



Newsletter ~ Spring 2010 Edition

COURAGE, CLARITY and THANKS...written by Rev. Dr. Jeni Prigmore

Talk about REVAMPING your Life...

When it comes to BRAVE- I can relate with that (I've had lots of courage through my life-in fact, it used to scare my dear, departed Mother all the time, that I really "wasn't afraid"- she thought I should be lots of times). Somehow when The Universe taps us on the shoulder and says, "OK, it's your turn to do this..." You just DO it!

Through my adult years (and in the years-nearly 45 of them- that Rick and I have been together) there have been any number of moves. No worries-we're young and healthy (at whatever age we happened to be at the time), we can do it! Try that when you were born in the 1920's and 1930's-it's a bit of a stretch from these vantage points. YET, age aside; ANY MOVE, be it household, job change, health challenge, partnership dissolution-it's "a BIG DEAL". Let's face it LIVING at this point in time IS "A BIG DEAL".

It ALL takes COURAGE!

Yeh, right...so how do I get some of that?

Months ago-when I was in the decision stages of opting for a brand new, titanium hip-I was doing a lot of searching within myself. In one of the inspirational email things I subscribe to came what's printed below:

"Ask, Jeni.
Ask for whatever you want.
Ask for help.
Ask for clarity.
Ask for insight.
We're always there.
You're always answered.
10,000 Strong to do your will.

OK?
The Universe
And then
Give thanks, Jeni."

I BELIEVE in Angels-they've so often pulled me through a tough spot-this wasn't "new" information/ suggestion. It just happened to hit me right when I really needed it. SO I put it into a form that I could hold on my computer's desk top. I titled it "Remember To Ask". Seems like just when I most need to remember it's there, that piece calls to me, yet again.

So TODAY, I'm asking, yet again: Please Angels, Harmony House is READY for its next owners. Please bring the people who will appreciate it and love it as we have for the past 21 years.

Thank you that these good people have the proper financing and are in the perfect place in their own lives to come and cherish this very special, spiritual oasis surrounded by a bit of forest north of Atlanta, Georgia.

We have said to the local Unity Church that if someone who hears about Harmony House through them purchases the property mentions it, 10 percent of the net profit (after expenses) will come as our tithe to them. We now say to YOU, that if someone who hears about it and mentions they heard about it from UB GoodNews, when they purchase Harmony House, 10 percent of the net profit from the sale will go as our tithe to Universal Brotherhood Movement, Inc.

Ok, Angels, I'm ASKING...
I KNOW you're listening.
I GIVE THANKS!

Peaceful Blessings, Y'all,
Jeni



Raphael's "Song of Creation"

Raphael Peter wrote:

A Song of Creation

I will sing you a world of creation
I create it anew everyday
Yet this feeling of so much elation
Is not conveyed in the words that I
say

Oh these times that we live in are
potent
Everyone of us can make the choice
To remember why all of us came
here

Sing it out and give truth its voice

Let us join hands together as lovers
And leap forward into the light
All the changes we called for are now
here

So there's no need to live in dark
night

We arise from a conscious decision
And ascend to that place within us
We create from the passions that call
to

The renewal of ultimate trust

I allow you to be what inspires you
You encourage me to take a chance
Round and round goes this spiraling
vision

Calling each of us home from the
dance.

OFFICE HOURS AND CONTACT INFORMATION

Universal Brotherhood Movement, Inc.

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Rev. Dr. Rick Prigmore~
rick@universalbrotherhood.org

Rev. Robin Morini~
robin@universalbrotherhood.org

OFFICE HOURS:

Monday-Thursday~11:00 a.m.—4:00
p.m. (Eastern Time)

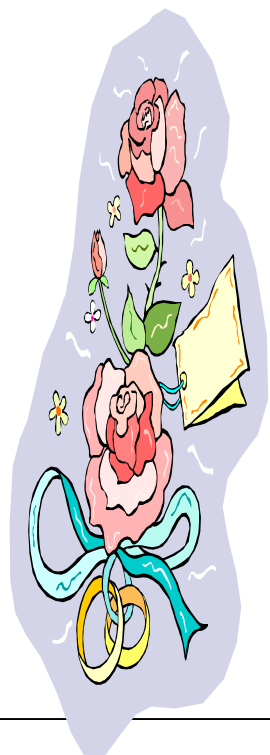
Friday~ 1:00—4:00 p.m.

www.universalbrotherhood.org

Universal Brotherhood University
www.universalbrotherhooduniversity.com

Ceremonies For Life

UBM, Inc. Ceremony Book. UBM Ministers have created ceremonies and services for our spiral bound ceremony book. This includes ceremonies for weddings, baby naming, house blessings, funerals and more. You may order a copy of *Ceremonies For Life* through our web store Or call the office.





Warm and Happy Spring Greetings to You
From Your UBM, Inc. International
Communications Center!

Spring moves us ever forward....

You may have already read our front page news, Rick and Jeni have moved from their beautiful Harmony House in Georgia. Our founders have relocated to their new, lovely home in northern Florida! Welcome to Florida Jeni and Rick! We send our love and gratitude for all those who helped in this move.

As you continue reading, you will notice Universal Brotherhood University has faced many changes as well. Rev. Dr. Mike Dearing has accepted the position of UBU President. Congratulations to you Mike!

We send our love and gratitude to Rev. Dr. Reginald Worrell, Jr. for his many years of progressive, dedicated service to UBU. Rev. Dr. Worrell, Jr. will now serve in the position of President Emeritus for UBU and he will continue as a UBU faculty Advisor. Thank you Reginald!

With all my heart I send my love and appreciation to all of you. It is always a joy and a pleasure to communicate with you. Our daily phone conversations, letters and emails bring smiles to my heart.

*With Love,
Robin*





Blessings

Contributed by:

Newly Ordained Minister Fran Asaro

Dear UB Family,

I wanted to share my recent experiences since becoming a new Universal Brotherhood minister. I've married many couples being a notary for several years. I just completed my first wedding as a minister a few weeks ago and I will tell you that it felt different and better. It seemed to have more spirit in the event even though I hadn't changed but my representation did.

As a new minister I have extended myself in several areas. One unique situation was that of a friend who sent out an announcement that she was to become a mommy to two puppies. I immediately felt inspired to offer a puppy blessing. She and her partner jumped at the idea and even invited a friend and her mature dog to come. And since I was going to be there I might as well bless the cat.

I made up blessing certificates and blessed personalized stones for each pet. I also brought a pet photo album for them to keep their memories. It was beautiful. They invited about 12 guests to witness the blessing and I read an individual blessing to each pet. They seemed to know they were being blessed and were on their very best behavior. It was such a great experience for me as well as all involved.

Being an unstopability coach, training people to go beyond their stuckness, I felt this was an extraordinary experience and a demonstration of being unstoppable as a minister. I look forward to seeking new ways to share my spirit and to make a difference for others. Thank you so much for all that you do to make this happen!

Enthusiastically,
Fran Asaro

Founder of Thrive Any way
Life by Design Consulting
Helping people go from 'Stuck to Unstoppable'
personally and professionally.

www.thriveanyway.com
fran@thriveanyway.com



Our Poetry Page...



SERVICE

Minister/Director Barbara Robinson

Stewardship of the one God is given to those who
honor self
knowing, as a spiritual being,
from whence they came
holding the light and love of eternal truth
all things are of the greatest power - the One.
willingness to serve is simply to be
the hands and feet of God
surrender to the presence of spirit with humility
remembering all knowledge comes from the
Source,
hallelujah, to be an awakened self and partner the
greater self
the everlasting God of all creation
from whom all blessings flow.
Serve and be joyful!

From Rev. Barbara's book
"Reflections of an English Woman Abroad"
Published in May 1999

Silence

By Rev. Alice Weinberg Greenspan, M.S.

As the rhinestones sun dips gently into the ocean,
Sea urchins cheerfully roll along to greet her,
Playful dolphins balance upon the tips of their noses,
Spinning their aquatic cirque du soleil.

I am the sun,
I meditate and slip beneath the surface,
Into the sea of spiritual silence, comfort and joy,
Into infinite peace and love.

Come with me.

Reverend Alice Greenspan is an educator, healer and
author. Alice lives in Sarasota, Florida.

The Journey Called Life!

Written by Rev. Patty Hinshaw

We never know how far we can go,
When we start on this journey called Life.
There are twists and turns and bends in the road
Along with much conflict and strife.
Sometimes it gets tough when the road seems so rough,
So we gather our strength and we continue to roam.
It's east at times when the road ahead is clear
And we increase our speed with ease.
But that bump In the road and the curve up ahead,
To our doubting minds do not please.
"A crossroad up ahead!" and we slam on our brakes.
What do we do now, pray tell?

The long road could lead us to Heaven my friends,
And the other could send us to Hell. (Except Unitics!)
So we rest on the shoulders of this road called Life,
And we ponder and search our hearts.
Then we muster up our courage and we forge ahead,
Before we get warts on our "are"
Whatever our choices along the path,
Are ours alone to choose
But you'll be there at the end of the trip,
When I've walked around in circles,
Creating holes in my shoes
Whatever our choices along this journey called Life,
Were all very personal to me.
And each day I've been pleased,
As I've gone on my way,
We've all been blessed and we'll know
Whether we travel alone or side by side,
It's the journey, not the destination ~ and folks that's so.

So this is the end, there ain't no more.
I've run out of words it seems,
So I guess life's like a locomotive for shore
Cause we both run out of steam.
Chug a lug, chug a lug, it's now time to say good night.
I'll go to sleep and in my dreams, I'll continue along the
road of my trip
On this awesome journey called Life.

Reverend Patty Hinshaw is a metaphysical teacher, an
artist, and published author. She lives in Bingham, NY.





The Herb Garden



Rev. Theresa Rogers, Certified Iridologist

Master Herbologist

Owner of The Herb Garden

HERBAL LEGEND provides simple remedies for healthy bodies by keeping the immune system in perfect condition for warding off disease.

With today 's onslaught to our systems of viral, bacterial, biotoxins, irradiation, damages to food, pesticides, electromagnetic overloads, damage from cell towers, phones, computers, microwaves, electronics...no matter how we prepare, we cannot escape exposure. Environmental poisons are everywhere: in processed grains, water, air, x-rays, powerlines, cosmetics, hair dye, toothpaste...weakening our immune systems.

To survive these times the answer is a healthy immune system. To start drink lots of pure water , exercise and have ample rest. A diet of whole organic food, fresh fruits and vegetables, lean proteins...avoiding sugar, which depresses the immune system, keeping white blood cells from fighting infections. Also avoid pasteurized or homogenized dairy products which encourages mucous buildup.

Hot baths and showers followed by a quick splash of cold water will kick in the immune system quickly. Keeping the bowels/colon cleansed, the liver healthy, the blood clean all aid with the body 's systems in removing what shouldn 't be there. A parasite cleanse regularly destroys viral/ bacterial infestations. Sucking on JUNIPER BERRIES when outside the home, keeping an antibiotic barrier around the nose/mouth and or dabbing ROSEMARY OIL to the moustache are mandatory to deter what we are coming in contact with.

ANTIVIRAL FOODS: grapefruit, blueberries, all berries, red and black currants, grapes, grapeseed extract, ginger, onion, garlic, maitake, shiitake and other mushrooms, fish, sea vegetables, romaine lettuce, spinach, kale, white and green lima beans, cauliflower, broccoli, celery carrots, peas, sweet potatoes, pau d ' arco tea, oatmeal, brown rice, watermelon, parsley.

Immunity is an expression of how and where we are living, a combination of relationships, health, emotional well-being, mental vision, vitality and spirituality. Try the simple gift of fragrance like LAVENDER or ROSEMARY to stimulate immunity while experiencing scenting pleasure.

Remember...Good Health is a choice.

For a complete copy of this article please contact Robin at the UBM, Inc office 954-574-9904.

Introducing...

Reverend Jillianna Raymond
Author of Life Is A Spiritual Soup



*“Thought is a powerful tool
And when any of us focus on positive
Change in our lives and the world
We can begin to create the type
Of world we have all been waiting for.”*

Never before has humanity faced more challenges and simultaneous opportunity as mankind is experiencing its fragility. Mankind is being brought together to experience its oneness through a sequence of profound change that is awakening all to rekindle a connection to divine spiritual source. Reverend Jillian Raymond is an author, speaker, spiritual teacher, and visionary. Her goal is to relay her spiritual wisdom to help individuals activate a spiritual awareness that holds the key to transformational living.

In her new book, *Life Is A Spiritual Soup*, offers an in depth exploration into the meaning of spirituality inviting individuals to explore their spiritual heritage and embrace their life potential. She explores toxic lifestyles and describes what step a collective humanity can take to reverse and change the impact of old energy patterns minimizing the chaos many experience in life. Rev. Jillianna informs us to be aware of what she calls our “saturation point,” alerting us of areas in our daily living requiring change. She informs us that not only are we responsible for what we attract in our life relationships, but through our projected thought we are creating the future events of our living.

Rev. Jillianna teaches that when mankind can realize it is not a singular characteristic of a physical embodiment, when it can become aware of its spiritual heritage, not only can individuals learn to network with spiritual energies designated to assist in life navigation, but humanity can erase invisible cultural and ethnic barriers that prevent us from seeing life as one body of souls under God’s tutelage.

UPCOMING PROJECT

Do you have a personal story on your journey to spiritual mastery? Turtle Hill Publishing is looking for stories of personal transformation, describing life obstacles that you or someone close to you has overcome. Your personal account may inspire others experiencing life challenges.

Turtle Hill Publishing will be reviewing submissions for inclusion in “Walk A Mile In My Shoes; A Course In Mastery.” All recipients will be contacted upon receipt and review of each submission.

Submit To:

Turtle Hill Publishing, LLC
P.O. Box 212
Catharpin, Virginia 20143

If you wish to be contacted, include your name, home and e-mail address with your enclosed submission. Your information will be kept strictly confidential and not transferred. Please indicate if you wish your identity included in the book with your submission.

Rev. Jillian Raymond resides in Virginia.





“For the One” World Youth Gathering and Healing Dance”

By Reverends John Pehrson & Jeanne White Eagle

Visions come from a higher source. Some would call this source God or Great Spirit. Throughout many different cultures people know them to be something that can bring meaning and magic into their lives.

A visionary is someone who is able to miraculously reach up and pluck down some piece of knowledge that is truly needed by the people and planet.

In 1996, Jeanne White Eagle Pehrson had a vision of a singing dance in which people of all nations, of all religions, of all colors, of all walks of life could come together to dance, connect with their Higher Power, experience healing, and sing for peace.

Jeanne and her husband John, UB Ministers since 1995, left their home & professions in the corporate world to follow the visionary call, to give the “For the One” Dance birth & expression. For many years they have been on the spiritual road. In fact, a book was recently written about John & Jeanne’s globetrotting spiritual adventures in taking this ceremonial “medicine” dance around the world, *Journey for the One* (available on Amazon.com). To-date, “For the One” Dances have been held in the USA, South Africa, Israel, Norway, Ireland, Scotland, Germany, Croatia, Bosnia, Egypt and Brazil. The dance is clearly bringing together the many different peoples of the world, and has given birth to a worldwide volunteer network of trained crew and supporters (see www.ftoworld.wordpress.com).

The “For the One” Dance combines fasting, sound and movement over periods of three days. The experienced crew that gathers to support the process holds the dancers in an energetic container of love and safety. The result is transformative and healing, often at profound levels that shifts and changes lives for the better.

In 2006, with the encouragement of a friend who works with severely abused children and teens, the first “For the One” Youth Dance was held. The youth who participated not only found out how strong they really are, but they made breakthroughs in their therapy.

A year later, the first of three “For the One” World Youth Dances was held in South Africa, where Jeanne and John were told by South African sangomas -- the indigenous, clairvoyant, naturopathic healers --that this dance was the “hope for the black youth.”

This June, a ten-day-long “For the One” World Youth Gathering will be held in the USA, in the Knoxville, Tennessee area. Invitations have gone out to teens, young adults and supporters from the USA, and other countries such as Bosnia, Croatia, South Africa, Israel, Palestine, Germany, Ireland, Norway, Wales, Scotland and England.

The purpose of this gathering is to bring young people, adults and supporters together from different countries, cultures and ethnic backgrounds to gain a deeper understanding of each other, experience common bonds that transcend differences, and gain new skills for healthier living. The “For the One” World Youth Dance that will take place on the final three days of the gathering, will add a level of experiential learning that is life-changing. ... Of course, we will send the participants back to their own countries with a better understanding of ours!

Help is needed to make this event happen in a good way. There are several ways that you can be a part of this extraordinary gathering of diverse cultures:

- Sponsor a dancer
- Give a donation
- Come to the dance and be on the crew

Come, be a part of this. *Think about it.* This is a powerful way in which you can make a difference.

If you are interested in getting involved in any of these ways, please send an e-mail to either John Pehrson or Jeanne White Eagle at Fortheonedance@aol.com .

FYI

**Don't
FORGET!**



UBM, Inc. Website Link

If you are interested in posting your website on our LINK PAGE,
please send an email to:

Robin@universalbrotherhood.org

In the SUBJECT line please type LINK PAGE

The body of your email should include only the
contact information you wish to share.



ARTICLE SUBMISSION

To submit an article for our newsletter:

Email your poetry, article, recipe, blessing/prayers,
shared thoughts and ideas to:

robin@universalbrotherhood.org

You can also send your articles to our address below.

Please keep your articles between 500-700 words.



PHOTO FOR ID CARD

If you decide to send a photo for your ID card,
please place your photo on a piece of paper with your name included.

This is very important as your photo is so small it may fall out of the envelope.



UBM, Inc. Office:

Universal Brotherhood Movement, Inc.

PO Box 670278

Coral Springs, FL 33067

Thank you for contacting the office when you have questions
or want to share your thoughts.

It is a joy to hear from you!

