UB Goodnews

Spring/Summer 2009

Editor: Rev. Robin Morini

Whether Report for UB Ministers all over the world.
Written by Jeni Prigmore, Our Co-Founder

Whether we are looking at the Financial Climate,
The Seasonal changes or Spirituality...
Things ARE LOOKING UP!

Examples of that are all around us. (And within us too.)

Have you noticed?

YES, you'll need to be open to interpretation on the Financial Climate - "Ya gotta BELIEVE" that things ARE on the rise. That "rise" is a different kind of financial cl been accustomed to seeing, true. Perhaps we could term it REASONING. The clincher is that we will be agreeing to spend what's ours to spend. Now THAT'S a stretch, eh? Back to another word that is close to my heart:

SIMPLICITY. Back to ... can you say BASICS?

Yes, I AM looking around me - and, believe it not, I'm encouraged by so much of what I see. People are *HELPING* PEOPLE, *ENCOURAGING* each other, genuinely *CARING*.

Families are acting more like families, it seems to me.

From a FROZEN (long time frozen) landscape, we've watched the magic: The emergence of another Spring. YES, the leaves and flowers survived. The air is warming and the songs of wild birds fill the symphony of the dawn.

Perhaps you also are seeing (hearing) people returning to a "quiet time" (meditation) as a "rock" on which to stand in this sea of uncertainty. For many YOU are the "rock" that people who are in need of encouragement touch for reassurance.

We are *BLESSED TO BE A BLESSING* - no matter what the news media has to say. BE THAT, Beloved Ones. KNOW that about yourself. SHARE YOUR LIGHT. YOU are the Light of the World, remember?

Namasté and Shalom and Asalam Velecum (bet somebody out there will care enough to correct my spelling - THANKS in advance. :-)

Wisdom Gleaned From Life Experience: by Rick Prigmore

I BELIEVE by Rick Prigmore

I believe in an ever present, omnipotent, omniscient "Potential" which is constant at all levels of expression, known and unknown.

I believe this Potential in its static state is LAW, in dynamic state is LOVE, in its divine state is SPIRIT.

I believe this Potential is known as LIFE, at all levels, in all facets.

I believe in MYSELF as a personalization of Potential, a multidimentionial, spiritual being, with the ability to draw on every attribute of Potential.

Therefore, insofar as
I can accept it and
my consciousness can embrace it,
I AM LIMITLESS POTENTIAL
It is my choice to unfold—or unfold.



Every person is endowed with the inalienable right to clothe his God in the essence of his unique imagination

Happiness is an inside job

You Be Goodnews: Shared Thoughts With Rev. Eve Kerwin

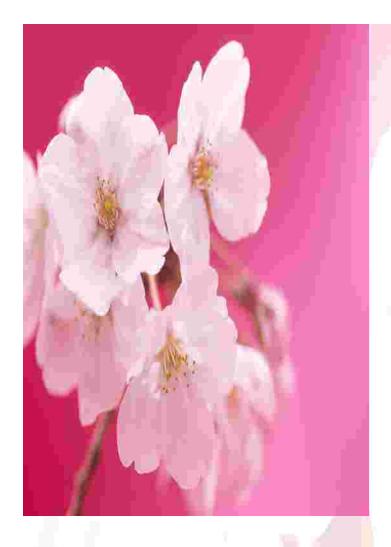
What a wonderful venue the U. B. newsletter Can be for allowing us ministers to get to know each other. I wish more members would introduce themselves in this way, describing a bit about their lives and their work in the world. As for me, my name is Eve Kerwin, and I have lived my whole life in Fairfield County, Connecticut. Although I had a number of paranormal experiences when I was younger, it wasn't until I had been married, widowed and was raising two children as a single mom that my abilities and gifts really came forward.

The major divine being who connected with me and whose shamanic healing work through my hands is the core of my practice is the White Buffalo Woman. I first became aware of her presence when I was drumming daily, nearly fifteen years ago. She literally took the drumstick in her grasp, using my fingers, and changed my life.

When I do a full session with a client now. I begin by bringing in the White Buffalo Woman, using an accelerated breathing to achieve the connection. Once she is overlighting me, she speaks rapidly in a universal core language that seems to be related to ancient Lakota Sioux. She then works over the client's body, removing energies, releasing entities, empowering certain glands or organs, bringing in soul pieces and generally rewiring the person's entire electrical field. Once the energy work is complete, she speaks in her language again briefly. Then, either she changes to English or another being comes forth to give a message. This speaker can be an ascended master, teacher, archangel or guide, or it can be an aspect of the client's being – his or her higher self or inner child, for example. The client can then ask many questions, either about the energy work, the message given or other issues in his or her life.

Other ways that I work include channeled phone sessions, house or property clearings (which is something often chosen and found effective by realtors, or by people selling or buying a home or business). I've also worked with many groups in different parts of the country, sometimes being asked to give information from a photograph, an item of jewelry or a family heirloom or to bring through messages from loved ones who have passed on.

If anyone is interested in knowing more about my life and what I do, you can order *The Awakening: The Life and Work of Eve Kerwin, White Buffalo Woman* from www.buybooksontheweb.com or Amazon. I do not have a web site or email, but you may phone me at 203-322-3689 for further information or to arrange a session or even a visit by me to your area. I repeat that I would like to read descriptions of other minister's activities, as I think this is a wonderful opportunity for sharing what we do.



A Bright and Happy Hello From Our International Communications Center

Greetings Beloved UBer's,

Lovely springtime is upon us, a time for renewal, celebration and joy filled gratitude. With this energy close to my heart I want to share my appreciation for each one of you. Everyday is a blessing to be speaking over the phone with you, reading your lovely notes and listening to your shared thoughts. My heart is filled with gratitude! Thank you for sharing with me your stories and experiences, for caring for each other, for your loving support to UBM, Inc. and thank you for your precious service to our beloved planet! It is this love we share that seeds each new day with hope, joy and vibrant new life.

Everyday I hear stories of great care and compassion and stories of great courage. Gratitude fills me as I learn of all the prayer lists and Reiki circles for those who need gentle healing, the hours spent caring for those in hospitals, hospice, prisons, and shelters. I am thankful to learn of the education that is being shared as we all learn to better care for our planet and all life here. I am thankful for the love energy we all hold. With all my heart I thank you!

To continue our work in this wonderful way, it is important that we stay closely connected. It is extremely important to stay aware of any changes that may be going on in the office or within your state regarding any legal issues or laws that may have changed.

Always remember to contact the office before you officiate at a wedding. Together we can go over a check list for any information you may be unfamiliar with.

A few questions you may have are:

Do I need to register with the Clerk of Courts?

What paperwork is required to register with the Clerk of Courts?

If I am planning to officiate at a wedding out my state or county do I need to register as an out-of-state minister?

Am I currently active with UBM, Inc.?

Please call the office, I will be so very happy to answer any questions or to guide you in a direction that you may require. As we communicate together the capacity you choose to serve will flow with greater ease and joy!

With Great Joy and Love, Robin

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YOUR MINISTRY DOES MAKE A DIFFERENCE

Hello Friends,

My mentor always said that he was happiest when he saw other person get an "ah-hah" from the Truth. In my years of facilitating a group study of *A Course in Miracles* I can agree. It's also a great feeling to see a minister whom you ordained blos into his/her own ministry. Just recently, a lady who was ordained by me told me she was looking forward to performing a wedding. She was beaming at the opportunity. It brought home to me the wonderful services we can offer to our brothers and sisters.

Sometimes our service is only a smile or an encouraging word. We think that is no big deal, but it can be a beautiful service of love. An encouraging word to a tired waitress or bank teller can make all the difference, and lift someone's spirits out of discouragement or even despair. I remember a checker at the grocery store who always looked his customers in the eye and said, "God bless you" after checking them out.

Every day presents opportunities to make a difference. A Course in Miracles reminds its readers that every encounter is a holy encounter. It's a different way to look at the ordinary. It is my hope for you that you enjoy all phases of your ministry, and never think you don't make a difference.

Rev. Barbara Lancaster-Lyman President, Board of Directors

Universal Brotherhood University

'Dedicated to Higher Learning"

UBU

If you are interested in taking a fascinating journey into the deepest depths and the brightest light of your own personal journey, UBU s Masters of Divinity and Doctorate of Divinity programs are what you have been seeking!

Take the first step of your journey...you will find information on the UBU website: www.universalbrotherhooduniversity.com

Wanderlust

I dream to be a wanderer, See all the sights I've missed, Enjoying too the great outdoors, By wind and sun be kissed; To hike majestic mountains, To sail upon the sea, Taste the thrill of foreign lands Where I've often longed to be; Feel the cool of forests tall, The warmth of desert sand. Make new friends and visit old, All across the land; My life itself adventure. To learn from all I see, I sense a whole world waiting The wanderlust in me

C Rev. Greg Goodson

PART ONE

Passage into Darkness

This passage into darkness cycles once again, And here I go....

And how I go determines the jolt of the spin.

In times of loss and challenge, when I've run fearful into me,

the view I have seems limited

as I blame and judge myself unworthy.

A pattern, a habit, a sense of despair attracts more of the same and unless I can choose to see beyond, I'm held securely in the victim game.

Yet, when I find myself in the dark, if I open up just a bit

to relax and release the grip of grief

I begin to take in Divine Guidance and connect with Source in me.

For darkness has its blessings just waiting to be revealed

and as I dive into secret chambers,

I sense compassion.

I am being healed.

Throughout my life I have faced Darkest Hours and sensed hopelessness

yet still

as I decide to reach for a spark of relief,

fan the flames of Love and Creator's will,

Mercy and Grace flood into this place.

I can trust that the light will return.

For in these times of darkness the awareness's that I learn

serve to help me shed my false beliefs

and as I understand the Law that offers insights clear

I bless it all

Release it all

I'm grateful to be here

Times of "darkness" can be uncomfortable and sad when loss in some form is upon us.

A day before my partner of 8 years was sent home to die I bought a tape recorder and I recorded myself telling myself to "remember that good things *are* happening."

I would play that recording back to myself as I was im in witnessing his suffering and self-torture.

I was blessed to have a circle of friends who were so loving to surround me in a time when my reality felt like a nightmare of pain and lies and rage.

I meditated and decided to purposely shift my focus to better feeling thoughts no matter what was happening around me. When I could not do that, I looked around for something to appreciate. I decided to be easier with myself and to trust that a greater plan, orchestrated by

Higher Power, was unfolding in my life.

Forces of destruction and death, challenge me to the very core of my being. At the core is Divine Love, a breath of fresh air, a fuller acceptance of me.

In the darkest hours, I am compelled to connect with the Light of Source. When I allow that connection I have discovered treasures that are stored within me.

Perhaps the darkness serves to drive me more honestly into greater understanding and trust of this; *All* things come together for the good of humanity.

Even in suffering and pain, Love is loving through me.

Though I may be tossed into darkness and feel like I can't get a grip, there *is* something in all the confusion that will guide me to trust even more. "Dark nights of the soul" can be an opportunity for me to go deeper, beneath lies and labels to find stillness and soothing relief.

For in times of darkest hours an honest observance of me has helped me to shed old beliefs full of dread so that, in time, I come to see that in cycles of daylight and dar ss I live in a place of beauty.

Aho!

Jann Rossbach ~ Dancing Light

(continued on page 11)

Divine Family Prayer Beads By Rev. Cheryl O'Donnell



Prayer Beads are found in many cultures. They look like jewelry and can be worn for adornment but if you see fit to use them for prayer you may find a wonderful form of meditation and deep relaxation.

Prayer beads are a version of chanting where divine words are repeated over and over. A rhythm is created. This is my easiest way to empty the mind. If you are one who has a hard time stopping the random thoughts during meditation this may be a good way to start lowering the volume.

Typically each bead represents a prayer or mantra. The beads themselves keep count for you so you can sink right into the words and let your mind go. I believe you can use prayer beads with any prayers or mantras.

When I say them at night I often fall asleep. On particularly stressful nights I consider this a blessing. If I find myself awake and just repeating some stressful thought over an over again not allowing myself to sleep I pick up the beads. I either pray for myself or someone else I know and just start up with the prayers. I wake up with them under my pillow and know they gave me a good nights sleep again.

As a kid I started saying rosaries for relatives who died. I guess I was worried about them and was hoping God was by their side in their new adventure. This was the impetus to get me saying the rosary.

After a recent trip to Ireland I wanted to start saying the rosary again. I rewrote the prayers to accommodate my new belief system. I am hoping Christians aren't offended by my new interpretation of the Our Father and Hail Mary. I love the theme of these prayers but needed to adjust some language that I simply couldn't say anymore.

I used my old Rosary for a while but I removed the cross and replaced it with a Goddess. Soon enough I wanted the beads arranged to reflect my new understanding of the Divine Feminine. I used the beads quite a bit and eventually got the message that this is a devotion to the Divine Family.

Similar to the Catholic Rosary in design, the Divine Family Prayer Beads have five groups of 13 beads on the main circle each separated by a single bead. I kept the 5 because of it's connection to

Venus' Star. I chose 13 beads in each grouping to represent the 13 moons in a year. The 4 beads in between the groups of 13 represent the stability and foundation of the Divine Masculine. The prayer beads have an intersection bead where the main circle is attached and also a third branch that goes down to a pendant. On this third branch is 3 beads, each representing Mother, Father, and Child. The total number of beads is 72 plus an intersection bead and the pendant. Both the intersection and the pendant have a role in the way I use my beads.

Included with the Divine Family Prayer Beads comes directions and prayer suggestions on how to use the beads. This is how I use them most. Please note I am not attached to this method. Many of my friends have found different ways that are just as soothing and meditative. Other suggestions are mentioned below.

For the set I have created, begin at the pendant bead and set your intention for this prayer time. Then say a prayer for each bead heading towards the intersection bead. Then pray up and around the circle of beads, back to the intersection bead, and down to the pendant. When returning to the pendant imagine your prayer has already been granted.

At the beginning choose your prayers or chant mantra for each bead. Use the prayers that feel right for the moment. Enjoy!!!!!!!

I am selling the prayer beads and have 2 styles to accommodate different budgets.

The first style I created is made with glass or wood beads and sometimes seashells for the intersection (\$25). They are woven on hemp (like the bracelets kids make). The second style is made with crystal beads. These are more expensive and are priced by the market value of the different stones. For example amber beads are more expensive than rose quartz beads. The gem quality of the pendant also affects the price.

Most sets fit over your head and can be worn as long necklaces.

If you are interested in purchasing a set please email me.

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Divine Family Prayer Beads cont'd...
I can provide picture's of what I have available but am

I can provide picture's of what I have available but an willing to accommodate special orders for crystal beads.

Other suggestions for using any prayer beads:

1- Gratitude Praying: For each bead state "I am grateful for ."

You can repeat things if you are running out of ideas.

2- For each bead sing or say a name of God, an angel, a spirit guide, an ancestor, etc.

Chant the name 3 times for each bead or create a spontaneous song for each name.

3- Sing or say a chant for each bead. There are many CD's available to learn different chants.

For example say "Om Mani Padhmi Om" once for each bead.

4- Say a positive affirmation for each bead.

Get creative, allow ideas to come to you and experiment.

Rev. Cheryl O'Donnell can be reached through her email: codonnell! @charter.net

IMPORTANT

CONTACT INFORMATION

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Friday~ 12:00-4:00

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IN THE WALK OF THE

Rev. Gill Schwartz Camp Lake, WI

A step is taken that aims for nothing
Until the place is shown;
The foot them firmly placed
Where there was no place before.
Another step in faith.
Another revelation.
As the rearward foot releases its hold
In reaching urgency,
Its weight-supporting spot weakens,
dissolves.
All that is left is a trail
Of has-been-ness.

In the Eternal Plain lie
These hazy tracings,
Sometimes wandering, confused,
often alone,
Yet striving, yearning towards
the Light.
Who is to follow a trail wrought of
faith
And destiny,
Save one who can truly believe?
Who is to step from a
Place graced solid
To where there is no place at all,
Save on who has no other way to go?

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Please note:

Universal Brotherhood University has a new website! Check them out at::

www.universalbrotherhooduniversity.com

Birthing a Wisdom Grace Pastors' Council (WGPC)

By Rev. Alaya Chadwick & co-written with Anne Suddy (soon to be ordained via UBM)

Rev. Alaya Chadwick, founder of the The (W)hole Point Institute, and her associate Anne Suddy (soon to be ordained), are in the process of creating a Council or gathering of pastors, ordained via UBM who are also trained in The (W)hole Point Wisdom Model of empowerment and transformation. Many of you may know that Jeni has thoughtfully created the TLC program as a way to offer support to the Minister Directors. Reflecting upon this and inspired by Rev. Jules, as well as our mutual love and appreciation for all that ordination empowers us to do, the idea of The Wisdom Grace Pastor's Council was born. At this time, we are imagining that the WGPC will serve a number of functions while remaining a rather fluid and dynamic entity.

First, it will be a place for "Tender Loving Care (TLC)" to be offered to each other. Pastors, ministering in all walks of life, can so easily forget "Self-Ministry". So first and foremost, the WGPC will tend to one other. From an internal spiritually abundant space-place, much can then be offered to both The (W)hole Point Institute (WPI) apprentices as well as to the world at large.

Second, we are currently imagining the WGPC to be an **entry-way** for folks who are seeking pastoral support & council in time of need or in times of celebration. The members of WGPC will be available through the "acting coordinators". Those requesting support will be put in touch with the pastor matching their needs and availability.

Third, a small **Blessing Fund** will be established using the "WGPC joining fee". This Blessing Fund will be shared at the discretion of the WGPC to subsidize apprentices to WPI, individuals seeking to participate in spiritual studies as well as those who come into the awareness of the WGPC and are in life-situation need.

Fourth, as each gathering of the WGPC occurs, it will be an opportunity for shared rituals of celebration & worship, an exchange of ideas and new revelations as well as a time of community and fellowship.

The link between the (W)hole Point Institute & the WGPC is this: The (W)hole Point Institute supports Universal Oneness by teaching a map, method & means which inspires personal (W) holeness. As we continue to activate this mission, we are discovering that the WPI mission is attracting folks who go on to reveal & respond to the call of their own personal ministries. These ministries are then being empowered through the UBM ordination process & organization. What a joy it is to have the two separately conceived missions co the expression of a Pastors Council, or "council of elders" who meet on behalf of SELF, OTHER and the WORLD.

As the world community becomes more and more intimate, individual callings to ministry & organizational missions must become increasingly unified & overlapping, as we learn our Wholeness depends upon us all. Thus our UBM global ministerial efforts are truly supported by revealing our own personal (W)holeness. The convergence of the mission of the (W)hole Point Institute and the mission of Universal Brotherhood Movement is an exciting collision that is birthing the Wisdom Grace Pastors' Council. Celebrate with us.

Rev. Alaya Chadwick & (soon to be Rev.) Anne Suddy Contact information: The (W)hole Point Institute ,LLC www.wholepoint.us 603-895-4530



NEW RELEASES!!!! NEW RELEASES!!!!! NEW RELEASES!!!!!!

Author Rev. Elizabeth "Alaya" Chadwick has recently published her book "Wake Up to Your (W)hole Life." In her book, Rev. Chadwick takes us step by step along the journey to becoming truly awake in our lives through a model of personal and spiritual development that she has been actively applying in her private consultation practice. She revealed the "skeleton" beneath almost every healing modality there is, and it is for this reason the book was written. "I kept being told 'to love myself,' but I could not find a way that was truly sustainable and practi-

cal ... until I began to see what was hiding underneath. What I discovered has become The Wisdom WayTM. I knew this material must be shared, so I took pen to paper." Rev. Chadwick takes us through The Wisdom WayTM with e anations, stories, and practical exercises that allow us to follow along through our own experiences.

In today's world filled with economic stress, emotiona moil, spiritual challenges, and a sense of chaos, we, as ministers, are being called upon to provide comfort, guidance, and a sense of calm for others. The question becomes, "How do we maintain this for ourselves while we are offering it for others?" The Wisdom WAYTM offers us the invitation to become curious about our own challenges and issues. When we allow our judgments to fall away, we can see ourselves clearly. We can begin to approach our issues with a sense of c sion and love, and we can begin to understand ourselves ... we make sense to ourselves.

Our "issues" and challenges are really our gifts to the world hidden in a disguise. When we allow our clarity to shine upon these disguises by using our curiosity without judgment, we release our gifts and allow them to shine outward into the world around us. In a sense, The Wisdom WAYTM is our "how-to" guide for BEING the light of the world. And the truly unique gift of The Wisdom WAYTM is that it is something we can do by ourselves, for ourselves. It's practical, doable, and easily sustainable. This WAY recognizes that we are our own experts. No one else can tell us all about us! The art, skill, and process of Intentional Spiraling is the basis of the Wisdom WAYTM, which uses the concept of "holes" as an analogy. We fall into a hole when we fall into one of our issues. With Intentional Spiraling, we learn how to move into a "hole" on purpose instead of scrambling to find a way to climb out. The tools of Intentional Spiraling enable us to sort through all that we find in a life hole so that we can see what parts of us we have pushed away as "not allowed." Martha Harrell, MSN, PhD said, "The brilliancy of this path is that once you learn to use the map, the way home is lovingly put into your own hands."

The Wisdom WAYTM is based on the intersection of psychology and spirituality – another unique aspect. We often spend lots of time looking at our psychology or looking at our spirituality. What has been missing until now is a way for us to look at both of these aspects of ourselves because we *are* both – human beings and spiritual beings. Our light truly shines through when we embrace the whole of us! Who do you say you are?

In The Wisdom WAYTM, Rev. Chadwick brings to us her knowledge earned from a master's degree in Divinity from Yale University and a master's degree in social work from the University of Connecticut. Her book is filled with practical advice that she has gathered together as a practicing licensed psychotherapist for over 28 years. Through her background and experience and her own life experiences, she shares what she has discovered through her workshops and now through her book. Her 2-day intensive workshops are now nationally CEU-certified through NASW, and she is available for telephone consultation for those who wish to deepen in the art of Intentional Spiraling. Her book is available through www.who.lepoint.us. All UBM members who order a book will receive free shipping.

Ceremonies For Life

Weddings, Funerals, General Ceremonies, Commitment Ceremonies, House Blessings, Smudging and more are included in our UBM, Inc. ceremony book. Please call the office (954)504-9904 or order from our website store: www.universalbrotherhood.org

We anxiously await the re-release of widely respected author Rev. Paula T. Webb s second edition of LIFE WITH GRACE A Collection of Purposeful Inspiration. This is a heartwarming collection of inspirational stories shared by those whose service is greatly needed and appreciated. Some who have shared in this wonderful collection include: Ashling written by Rev. Paula T. Webb, song lyrics by Armand, Roadside Angel by Mark Douglas, She-She Moon shared by Agnes Sallet von Tallenberg, Messages of the Heart by Grandfather Yellow Horse Man and original artwork by Rev. Robin Morini.

BRIAN S ROOM

"It was as if he saw something and forgot to breathe"

In the process of dying, this house is filled with life, filled with avoidance, fear, anger, joy, gentle peace. Many realities are going on at the same time, and it is at first difficult to know which level to plug into. I pass through the various levels as I enter, a silent eye contact and a hug without even the question "Is he alive still?", because at this level that is irrelevant – it is sufficient just to be here.

Going upstairs, the question – is it okay to enter the room, is there another agenda going on, other people with him whose process I might interrupt?? . . . also irrelevant: whose permission would I need but God's? In there, it is a soft Eden, music moving through the silence without interrupting it and without interrupting the motionlessness. More than waiting, the serenity of the two women as well as of Brian is just stillness: what is there to wait for???

I like it here - no agenda, no trips, nothing to be or to do, no one to dance to except that resonating space within myself. Moving out into another room, it is like stepping into a modern painting of a Norman Rockwell scene: one group talking AIDS politics heatedly, one group discussing bellyaches they have had and remedies that worked - or didn't -, two staring off into their own inner space, two talking softly, doorbells ringing, people wandering and out. On occasion someone absently flips on the television, but no one bothers to watch. One room left on this floor (besides the bathroom, of course) which is Ted's room: "We almost lost him last night, but he came back, and he had pancakes for breakfast this morning." Even there,



in the quietness of his uneven breathing sleep, I am restless.

Downstairs, the dining room is empty. Bob holds the living room – "They wander down to talk awhile and go back up..." – so we do also, about random subjects, and they do as they come, one at a time. That leaves the kitchen – aha, the refrigerator: leftover cheese sauce and old black bread. If I just heat the sauce a little bit ... Jan comes in: "Brian just died," as she picks up the phone to begin the practicalities.

For a moment, all the realities pause together to give last respects, and then the movement begins again: me towards the stairs, Brother Michael tumbling down into the sanctuary of the kitchen, Jan on the phone, Bob in attendance, Homer just walking, his words on hold for the moment. All our words are on hold except for Jan's outreach into the outer world by the telephone. There is no difference in Brian's room – he must have been very very close earlier – except the soft tears of Gail. Then just Jurg and me.

"It was as if he saw something and forgot to breathe"

This is the first of two stories offered by Rev. Panna Flower from her Hospice service. We will include her second story in our Fall Edition of UB GoodNews. In her words she continues: "These stories are from my work at a residential Hospice for Brothers With AIDS. Brother Michael, who began this hospice, is a monk in Mother Theresa's service..she gave him her blessing to follow a vision and come to Philly to open this hospice. The "Burning Bush" was located (it has moved to VA) in a rough section of west Philly - we had a crack house next door and one across the street, which sounds like a bummer. Actually it was a perk, because whenever one of the volunteer cars parked in the street was about to be vandalized, they would pour our and chase away the "thug" - they were our guardian angels!! None of us was ever fearful of being outside, even in the middle of the night. It has been a deep blessing for me to be able to work there. All workers were volunteers, all foods were donated, all supplies, and many doctors. A miracle in action. Whenever one of the brothers crossed over, I would wander lost for a few hours, then race to my typewriter and out would come a story. "

My Brightest Hour

By: Rev. Jann Rossbach

"Recall lessons learned from your "Brightest Hour" and your "Darkest Hour" and write about them in order to share useful insights and practices with others." The challenge was exciting and I love to write! I decided, "I'm going to do this!" and so I began writ-

The first article I chose to write about, without hesitancy, was from my "darkest hour". Now, to write about my brightest hour!

For some reason I feel discomfort.

I've certainly experienced bright hours throughout my life!

"Hmmm, I'm trying to think of a good one." I decided to list several bright moments in my life and then choose one to begin this "brightest hour" article. On a blank page entitled My Brightest Moment I looked at the word "Brightest" and I created an acro-

Beautiful /Realizations/ Ignite /Gracious/ Honest / Thoughts /Establishing /Sacred /Thinking

"Stop right there!" I hear myself say. "You've just accessed an interesting insight into where your focus most easily tracks!"

Yes, I have!

I acknowledge, right now, that this discomfort that I am feeling is a result of how I have focused more on learning through pain than on learning through joy. Is that why I find it easier to write about lessons learned through struggle in my life?

I consider that this is a habit of thought for me, one that I'm not always aware of. I have believed that I deserve some level of punishment. This habit of thought is creating my experiences in life. Because of this, I act out in unconscious ways.

My personal desire is to become more aware and conscious of my patterns of thought that create resistance within me and that keep me from being in alignment with joy as I live my passion.

Today, I have experienced such awareness! I have experienced a deeper understanding about my "resistances" to abundant living. This is an opportunity for me to establish sacred thinking.

I would say that this is my brightest moment! I know that how I feel in the moment IS the vibration that I extend to be matched by the Universal Law of Attraction. Now that I'm aware of this habit of thought and have insight into my resistances I can change my point of attraction!

Realization is a beautiful gift!

I feel empowered to shift my patterns of thought. The good news is that as I choose to experience brightness and joy now and then let it in, I am assured that more brightness and joy is the coming attraction!

As I am in a state of appreciation and eagerness to live my life's passion I am in alignment with Divine Creator who desires to guide me into my highest good.

This moment, Right here, right now is a very Bright moment, indeed!

Thank you for this opportunity! Rev. Jann Rossbach ~ Dancing Light

Unlimited W<mark>ritten by Jeni</mark> Prigmore

Love is a VAST sea Unlimited Unless we,

In our reticence or inexperience

Limit it.

aves, one after another Undulating,

ull of power and beauty

Present themselves To our awareness.

Each wave

An individual

Unless, in our fear,

We must see all of it

In a big piece...

And

Even

That

Is

Glorious -

It

IS

the Oneness.

The God Force, In action.

Yet.

Let us remember That each expression of love Is a new wave, Unique, eloquent, a gift.

IMPORTANT!!!!: WEDDING OFFICIANTS!

YOU MUST CHECK THE GUIDELINES in each

state BEFORE you agree to officiate a wedding ceremony.

Contact the Local Bureau/Clerk of Courts that handles marriage licenses as to whether you are required to register or

present a minister's verification letter from the office.

Contact the office with any questions or for more information: Rev. Robin Morini, PO Box 670278, Coral Springs, FL 33 7 (954)574-9904, robin@universalbrotherhood.org

Intuition

- 1. The power or faculty of attaining to direct knowledge or cognition without evident rational thought and inference.
- 2. Quick and ready insight.
- 3. Inner guidance, gut feeling or hunch.

Why commit your time and energy to the process of developing your intuition? Because it's one of the most valuable things you will ever do for yourself and it takes little time and the rewards are tremendous. Intuition is an important sense that can help our success and fulfillment in life. It's a natural part of us, our birthright. But many have lost touch with this since childhood because our cultural values emphasize development of the rational. Fortunately, with a few simple exercises and some practice, it is not difficult to reclaim. Intuition shows us the best path to where we need to go.

Intuition connects us to the soul level of our existence. Developing your intuitive ability begins, with paying attention to what's going on inside of you.

At some point in our lives we have questions about why we are here. As you develop your intuition, you will begin to experience subtle changes in your life. These changes may lead you to examine your life with new eyes. Every one of us comes into this life with lessons to learn and gifts to give. The more we learn and grow, the more we become capable of developing and sharing these natural gifts. As we develop our intuition, we find ourselves guided toward discovering and fulfilling our higher purpose in life. That higher purpose is the sharing of our gifts in assisting people.

I look at intuition as my partner trying to help me - guide me along the way to protection and success. The only problem with this "partner" is that is doesn't speak the same language as you. It doesn't always spell things out for you. So you need to understand it's language. Intuition comes in many forms like a gut feeling, an overwhelming feeling you should do something; or signals as in seeing an article regarding your question, or a sign on a billboard or license tag. So be mindful and aware.

For more information regarding spiritual/intuitive counseling, hypnosis, meditation or intuitive readings please contact Rev. Jana Krause at: 561-452-8570 and the websites are: http://www.altpathlifecoaching.com

http://www.spiritualawakeningsbyjana.com