the suicide is preventable. But if you have any doubt, and if the SLAP Assessment gives you an indication that they may be able successfully to complete their attempt, report the conversation to the authorities and let them decide how to proceed. Also, in this case, you should inform the client that you are going to call for assistance. Stay with the client until help arrives.

Calling for assistance can look like notifying a treating professional who is more involved in the client's mental health than you; for example, a psychiatrist. It can mean calling a mobile crisis response team or crisis center. Or it can mean calling for emergency services. Dialing 911 will usually get a rapid and appropriate response—usually law enforcement will be alerted and will escort the client to emergency services. It is not typical for an ambulance to be summoned, but the response may vary with local statutes and protocols. You should learn and be familiar with those statutes and protocols for your area.

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In any case, make sure that the responding personnel are aware of the story you heard and your assessment of the risk prior to making the call.

It is not uncommon for people to change their story after they become concerned that there are going to be consequences that may be difficult or that their very real desire to end their life is going to be thwarted. Ultimately, it will be up to the treating professionals and perhaps even the client to determine what needs to happen next. However, it is important that you be aware that someone who is suicidal may lose the ability to make their own decision temporarily, and will be committed involuntarily for mental health treatment to prevent the suicide.

*Gregory Fisher is a Licensed Advanced Practice Social Worker, a Licensed Science of Mind Practitioner, and an Ordained Minister through Universal Brotherhood Movement, Inc. He works as a speaker, trainer, writer, counselor and coach and is based in Nashville, Tennessee.*

## ***Universal Brotherhood Movement, Inc.***

**Box 670278  
Coral Springs, FL 33067**

**Phone: 954-574-9904  
Phone: 954-974-1181**

**Email:  
[robin.ubm@gmail.com](mailto:robin.ubm@gmail.com)**

**Website:  
[www.universalbrotherhood.org](http://www.universalbrotherhood.org)**





# Awakening is for Everyone

By Rev. Julie Matheson



How does it sound to you when someone uses the word “awakening”? I used to get a bit tweaked whenever I heard someone use this word. I thought they were using “awakening” in place of “enlightenment” yet now I see the difference between the two words and actually appreciate that one can lead to the other.

Even though a person might “experience” the two similarly...as the state of peace, presence and clarity.... the difference, as I see it now, is *awakening* is more in our immediate grasp, and has a more contained scope.

I think of awakening as a state of awareness and clarity about a *particular aspect* of your life. Enlightenment, as I understand it, is transcending the human condition of suffering to achieve a quasi-permanent state of peace, joy and acceptance.

It seems enlightenment is achieved by experiencing awakening after awakening until all the jagged edges of human conditioning are smoothed, allowing for a consistent connection to the purest essence of one’s soul. Since enlightenment can take many lifetimes, let’s focus for now on the concept of Awakening.

So what is Awakening? Have you ever heard someone say, “When I had my Awakening....” And then go on to explain how their life changed in a very specific way?

One time, in my holistic dentist’s office, the owner-dentist of that practice shared that at one point in her training she switched gears and fully embraced holistic dentistry over traditional. She described this change of awareness as that of *having an awakening*. For her

it was about understanding the difference between the two paths, and that going holistic was her higher path.

This isn’t enlightenment and she didn’t describe it that way. She appropriately described it as *her awakening to* the virtues of holistic dentistry. Other examples are when someone works a serious program around co-dependency issues and the resulting insights about self-esteem leads to new boundaries around who is allowed to influence her life. Or the person who re-evaluates her childhood beliefs, enabling her to “pop out of misperceptions” about how things were, and embrace a whole new way of being.

These are wake-up events in some specific area of life that leave a person changed forever and bring fresh acceptance and freedom. These awakenings don’t happen over night, but when the full picture hits you, and the lightening of insight strikes, it can feel instantaneous. You see things differently and you just “get it”. And you *know* you “get it”.

Even for those who ignore the whole idea of personal growth, these life-insights still happen. We can’t really be here on earth in a body and not experience personal growth. Just being here counts towards your soul’s evolution.

However, for those who actively seek out personal evolution, third-dimensional-earth-life is rich for potential awakenings. The contrast here between dark and light is so drastic that experiencing awakenings is actually easier

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here. One time in a channeling session, I asked my angels if it is possible to keep evolving our patterning once we die, you know, once we get back home on the “other side”? They said, yes, it is possible, but it is easier here because the contrast is greater, thanks to life being more challenging. “Wow,” I thought, “that’s the whole point, isn’t it - to use the contrast to awaken.”

I’ve decided I wanted to take advantage of this contrast while I am here. I enjoy the belief that whatever we achieve and evolve in our emotional-spiritual life this lifetime, we get to keep and take with us. Challenges we face, hardships we overcome, and the strengths we develop... they all come with us. As do our relationships and the love we shared. I’m convinced of it.

I also enjoy believing that we don’t have to solve all the world’s problems in ourselves. We each have our own special set of issues we hoped, and planned, to address this lifetime while we are here in this place of contrast. And by tackling these issues, we make our lives, and our world, so much better.

Naturally, these awakenings add up, and help us inch our way toward enlightenment, or at

least help us to add more light to our life.

Years ago I designed a special writing practice that allowed me to create my own awakenings by addressing one specific issue at a time. I would sit with paper and pen detangling my thought processes in an effort to illuminate blind spots and clear out stuck energy. My experience is that each awakening I achieve creates peace and space for more awakenings to happen.

Given all this personal, spiritual logic, it all adds up to the idea we are meant to awaken. We are here to evolve and being here helps us evolve.

So, are awakenings for everyone? Yes, I believe so.

*Rev. Julie Matheson is a newly ordained minister from Idaho. Rev. Julie Matheson is an intuitive holistic counselor, helping clients gently shift their perception one pattern at a time through her guided writing process and energy clearing work.*

[www.lotusflowerliving.com](http://www.lotusflowerliving.com)



***Universal Brotherhood  
Movement, Inc.***

**Box 670278  
Coral Springs, FL 33067**

**Phone: 954-574-9904**

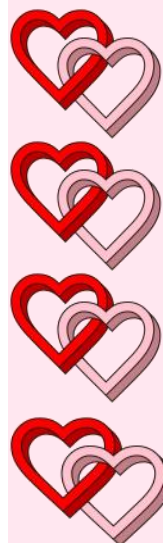
**Phone: 954-974-1181**

**Email:**

**[robin.ubm@gmail.com](mailto:robin.ubm@gmail.com)**

**Website:**

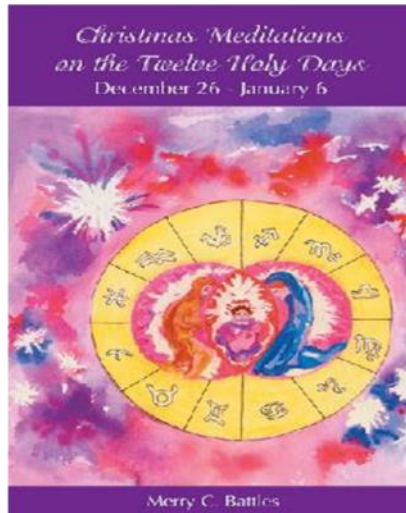
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**“Your  
handshake or  
hug can be your  
blessing”**

*Rev. Dr. Rick Prigmore*

## Book Nook ~ Rev. Merry Battles



*Christmas Meditations on the Twelve Holy Days ~ December 26– January 6* is a compilation of twenty-six years of my personal dedication to the twelve holy days of Christmas. The continuation of Christmas starts on December 26 through January 6. It's very special to continue celebrating when most of the world thinks it is over. For this reason I always keep my Christmas tree up until after the sixth.

The inspiration for my work came from *Mystery of the Christos* by Corinne Helene. Each day is assigned to a disciple, sign of the Zodiac, spiritual center of the physical body, attainment, and a thought meditation from the Bible. As the days progress, see the previous spiritual centers illumined, until the twelfth

night when the whole body is seen in light.

According to Corinne Helene, during the twelve holy days the Earth is enveloped with the love and light of the Cosmic Christ. The radiant Christ makes four major contacts with the earth during the course of the year. These coincide with the equinoxes and solstices. The Archangelic Christ showers the earth with the rarest of perfumes. Every cell, atom, and molecule is infused with the love of God. This love permeates to the center of our planet and to our own spirit. It becomes a wonderful time for soul dedication to the divine path of God.

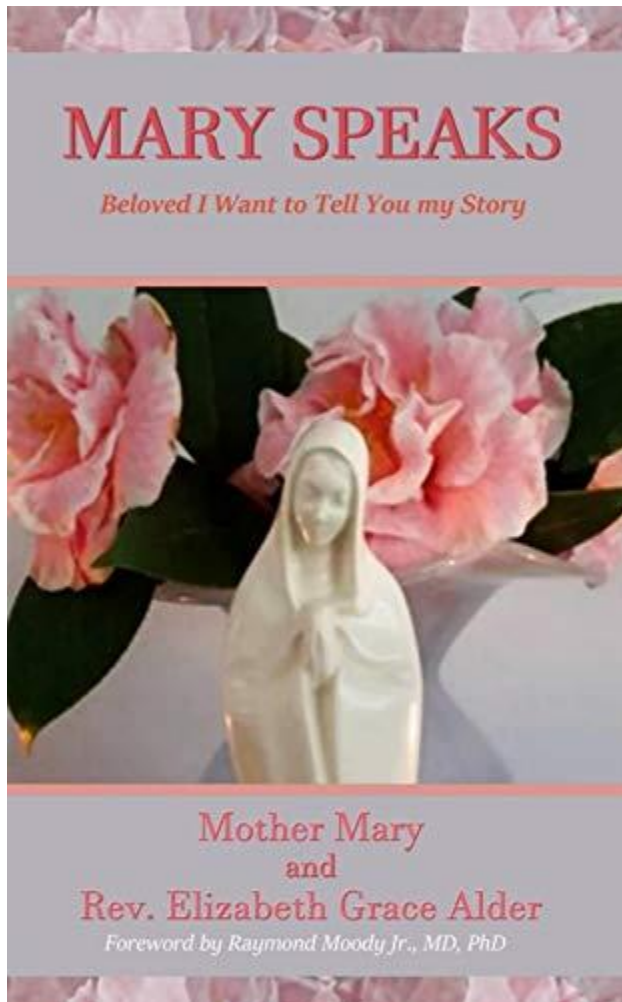
The meditations are to be read on the appropriate holy day. The reader can then explore his/her own messages. These Christmas meditations can also be used while the Earth travels through each sign of the Zodiac. For example, as we are in the sign of Aries, read the meditations for the holy day of Aries. The universal theme for that time is "Behold, I make all things new." The book can also be opened any day at random to receive a message for that day.

Participate in a Spiritual dedication to the twelve holy days of Christmas. Join in this opportunity to connect with your Spirit and the true meaning of Christmas season.



You can contact  
Rev. Merry Battles here:  
[merry@merrybattles.com](mailto:merry@merrybattles.com)  
Her book is available on her  
[website](#) and on [Amazon](#) in  
paperback or Kindle

## Book Nook ~ Rev. Elizabeth Grace Alder



Rev. Elizabeth Grace Alder sat in front of Mary's small statue on her altar seeking a message, as she had done from time to time for the past eleven years. "Please tell me about..."

But before she could finish, Mother Mary spoke with such perfect clarity that there was no confusion of what She wanted. "Beloved, I want to tell you my story.

"Before I was born, in the womb of my Mother," She began, "I knew of my purpose. Of course, my father wanted a son, strong of body, mind and Spirit. But my dear Mother, knew I was a girl and she felt doubly blessed."

*Mary Speaks - Beloved I Want to Tell You My Story*, is Mary's own story. From her childhood home, to the birth of Jesus, to Her time in Egypt, to the Crucifixion, with deeply moving and life changing lessons. This is a treasured book for Her loved ones to enjoy, as well as to find peace and comfort in a world that so now, needs such healing.

***Mary Speaks — Beloved I Want To Tell You My Story* is available in paperback and Kindle on [Amazon](#). As the email for the book, please use: [ommmever@yahoo.com](mailto:ommmever@yahoo.com)**

*Rev. Elizabeth Grace Alder is the founder of [The Lightworkers Council of Atlanta, Athens and Beyond](#), as well as [Lightworkers International](#) and the [Circle of Mary](#). Rev. Alder is a grateful channel, student, teacher and practitioner of the healing arts.*

### Wisdom Notes

Rev. Panna Flower

Oh, the world we live in...

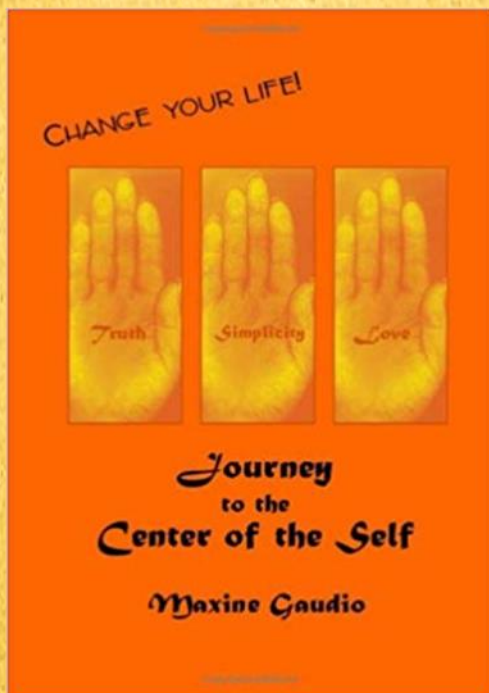
Thanks be for the world we  
dance in!





## Book Nook ~

Rev. Maxine Gaudio



Rev. Maxine "Max" Gaudio lives and works in Greenwich, CT and Reykjavik, Iceland. She has a son and young grandchildren. Max's widely popular interactive talk show on Iceland's Radio Saga, her private practice, and work with corporations exemplify her gift to give people exactly what they need to become whole and at peace. She is considered by many to have enriched their lives immeasurably. The power of her commitment to deeply understand and heal people is unwavering. Max gives you the methods to: 1. Stop resisting your own greatness 2. Find the pattern of your life and relationships 3. Transform from "stuck" to a life that's peaceful, purposeful, and full of meaning. This book can make an extraordinary change in anyone's life and is a simple method for making difficult transitions.

*Journey to the Center of the Self* is available on [Amazon](#) in paperback and Kindle.

*Continued from Founder's Page*

I have no degrees; I've not written a book nor taught classes; I have nothing to offer."

The wisdom from the higher planes came rolling and reverberating through the ethers—echoing in her mind:

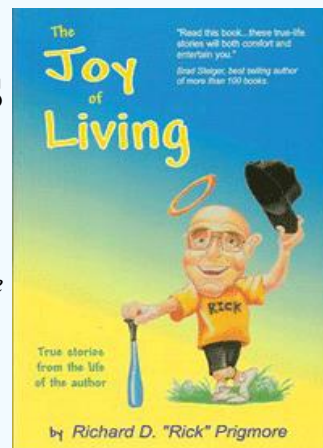
**“YOUR PRESENCE IS OF GREAT VALUE!”**

The impact of that simple yet profound statement was awesome. It was her answer; and, yet, it was an answer to everyone. She had intercepted it and recognized its TRUTH. But she realized it was both her answer and her lesson to teach.

The important thing is not how much you know, nor what wondrous things you *do, or say, or have experienced*. It is your BEINGNESS that is all important. Only *you* can shine *your* light; only *you* can sing *your* song; only *you* can offer *your* special touch.

**“YOUR PRESENCE IS OF GREAT VALUE.”**

If you would like to order a copy of *“The Joy of Living”* please call the office at 954-574-9904 or click [here](#).





## Food To Live By

*By Rev. Charlotte Eulette*



I am so happy to say that I am a Universal Brotherhood Movement Minister (UB) and a certified Life-cycle Celebrant® from the Celebrant Foundation & Institute. I am both, and I love it. I create and officiate at wonderful, meaningful and personalized ceremonies to mark the milestones in people's lives. It's a recipe for success and happiness to be a UB minister and Celebrant.

Speaking of recipes...I was requested to write this piece to be read by my colleague UB ministers all over the world to celebrate our incredible edible food especially at this time of the year, the end of summer / beginning of fall in North America.

Since we UBer's and Celebrants are so good at bringing people together via ceremonies. it's natural for many of us to be good cooks too. We bring together the foods and their flavors that make us vibrant beings.

My heritage is mostly Greek, and my grandmother, Yaya Nicoleta, was a wonderful woman who grew up in the mountains of Greece. Even when she had homes in the states with her family and in the capital of Athens, she enjoyed the mountains the best. My brother Dino and I would often visit my grandparents in Greece during the summers when we were children. Our parents would ship us off in a plane from Chicago to Athens from June to August. It was a great experience for both of us. I especially enjoyed being with my grandmother who appreciated the fruits and veggies that grew abundant and luscious from the rocky dirt and steep mountains in Greece. They included huge, colorful and fragrant-beyond-belief pears, almonds, apricots, figs, olives, grapes, lemons and the list goes on and on. I remember that once our plane landed on the Greek soil and the door opened we immediately smelled the dry hot air that had a hint of wild oregano and chamomile. That's how we knew we were definitely no longer in Chicago.

I LOVE NATURAL FOOD. And that's all it took for me from the get-go! My family and I live in New Jersey and have for many years. Our state is called "the Garden State". During the spring, summer and fall there are so many outdoor markets and farms brimming with organic foods that I go to. I prefer to eat foods that are of-the-season. There has got to be a great reason food becomes ripe at a particular time of year, so I believe that's the time to eat or cook them and share them in creative ways with friends and family. Why eat food that travels on a plane or train for thousands of miles to get to you when your own farm stands and locals have all the goodies?

This season, the harvest season is beckoning to you. Grab those purple eggplants, the juicy apples, the grapes and squash and create! Experiment with mint! You might want to check out Gary Null's [book](#) *Anti-Arthritis, Anti-Inflammation Cookbook, Healing Through Natural Foods*. It has over 270 delicious foods, recipes and photos too. And my all-time favorite [book](#) about Greek cooking and its history and culture, written by Aglaia Kremezi:

*Continued...*

*Continued...*

*The Food of the Greek Islands, Cooking and*



*Culture of the Crossroads of the Mediterranean.* Or do some research on your own and find the recipes that makes your whole body happy and

healthy. You may even decide to make a long-distance phone call or skype with one of your elder aunts or uncles in the “old country” where you have roots and scoop up a family recipe that you can share and pass down through generations. Idea: name the recipe after them, perhaps.

I couldn't help myself, here is a little “Celebrant Inspired” food ritual:

**When you choose your food and it's in your hand and you are about to take it home -**

Thank it and the earth, and the farmer.

**When you are preparing it -** Smell its fresh aroma and feel all the sunny days and dark nights (its energy) that made this little guy happen just for you. Think of all the goodness.

**When you are about to serve (or eat it all by yourself), or over the holiday with family and friends –** Ask everyone to look at the food, take it in with their eyes first – before eating. Think about its life vibration nourishing every molecule of our being. This “good vibe energy” that everyone feels from this moment of gratitude and awareness will mix well with the food and create an even more powerful and nutritious meal that your whole party will benefit from simultaneously.

*Continued...*

**NEW!**

## **A Fun Exercise For Your Brain Cells!**

By Rev. Indigo Althea Mahira

Rev. Indigo Althea Mahira has been a UB minister for 16 years and now lives in the Pacific Northwest. She doesn't do any “traditional” ministry, but spreads her Healing Light invisibly, either in person (whether or not openly offering energy work), when she performs the songs for which she has written lyrics appropriate to the given occasion and through her memoir and the crossword puzzles she constructs. She has been taught that a person's creations (poems, paintings, songs, puzzles, quilts, etc.) carries 100% of that person's Light which is then available to those who enjoy the creations.

Please enjoy this crossword puzzle on the next page

*Continued...*

As my Yaya Nicoleta used to say, and I hear her say it still,

***“Eat my child, the world is on your plate.”***

I miss her so much.

***Rev. Charlotte Eulette, International Director  
for the Celebrant Foundation & Institute  
and UB Minister***

**Contact: [www.celebrantinstitute.org](http://www.celebrantinstitute.org)  
[charlotteeulette@celebrantinstitute.org](mailto:charlotteeulette@celebrantinstitute.org)**





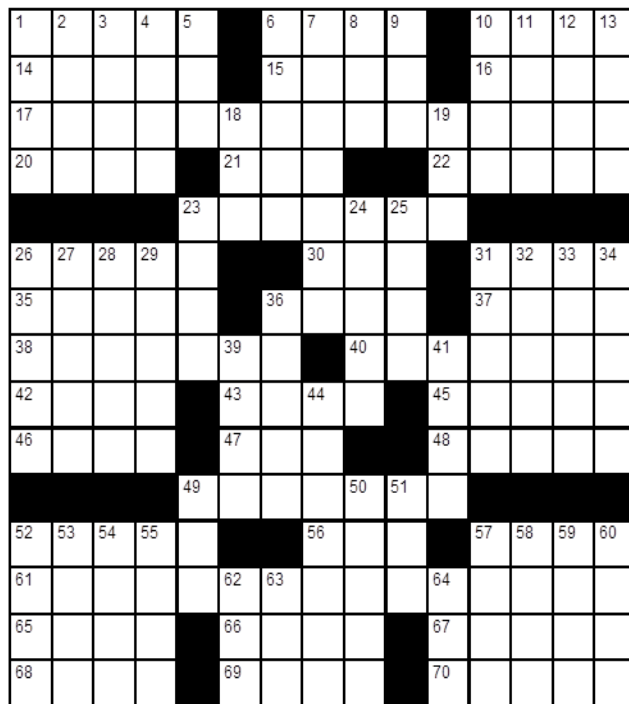
## Across

1 "God \_\_\_\_ us every-one." (Tiny Tim, Dickens' "A Christmas Carol")  
 6 Mexican maiden: Abbr.  
 10 "But the greatest of these is \_\_\_\_" Cor. 13:13  
 14 What one needs to do to a rusty hinge  
 15 "Physician, \_\_\_\_ thyself"  
 16 Computer menu option  
 17 With 61-Across, a wish for the whole world  
 20 Sit moping  
 21 Computer in "2001"  
 22 Tapestry Polonius hid behind  
 23 "Please \_\_\_\_ me, let me go..." (by Eddie "Piano" Miller and Robert Yount)  
 26 The wife Ike liked  
 30 \_\_\_\_-fi books or films  
 31 Like an invention legally owned by the inventor: Abbr.  
 35 Spiral-horned antelope  
 36 Señor's "other"  
 37 Suffix with fabric or origin  
 38 "O tidings of \_\_\_\_ and joy..."  
 40 "Come, Holy Ghost, our souls \_\_\_\_" (Book of Common Prayer)  
 42 "O \_\_\_\_, all ye faithful..."  
 43 "If \_\_\_\_ a hammer..." (by Pete Seeger and Lee Hays)  
 45 Dances in grass skirts  
 46 A long way off  
 47 Animation frame  
 48 Used when swearing in or swearing at  
 49 "...and \_\_\_\_ us our trespasses..."

52 Credit card verb if you don't have a chip  
 56 Actress \_\_\_\_ Marie Saint  
 57 Simon and Garfunkel and Batman and Robin  
 61 (See 17-Across)  
 65 "\_\_\_\_ She Sweet?" (by Milton Ager and Jack Yellen)  
 66 "James James Morrison Morrison Weatherby George Dupree took great \_\_\_\_ of his Mother though he was only three." (A.A.Milne)  
 67 \_\_\_\_ Ababa, Ethiopia  
 68 "Day by day, oh Dear Lord these things I \_\_\_\_" ("Godspell")  
 69 Southern CA team whose logo features a halo over the point of its initial  
 70 "See me, feel me, \_\_\_\_ me..." (from The Who's rock opera "Tommy")

## Down

1 Whacks, such as a clown hitting another over the head  
 2 "In \_\_\_\_ of flowers..."  
 3 Airline to Tel Aviv  
 4 "I am \_\_\_\_ at heart": "Hamlet"  
 5 Bernadette ou Jeanne d'Arc, e.g.  
 6 Sand bar  
 7 Least like make-believe  
 8 \_\_\_\_ vez (Mexican "maybe") or chess champ Mikhail



9 "Where have \_\_\_\_ the flowers gone?" (by Pete Seeger & Joe Hickerson)  
 10 Glass maker's oven  
 11 What one can smell  
 12 MasterCard alternative  
 13 Summers on the Seine  
 18 "I'm getting married in \_\_\_\_ morning." ("My Fair Lady")  
 19 \_\_\_\_ kwon do (martial art)  
 23 Make over  
 24 Like the 11-Down of a skunk  
 25 "The Da Vinci Code" priory  
 26 Muhammad's birth-place  
 27 Standoffish  
 28 "\_\_\_\_ Mia!"  
 29 Surmise  
 31 \_\_\_\_ New Guinea  
 32 Like the famous tower in Pisa  
 33 Synagogue scroll  
 34 Word with formal or casual

36 "Turn the \_\_\_\_ cheek"  
 39 Puerto \_\_\_\_  
 41 "There was an old woman who lived in a \_\_\_\_"  
 44 Math class full of unknowns  
 49 Wetland  
 50 Wall climbing plants  
 51 Big wine vessel  
 52 Trade  
 53 Sound of a fan  
 54 Sacred Hebrides island  
 55 Feel sorry for  
 57 Woodworking groove  
 58 Language of Pakistan  
 59 Suffix with quix- or neur-  
 60 Repeated warning in a library  
 62 Stomach acid to a chemist  
 63 Very narrow shoe indicator  
 64 "Life is short. \_\_\_\_ dessert first!"

**Answers page 27**

# **Mothering the Planet**

By Rev. Gwendolyn H. Barry



The respect we have for our Elders. The cherish we hold for our children. Knowing that any act of kindness makes the most difference inside of us as who we are, while it can be a small slice of healing for those we extend it to. How valuable it grows in the world surrounding us today! Learning the magnificence in forgiving and how it cleanses our hearts so we can fuller understand that it matters most in self love. The ancient, healing lessons of humanity.

We have a collective cyclic memory of moments when the people of a system, culture or faith have taken a Stand against an injustice thrust on them by crave of resources, the desire for dominance, tyranny in so many forms using historical tools that basically resolved as war; the murder we commit with impunity persuaded as righteous or even condoned by a "God", a madness we call patriarchy. Six thousand years of sky gods leading us forward into this moment. Technically prosperous and technically able to destroy whole cultures or the entire planet. Amen.

In these collective historic moments the pattern has been revolt. Justice in a whole community outweighed those who oversaw a system that used repression to dispense its prosperity. Revolution remains the only sanity among those with the courage to stand against it. Free societies today are founded on it: the impossible idea that everyone in a community has a say in how it will to be governed. Systems get old, tired, overused and then abused. This is the gentle way to express our "moment".

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You and I, sister and brother members of Universal Brotherhood, have a “knowing” that this moment holds a distinction never before held. Our moment requires a planetary paradigm shift to banish the extinction of humanity. As with each moment of reckoning before, there have been

cadres who had foreknowledge of events, were disposed to minister within the moment in ways never before demonstrated. We are in the crucible of Lightness and Darkness with an ultimate caveat, extinction. This truth confronts us as climate change, resource declination and a level of greed unexperienced. As we witness atrocity explained as patriotism, greed defined as trickle down plenty for all, fear of “the other” as security for the nation, the ancient darkness like a blanket is pulled over our communities, yet allowing the Light to burst brighter whenever it shines. I love that many of my own companions see this an exciting time to be alive. I don’t think there are many souls that are not here to experience this. Over seven point six billion of us, another indication of our “moment”. Almost everyone has RSVP’d to this party!

There is never an imbalance of energy, the simple physics providing the truth in faith. The Light is brightest at the end of the darkest tunnel. Even as we see this incredible daily motion of injustice in America and globally with instant manipulative projection, so too are there extraordinary events happening daily that give us strength and empowerment to honor our vocations with skills and tools of Light long forgotten or innovated brilliantly to generate the evolution of Mother Earth. We pushed it forward to this moment, plainly because we needed all the technical priority we have now. Planetary consciousness has been achieved through the Internet, the largest step in manifesting a majority Consciousness Shift in humanity.

*Continued...*

*Continue...*

At this moment, whatever creates the Light opens the way. Our ceremonies, cleansings, global meditations, dedicated workshops, permaculture projects, our primacy in right intentions and right actions sustain the beginning of a new age.

People wake up every hour to the absolute need in changing our awareness of what is true and what is a status quo in planetary repression. We are witnessing the exposure of patriarchy in violent shock. For some Lightworkers it's proving to be overwhelmingly negative. Fear brings judgment within communities and we are challenged to meet this moment in Mothering our communities, our planet and ourselves. In holding on to our respect for one another and Oneness.

Our one constant is in grounding The Mother: She nurtures, She heals, She disciplines with tender mercies. As the God form descends the Goddess ascends to heal. She despises exploitation, greed and repression. We came here to minister and shepherd in a new age. Each of us works with a unique gift to address the moment we are in. Banishing fear, we meet each moment as it unfolds as ministers who walk with the Goddess and bless the God for strength and forgiveness.

Keep lavender for calming.  
Sweetgrass by your side to call good Spirits.  
White sage to cleanse and make sacred.  
Myrrh to reach out among our Ancestors in the stars.  
Frankincense to hold the gentle strength of the God,  
and Rose to welcome the Goddess Home.

Rev. Gwendolyn Holden Barry  
"The Fragrant Memories of Our Ancestors"  
[www.daughtersofisis.com](http://www.daughtersofisis.com)

*Continued...*



*Continued...*

Rev. Gwendolyn H. Barry ~

I am a storyteller. I studied and earned a BS in psychology at Cornell University. In 1991 my sister and I opened a spiritual bookstore in Pompano Beach, Florida, where I rediscovered my ability to recognize multidimensional awareness with plants and their stories of our culture through the traditions of our Ancestors. I reached out to and worked alongside shaman, healers, medicine people, authors and teachers who have guided my learning for over 30 years. Through multiple lenses of fragrance and flower essence formulation I create tools for achieving goals, exploring and healing our emotional issues, and developing greater extra-sensory capacity. This allows connection to all our Ancestors and offers the opportunity to work to adapt a new daily life in reaching for a personally authentic spiritual shift. I have traveled widely, and in meeting this moment at the edge of our evolution I have presented my catalog of collections based in our cultural families and new conscious awareness of the promise our Ancestors left to us. In my path I have become a UB minister.

*Our product line: [Daughters of Isis](#)  
"The Fragrant Memories of our Ancestors"  
Port Saint Lucie, FL 34952  
646-202-1889*



## *Water Blessing Walk*

Rev. JaneE King

Water~ Given freely,  
unconditionally, lovingly  
by our Mother,  
the Earth.  
JaneE.

Water—we cannot live without clean, pure drinkable water.

Water makes up 70-90% of the human body. And our Mother Earth's body. Not to mention everything else on this gem of a planet.

Stop for a moment...Look at a drop of water.

It seems so miniscule. Yet it holds the power of life and death. Is this drop of water that you are holding potable? Is it clean enough for you to drink? Love it anyway, no matter what.

Hello, Aloha, Namasté, I AM Reverend JaneE King. I have been spiritually guided to drop everything as I knew it and travel the waterways of this planet, blessing the water.

I walked out of my apartment for the last time on July 6, 2016. Life as I knew it has dissolved, it is no more. The water has called to me.

**How this happened is the story of my journey.** I have become a servant to her. Flowing with the currents of unseen ancient passageways of no time and no space.

Freedom has walked through my life. Opened all my doors and windows. Removed the floor

*Continued...*

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and the ceiling. Flowing downstream on a drop of water, where I go I do not know. Yet I continually arrive home in my Self.

This is my Way to truth, clarity and living fully in the moment. Uncovering my passion to follow Spirit, live from my Soul, following divine guidance has sharpened my view of not only my personal spiritual path but more importantly who I AM as a Being of Light, Love and Pure Beingness.

Learning the value of the *Seat of The Soul*, as Gary Zukav put it in his best-selling book. And living from the Seat of Awareness, the perspective of Michael Singer.

Water, oh Divine Being of flow, you are my greatest teacher. It is you who called out to me in the recesses of my Eternal Self. It is you, Dear One, directing me to your shores. It is you, Dear Water, communicating your ancient wisdom as told in all the sacred texts of this world.

What is this Wisdom, you may ask?

Here is the Gem of Waters truth:

Love yourself until your cup overflows.  
Then and only then are you truly able to love another.  
Then and only then can you truly change the world.  
Then and only then will your heart's field  
(electromagnetic field or aura) be an insatiable beacon of Love.

The great Onondaga Lake in Syracuse, New York came to me in a dream. It said "HELP ME!" Help the waters of this planet. When I researched this lake what I found caused a great sadness to well up inside me. Not one, but five different corporations had been dumping/spewing PCBs and other toxic

substances into this previously pure body of water. The sacred water of the Onondaga People.

Lake Onondaga is now considered the most polluted lake in this country.

Love is the most powerful force in the world. This is what JaneE is bringing to the waters of this country. Through prayer, song, loving blessings at the edge of the water, JaneE is healing the waterways.

Many, many thanks from JaneE's heart and the heart of the water beings.

*You may contact Rev. JaneE King through  
email at: [jane.e.king@gmail.com](mailto:jane.e.king@gmail.com)*

*To read more about Rev. JaneE King's  
Journey, drumming and view videos:  
[www.janeekinghearthealer.com](http://www.janeekinghearthealer.com)*





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## Prevent Illness in the Fall

By Rev. Paula Tepedino

Fall is a time where, in most places, the weather is slightly to greatly different. Here in Pennsylvania, the weather gets cooler, wetter and windier. In the practices of yoga and ayurveda, this is called the Vata (sounded as VAA-taa) season. It is a time to apply OPPOSITES CURE to your routine. If it's cool, wet and windy, you would want to create warmth, dryness and stillness.

Simply put: if you get chilled, get warm. If the wind makes you flighty and ungrounded, put a hat on. If you feel drained of energy because it is raining too much, stay indoors where you can drink a hot cup of tea, put on some cozy socks and watch the rain out the window.

Balancing the Vata is using the key words: COZY & COMFY, WARM, DRY.

Eat oatmeal with soaked raisins or nuts. Switch sugar for maple syrup. Add warming spices like cinnamon to your foods. Warm up some grated ginger and maple syrup instead of drinking coffee all day.

Good luck and enjoy this Fall season.

## Theme answers:

Bless  
Love  
Peace to all who inhabit Earth  
Release  
Comfort  
Inspire  
Forgive  
Care  
Pray  
Touch  
Mecca  
Torah  
Iona

And a few semi-related ones like oaths, El Al, pity, turn the other cheek, O come all ye faithful, in lieu of flowers – And of course the last one is the creed of *some* people:

**Eat Dessert First!**





## A MESSAGE FROM THE IRISH ELEMENTALS

As presented to Molly Sheehan of Green Hope Farm

[www.greenhopeessences.com](http://www.greenhopeessences.com)

\*Molly produces high-vibration flower essences\*

Shared By Rev. Cassandra Noel

“We have “seen it all” however we have seen too much of some things and too little of others. This project re-animates our interest in things human because it works with us versus against us, as is more often the case.

We steady this planet. We steady our emerald island. Most often, we steady against the imprecations of humans. But we find in this project (Green Hope Farm), humans working to steady the planet with us. We thank you one and all for working with Flower Essences and working to both balance yourself and your worlds. We need you. We need you most intently right now. Much water is coming unless more of you concentrate on this steadying work. It is okay if this water comes. We say again, if waters come, it will be all right. We have seen waters come and waters go. The essential you survives even if you go through the death process. The earth and human communities can be restored after such floods. We can rebuild, we can re-make, we can reinvigorate when things like water cleanse the Earth but it is much labor that would not be necessary if more humans come to the fore with their own steadying efforts.

What do we mean by steadying? Your efforts to find balance in your lives matter. Your efforts to balance your impact on your environment matters. We want to clarify that while your “ecological footprint” is grossly out of balance in the western world, the most pressing need is for you to work on your emotional footprint. What do we mean by this? We mean you must stop leaving your emotional chaos littering the natural world. You must invoke us to clear it from the land you inhabit. We hope you will deal with the imbalances of your giving and receiving relationship with us and live with us more as partners than in a master/servant dynamic HOWEVER, the most pressing need is for you to clear the environment of your emotional garbage.

We asked Molly to provide a basic procedure for land cleansing after our message. You may think that your contribution to this effort could not make any difference. You would be wrong in this. We were interested in Molly’s farm, small though it is, because, in part, the routine energetic cleansing done at this farm has helped in a significant way. We speak in a united voice with our brethren Elementals of the New World when we speak of the significance of energetic cleansing. Every place that is routinely cleared, no matter how small, has an exponential effect in terms of restoring the Earth.

You like to think of us as the little people of the old country; magic, mischievous, ancient, wise, guardians of earth treasures. We may be all these things. We would most certainly like to come into deeper communion with you and share our world view. If you want to begin a deeper relationship by helping us in some way, doing any variation of the following process would be much appreciated. Green Blessings!

*Continued....*



## AN INTRODUCTION TO LAND CLEANSING from Molly

*Continued...*

Negativity builds up on land in many ways. Human discord of any kind settles on the land where the discord took place. If you have a temper tantrum in your backyard, that energy remains in your backyard. Even the most pristine piece of land, uninhabited by humans, will have negativity delivered to it by wind and precipitation. For example, rain clears the atmosphere of negativity but leaves this negativity on the land.

This discord stays in the land UNTIL the negativity is either cleansed energetically in conscious cooperation with Nature (i.e., the Angels and Elementals) or is forcibly removed through extreme weather such as hurricanes, thunderstorms, floods, etc.

When land is energetically cleaned, the vibration is raised and the negativity is dissolved or transmuted without any side effects. Elementals and Angels, particularly the Elementals, do the actual energy cleansing but this group CANNOT do this work in the same benign way **unless a human asks them to do it. Asking for this cleansing must be done by a human.** It is one of our vital roles in the co-creation and maintenance of Earth.

If a human doesn't ask for energy cleansing for a piece of land and this land is holding a lot of negativity, **the Elementals' only option for removing this negativity is extreme weather.** Because the Elementals are supposed to keep the planet in form, steadying and balancing it as we go, they WILL clear land that is very negative in order to help this balancing process. Without our help, big weather events are the operative mechanism for such clearings.

### NOTE from Rev. Cassandra Noel:

I've spoken with Molly about this and have been experimenting just a bit with clearing not only my own land, but other pieces of land not under my stewardship. I use either an address or get out a map when I do this. I haven't done it much so I can't speak to significant results. Just that I'm curious about what's possible.



I would like to have a group of us focusing on different areas around the globe for doing the clearing. **Interested? Please let me know.**

May I?, Can I?, Should I? are the operative questions as to how to proceed when a land or building isn't under your stewardship.

I welcome your feedback.

[walkinginbeauty@hotmail.com](mailto:walkinginbeauty@hotmail.com)

**\*\*Please put land clearing in subject line\*\***



*Rev. Cassandra Noel  
is ordained through UB.*

*She serves as a  
Minister Director.*

## ARTICLE SUBMISSION

To submit an article for our  
newsletter:

Email your poetry, article,  
recipe, blessing/prayers, shared  
thoughts, pictures and ideas to:

[robin.ubm@gmail.com](mailto:robin.ubm@gmail.com)

You can also send your  
articles to our  
office:

Universal Brotherhood  
Movement, Inc.  
P.O. Box 670278  
Coral, Springs, FL 33067



## UB Website Directory



Universal Brotherhood Movement, Inc,  
has a wonderful “tool” for all UB min-  
isters located right on our website:

[www.universalbrotherhood.org](http://www.universalbrotherhood.org)

In this Minister Directory you will find  
ministers who have requested a listing  
in this public directory, and you can re-  
quest inclusion on this list too.

If you would like to be added, please  
know:

- You must be an active member
- You must include a link to your web-  
site
- You must have a privacy form on file  
with UB
- We will not list phone numbers or  
email addresses in the directory

If you are interested, please complete  
our contact form with a request to be  
included in the directory, and include  
your website address.

Send your request to  
[robin.ubm@gmail.com](mailto:robin.ubm@gmail.com)



## Ministers Liability Insurance Info

In response to many phone calls regarding liability insurance, one of our UB ministers has mentioned *Healing Touch Professional Association* and *Energy Medicine Professional Association*. The associations have partnered to offer liability insurance for energy healing therapies and spiritual counseling.

Learn more here:

<http://www.htprofessionalassociation.com/liability-insurance>.

*This information does not constitute insurance or investment advice, or an offer to sell, or the solicitation of any offer to buy any insurance or investment, and is provided for information only.*

**Universal Brotherhood Movement, Inc.**

**Box 670278  
Coral Springs, FL 33067**

**Phone: 954-574-9904  
Phone: 954-974-1181**

**Email:**  
[robin.ubm@gmail.com](mailto:robin.ubm@gmail.com)

**Website:**  
[www.universalbrotherhood.org](http://www.universalbrotherhood.org)

### UB MINISTER BUSINESS CARD ADS

Please consider supporting your fellow UB ministers in their practices!

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Would you like your own business card ad in *UB GoodNews*? Email Executive Director Robin Morini for details:  
[robin.ubm@gmail.com](mailto:robin.ubm@gmail.com)



# Let's Stay In Touch!

Staying in touch with our worldwide membership means we work every day at updating the contact information for all UB ministers.

It's important that we have your current contact information, **especially your email address**. Much of our UB communication is sent via email, so a current email address ensures you can stay informed.

**Please print this page, complete it, and mail to:**

UB Executive Director Robin Morini  
Universal Brotherhood Movement, Inc.  
PO Box 670278  
Coral Springs, FL 33067

**Or—even better!—scan the completed form and email it to**

UB Executive Director Robin Morini via [robin.ubm@gmail.com](mailto:robin.ubm@gmail.com).

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

## *Phone Numbers:*

Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Email Address(es): \_\_\_\_\_  
\_\_\_\_\_

Website(s): \_\_\_\_\_  
\_\_\_\_\_

Anything else you would like to share? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_