

YOU ARE THE LIGHT OF THE WORLD

When somebody asks, "How are you"...

What goes through YOUR head?

Most of you know that My Beloved Rick has a standard answer ALWAYS: "Better and Better". In fact there are a few in our circle of Friends and Acquaintances who actually refer to him as "Mr. Better n' Better". What a way to be known!:-)

In all honesty, if you were to have asked me early today, "How are you?" I might have replied "would you like to rephrase your question?", or maybe, "you don't want to know right now".

Within the counseling practice and circle of friends and family, it seemed like EVERYONE had BIG STUFF to deal with today, and (having agreed to be a comforter to the hurting ones and a confidant to those who need a place to "spill the beans") this chosen role was up for a "Stretch" today.

I've found my heart silently calling out, "God, give me strength" as I listen to their challenges, "and the words that they need to hear from me when it's appropriate for me to speak".

All over the world, people are finding themselves in a state of "unrest", a place of wondering what in the world comes NEXT?! We, as ministers, are also subject to these questions and challenges... So, what do WE do, when these feelings come?

Last night as I went (for the second time) to my bedroom to seek some restful sleep, My Beloved said, "take a book and read yourself to sleep". At that moment I was carrying some prayer beads in my pocket, and as I pulled them out and looked at them, I heard some voice inside suggesting that my response might be to "pray myself to sleep". There was some magic in that for me. After our goodnight kiss, I went to my bed and did just that. I prayed myself to sleep. There wasn't any more that I could DO to reach out to those lives I had touched during the day, but my intentions could go far beyond words I might have spoken to each one.

When I teach (I'm a Reiki Master Teacher) one of the first things my students hear from me is that "Your intention is more powerful than I can ever tell you." Get that, at the deepest levels of your being, and your life will be one of remarkable success. No matter what you're dealing with at this moment, be aware of your INTENTION and stand by that.

YOU ARE The Light of The World. BE THAT!

THE VISION STATEMENT OF UNIVERSAL BROTHERHOOD MOVEMENT

Over the eons, restless visionaries have searched the known parameters of understanding, seeking a clearer delineation of Truth, for themselves primarily, But a Truth often adopted by non-solicited followers. Divinely guided in their search, the founders became vessels through which Spirit unfolded a new paradigm of service to be designated Universal (for everyone) Brotherhood (the international term for siblings) Movement (active service, not theory only) Incorporated (not for profit legal entity). The vision revealed is expressed through the brotherhood of mankind as "non-judgment " and "unconditional love." May the vision ever remain pure.

THE MISSION STATEMENT OF UNIVERSAL BROTHERHOOD MOVEMENT, INC.

It shall be the mission of Universal Brotherhood Movement, Inc. to recognize independent ministries upon request through a process, including a face-to-face interview and sacred ordination ceremony. Each applicant shall be considered non-judgmentally with unconditional love and be asked to affirm his or her recognition of the oneness of all life. Verbal affirmation of their personal ministry is requested of each applicant who states: "I hereby dedicate my life to the Brotherhood of mankind," It shall also be the mission of Universal Brotherhood Movement, Inc., to recognize the life ministry of the applicant by awarding the degree of Bachelor of Divinity.

It shall further be the mission of Universal Brotherhood Movement, Inc., to provide an educational resource for further spiritual development of the minister upon request. The vehicle to provide such support shall be a division called Universal Brotherhood University.

THE GRATEFUL RECEIVER

Rev. Dr. Jeni Prigmore
All of life is a work of art
Heaven-sent beauty.
We are responsible for the 'frame'
In which it will be displayed on
earth.

My soul is the gift.

The Great Creator is the giver.

Today I will see to its viability ~

I, the Grateful Receiver.

Office Hours and Contacts

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954.574.9904/Voice

Dr. Rick Prigmore ~ rick@universalbrotherhood.org Rev. Robin Morini ~ robin@universalbrotherhood.org

Office Hours:

Monday—Thursday \sim 11:00 a.m.—4:00 p.m. (Eastern Time) Friday \sim 1:00 p.m.—4:00 p.m. (Eastern Time)

Universal Brotherhood University Contacts:

Rev. Dr. Reginald Worrell, Jr. www.elife@bellsouth.net

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Rev. Dr. Fran Stewart www.myownship@bellsouth.net



In Memory of Rev. Dr. Donna Hooper Celestial graduation October, 2008

February 12, 1984, our beloved friend, Donna, was ordained a UB minister in the Unity Church of Hollywood, Florida, where she was pastor. Jeni and I had known her and interacted with her in the metaphysical community for several years prior. And, although she had been a Unity minister for many years, she chose UBM as her 'home church identity' for the last quarter century of her active service ministry. Many of you who read this knew Dr. Donna in Florida or Texas, but more of you 'experienced' Donna at the several UB International Conferences she attended. Donna was a person with Presence. You knew when she was around! We will all miss her Presence and her wisdom. Knowing Donna, her 'rest in peace' will more likely be 'restless in peace' as she get's on with her ministry in other realms. Bon voyage, Donna.

Dr. Rick Prigmore

ADVICE FROM A TREE

Author Unknown

Dear Friend
Stand Tall and Proud
Sink your roots deeply into the Earth
Reflect the light of your true nature
Think long term
Go out on a limb
Remember your place among all living
Beings

Embrace with JOY the changing seasons
For each yields its own abundance
The Energy and Birth of Spring
The Growth and Contentment of Summer
The Wisdom to let go like the leaves in the Fall
The rest and Quiet renewal of Winter



~ MEDITATION ~

"Blessed Be Me" Meditation

 $By \sim Rev. May Hutchinson$

That I may be a servant to you on this earth

That I may bring joy to those around me and give you the glory

That I may bring understanding, love, and allowance

That when I see pain, I comfort

That when I see struggle, I help

That when I see confusion, I clarify

That in order to do all these things

I have to remember

That it all starts with me

If I do things that bring me joy, I will spread joy

If I judge not myself, I'll not judge others

If I do things that build confidence

I will know confidence and give confidence

The Universe and my creative space, all start with me

God, Guardians, and Terrestrial Guides are here to accompany me ~ not to do it for me

I allow me to explore, expand, and excel

I allow them to open doors for me, and guide me to that which I have asked of them.

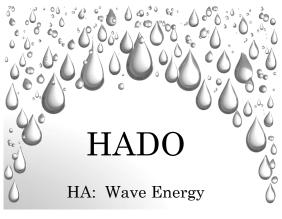
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PRESS RELEASE

2007 Citizenship Award ~ Rev. Andrea Kay Smith

On December 17, 2007 the 2007 Citizenship Award was present to Rev. Andrea in recognition of her outstanding Community Service for contributions made positively impacting the quality of life for the residents of DeKalb County, District 3, Georgia. We congratulate Rev. Andrea on work well done!

For more information on Rev. Andrea's work ~ www.partnershipsinpeace.org



DO: The Way Of

Rev. Laura A. Fenoglio

Hado is known under different names such as Chi, vibration, life-force, breath and it is used in techniques such as Magnetism, Reiki, faith-healing, protection shield and many, many other names. In the scientific spheres, it is simply called Energy.

Dr. Emoto, in Japan, has been studying water and its properties for more than 30 years. Concurrently in France, Professor Jacques Benveniste was holding similar researches and was interviewed par "Paris Match" magazine in 1988. When he openly dared to say "Yes water has memory", he became the laughing stock of the whole country and was so persecuted by his peers that he left France and came to the States to pursue his research. He died three years ago, leaving an incredible wealth of findings. Following his death his sons went through his notes and a book was published: "Ma Vérité sur la mémoire de l'eau" (My truth about water's memory).

All their work was based on the principle of resonance: any vibration will travel through the air, earth or water at different speed according to their structure. Therefore, any "message" will go out, will be transmitted and recorded at the speed of light. However, between theory and acceptance of it, how could this aphorism be demonstrated?

Dr. Emoto found a way: Through years of experiments, he "exposed" water to certain sounds then, right away, froze that water and filmed it under its new form as crystals. Amazingly, under the eyes of the flabbergasted scientists incredible pictures appeared. We have those pictures, The water exposed to peace, love, beauty, positive thoughts, soft language and music revealed hexagonal, pure, shining crystals. On the other hand, the water exposed to sounds of anger, fight, fright, discordant sounds, heavy metal music showed broken crystals with ugly, dirty colors. The experiment has been conducted thousands and thousands of times and never failed to show the impact of sounds on water. They even went further, they exposed water to thoughts, silent messages, prayers, meditations etc. the results stayed unchanged: the crystals remained intact and beautiful.

It had always been known that water is the best conductor on earth, (we must never forget that we are living on a water planet). Thanks to those two eminent minds we became aware of the infinite gamut of its properties: WATER, the Healing, the soothing, the calming Water....

The whole secret lies in its resonating capability and connection with the environment. Undeniably, resonance is enhanced by water but other factors enter in the play.

First of all we must keep in mind that being 90% of water at birth, through the aging process we lose some of it and as adults we are only 70%, 1/3 of which is located in the brain. This alone casts a scientific new light on the phenomenon of paranormal communication such as telepathy, spiritual healing, premonition etc.

From there on, it is easy, especially for UB members, to understand how human beings can be affected positively or negatively by the "cryptic" messages encoded in it. "Hado" may be new to our ears, but it has existed in the Japanese language for centuries. Literally translated, it means wave motion or vibration. Within the past few decades Hado has been spoken of in the context of philosophy, science and quantum physics. More recently, the definition has expanded into the spiritual realm to express the healing properties and transformative powers of this life-force energy. And there are plethora of occurrences in our every day life that corroborate these facts.

UB members are more open to the understanding of this so-called phenomenon, be it in their Ministry, in their personal life or any other instance. They are not, of course, the only ones using this awesome power and recently several other groups that I know of, have created miracles thanks to their deep knowledge and belief in it.

During my presentations or classes I share amazing photos, documents and books related to this awesome power. My personal experience(s) made me an unconditional believer of its (Hado) presence in our lives. No matter how religiously or scientifically oriented we may be, we are confronted daily with this force and we can use it to either better our lives or destroy our own selves.

Rev. Laura A. Fenoglio is a

Certified Instructor of Japan Hado School

You may contact her at: 561-330-7522

Ref. CD Dr. Emoto's and Toyoko Matsuzaki's books. Professor Jacques Benveniste's book (Ma vérité sur la mémoire de l'eau

A MOMENT IN TIME

A MESSAGE FROM

REV. GRANDFATHER YELLOW HORSE MAN

For over the last one hundred years we have been waiting for a leader to come along who would lead us out of darkness and troubled times. Someone who would listen to the people and bring about change through listening to the peoples voices and to create a world of peace for our families to live in. Have we become so caught up in the illusion of fear and negativity that we feel there is no hope for this to happen; now that we find ourselves in an economic crisis? I wanted to express the energy that is put into these thoughts on a daily basis.

We have to look into our own hearts and see that the experience that we are going through is only a moment in time where we are moving into a great shift. Where old ideas are not working and we need to see what the future holds for each one of us.

come back to the idea that we can change the world by reached at: www.yellowhorseman.com knowing there are no limits to our creative thoughts.



We need to believe in ourselves and our prayers to Great Spirit/Creator/Go and once again believe that all things are possible. Nothing is too hard or too difficult when we are willing to make the changes in each of our lives to bring our world and ourselves back into balance. Then we will choose a leader who believes in Creator's Dream of Peace.

Rev. Yellow Horse Man is an invited speaker at universities through out the U.S. he presents healing workshops and sweat lodges. Four years ago Rev. Yellow Horse Man had received a vision concerning the recognition of children that have arrived here as special messengers of peace. Rev. Yellow Horse Man has shared these massages of peace with the world through his Awaken to a new thought process and create newly published book, Children~ Messengers of Peace new images for us to focus our energy on. We need to Their Wisdom and Thoughts For Our Future. He can be

UNIVERSAL BBROTHERHOOD UNIVERSITY

"DEDICATED TO HIGHER LEARNING"

For years UB Ministers had been asking for a way to move into a greater spiritual consciousness awareness within the philosophical framework of Universal Brotherhood Movement, Inc. The reasoning was, "Universal Brotherhood denotes unconditional love and Oneness. but 'Movement' is an action term that implies growth, expansion and moreness".

In 1994 the time had arrived! The door to more freedom of awareness opened! The Corporate Board authorized formation of a guidance core to facilitate the birth of Universal Brotherhood University as a division of higher learning under the sponsorship of UB.

Nine UB ministers were chosen to develop and guide the

Project. Their primary concern was to maintain the UB philosophy: freedom of individual expression in an aura of non-judgment and unconditional love.

The details unfolded around that firm concept. Each applicant, under the loose guidance of a faculty "coach". will design a course of study for submission to the Board of Regents. The student will define personal goals and develop a vision statement as a springboard. The student will then outline a mission statement, activating vision through expanded growth and awareness.

A self designed course of study will culminate in a written thesis. Upon presentation to the Board of Regents, the student will be awarded a Master of Divinity degree (M.Div.).

Students can continue to further their growth awareness and service to the brotherhood of mankind by designing a doctoral program (D.Div.).

www.universalbrotherhooduniversity.com

Hello Everyone, and Happy Holidays!

Hard to believe this year has gone by so quickly. Our two special seasons of Thanksgiving and Christmas always bring an air of expectancy and quiet joy. My vision for each and everyone of you is that deep peace that passes all understanding be in your hearts throughout the rest of this year and into the next.

I feel so privileged to be a part of this community called Universal Brotherhood. It is indeed an honor to be dedicated to the brotherhood of all mankind. We begin a year with a new President of our country. Let us lift him up as well as our country and our world. We have new hope and enthusiasm to share. Let us remember to lift up one another in the smallest of ways with a smile, a word of encouragement or a helping hand.

One of my very favorite quotes from A COURSE IN MIRACLES says "The sign of Christmas is a star, a light in darkness. See it not outside yourself, but shining in the heaven within, and accept it as the time of Christ has come."

Peace, Joy and Love,

Barbara Lancaster-Lyman
Board President

Greetings From Our International Communications Center in Florida!

As the Wheel of the Seasons turn we now come to the close of a year that has been brimming with change and the opportunity for each of us to reach to the brightest levels of our potential. As with each one of us, the office has also worked through many changes and is continuing to stretch to the brightest levels of potential!

After 17 years of dedicated, loving service to UBM, Inc. Julie decided to move on to create other new and exciting experiences in her life. After 10 years of serving as Assistant to the Administrator, I joyfully stepped into the position of Administrator and Rhiannon, my dear daughter, accepted the position as our assistant. It has been an exciting experience for me to serve each of you in this capacity! Everyday my heart is full with gratitude and love for the insight Rick and Jeni shared with the birthing of UBM, Inc. Everyday, from this office, I experience this joy again and again as our beloved UB family grows, and I continue in gratitude.

Chairpersons Rev. Mike Dearing and Rev. Rosemary Cathcart worked diligently to bring to us UB's exciting international conference, "Develop and Grow Your Ministry," in Nashville, TN. You will enjoy reading Mike's article on page 12 of this newsletter where he shares some of the highlights of this years conference.

Rev. Paula Webb has dedicated her time, energy and expertise to developing our on-line UB GOODNEWS NEWS-LETTER. Please take the time to go to our website at www.universalbrotherhood.org and review our newsletter. Every quarter Rev. Paula creates a new, informative newsletter that will keep you updated on any changes, new articles, poetry and other UB celebrations of life. At the website you will also have the pleasure of looking into the archives to re-read past newsletters. If you would like to submit an article you may still send it to the office or email it to me at Robin@universalbrotherhood.org.

...and the changes just kept rolling in...as we kept expanding and growing with each new potential...we have moved to a beautiful, larger location and also changed our phone number, so please note our new address: Universal Brotherhood, P.O. Box 670278, Coral Springs, FL 33067 and our current phone number: 954-574-9904.

The Wheel of the Seasons turn as we grow into 2009. What new adventures shall we create? Excitement grows and I await your calls and heartfelt "hello" as we all continue upon each journey...Journey well my friends and family...In Love, Joy and Gratitude, Rev. Robin Morini

NEW RELEASE!!!!!PRESS RELEASE !!!!!!!NEW RELEASE!!!!!PRESS RELEASE!!!!!

Author Rev. Paula T. Webb has published her latest book entitled An Independent Ministry. Rev. Webb takes you on the personal journey of a woman's search for spirituality~ after leaving Corporate America, seeking a more spiritual existence, and becoming an independent minister. An Independent Ministry invites the reader to journey into the personal challenges, the question of what truly is a ministry, and the process of evolving as a minister. "Faith is as invisible as the air we breathe. We can't see the air, and yet it exists. It exists and sustains our physical life. Faith is no different. It is invisible—and yet it exists. It exists and sustains our spiritual life. The more we breathe, the better our lung capacity,,, The more Faith we have, the better our understanding of God, the richer our spiritual lives become. We have only to believe. It is that simple."

Rev. Paula T. Webb is the author of several books including: <u>Cooking With Grace</u>, <u>Creating Perfect Relationships</u>, and <u>Life With Grace</u>. She can be reached through www.nationalinterfaithcouncil.com

In his newly published book, <u>Aquarian Age & the Andean Prophecy</u>, author Rev. Albert Amao attempts to establish the beginning of the Aquarian Age and its significance in our modern society. Using different methods, he sets the beginning of the full bloom of the Aquarian Era in March 2020. Rev. Amao bases his theory on the following factors: a) according to the precession of the equinoxes the full expression of the New Age will arrive on March 21, 2020; b) according to the Andean prophecy, the positive Tenth Pachacutik, which is the Inca's period to record time, will commence in June 2020; c) according to the precession of the solstices on which was based the Mayan calendar, December 21, 2012. This alleges the triple conjunction of Saturn/Jupiter/Mars that will be taking place on the Spring Equinox of 2020 endorses his thesis. You may read more on Rev. Amao's intriguing thesis through www.amazon.com/Aquarian-Prophecy-Albert-Amao/dp/14259733X.

An excerpt from: You Lead Me Into Temptation So I Can Understand That There Is No Evil

The New Lords Prayer written by Rev. Dr. Svadesh T. Zulauf. "By confessing to God 'What a sinner and bad person I am', I condemn myself to repeat the behavior I so despise. Why not tell God that I know I am his son or daughter, incapable of sin, and that it scares me to feel that good about myself? Why not promise yourself and God that you will move away from the lie of guilt and sin and move infinitely closer to him? Why not allow yourself to go to that place in your heart where you can really feel that you are one with the Father? And when you are there, you know that the "peace that passeth all understanding" is possible in your life. This is God's promise to you. Is it not time to accept the Gift? Let us pray, truly, honestly, and differently". For any questions, comments or to order a copy, please contact Rev. Dr. Zulaf: www.svadesh.com or svadesh@yahoo.com

I am very pleased to have the opportunity to reveal to the members of Universal Brotherhood Movement, Inc., the spiritual events of my life. At an early age, I was blessed with the ability to become a pianist, which became a lifetime career and joy.. Music has inspired me to write published and recorded songs and lyrics of a spiritual flavor. This career has enabled me, and my wife, Kathy, to travel extensively and to study the great mystics of our time. We have also had occasions to meet a few of the great and famous writers of today, who have suggested that we put on paper some of the spiritual events and healings we have witnessed. After many years of exploring, we decided to begin a novel reveling the power of a spiritual life. In Florida I had functioned as a minister at the Versluse Chapel in Fort Lauderdale. After a time our writing directed us to Las Vegas, NV, which is the setting of our novels' location. This exciting fiction novel deals with miracles, spirituality and demonology. It also introduces a new concept of a computerized law, and this, for the first time, includes demonology in court trials. We are pleased to announce that our novel, **The Anti-Christ Directive Armageddon Now** is available at your major book stores and on the internet under: publishamerica.com. Our love and blessings gout to all. As Always, Rev. Allen Leroy and wife, Kathy Keller

What I Learned During my 15 Minutes of Fame

By Rev. Tammy Billups

4/06

It was a chilly and gorgeous February afternoon at the park. My time walking on the trail is exactly that...my time. It is the time I leave my cell phone in the car and release anything that might have earlier parked itself on my shoulders. It is the time I get to bond with Mother Earth. And, it almost always paves the way for a good mood to slip in if there wasn't one already in place.

But on this particular day, there was a surprising kink on my routine trip. As I rounded the first curve on the trail, I could overhear a very loud, abusive argument between a male and female. It was disturbing and immediately my heart began racing in fear. I noticed the male was not only yelling at the female, he was also physically abusing her. She looked scared and powerless but screaming back all the same. He threw her down on a bench then hit her on the leg amongst other things.

There might have been a time in my life when walking past this type of scene was the only option I would entertain. I have come to realize that when I don't walk through my fears to do what I believe is the right thing; I actually feel worse because I will beat myself up about it for days, weeks, maybe much longer. When I am able to face my fears, I feel better about not only myself but the outcome of the action. Though I was shaking in fear, I walked over to the couple to try to help the woman. I proceeded to repeatedly ask the gentleman to leave and flag down passerby's until someone called 911 from their cell phone.

As it turned out, the argument was staged by ABC's news program, Primetime Live. They were filming an ongoing news program called: What Would You Do?; a show that tests real people in controversial situations to determine reactions. Apparently I was the first to stop and help out of 58 people. This particular segment was to determine how many people would stop if the couple arguing were African-American.

What I didn't realize that day was that this experience would broaden my viewpoints on many levels. Even before the show aired, my "list" had already

begun taking shape as I was consistently surprised by the reactions of my friends, relatives, and colleagues/clients after I shared the incident with them. After the show aired, I received dozens of emails and phone calls from friends, classmates, relatives, clients and strangers expressing how simply viewing an experience the segment had a positive effect on their lives.

What I learned:

People you thought you knew (where they stood on a particular issue) can surprise you with spontaneous reactions that tell you they might just be saying what they think people want to hear... but feel differently inside.

When people begin to justify why they would or wouldn't follow their internal guidance systems, they would probably feel better about themselves if they had pushed themselves to walk through their fear.

There truly are no such things as coincidences. We are always in the right and perfect place to learn what we most need to learn and move on to better experiences.

That even the smallest of brave acts can actually bring a level of healing to people who need it even if they are simply watching or hearing about the incident. Those who have been abused would like to believe there would be someone that would save them in ways no one has in the past and this makes them feel stronger. Even abusers can have aha moments by seeing someone else's experience.

The fastest way to make a stand for peace in our world is to open a department of peace in your own heart... and feed it daily.

When you spontaneously follow your per-

fectly wired internal guidance system, you will instinctively know the right and perfect course of action if you have faith. I once saw a saying: "Be bold and mighty forces will come to your aid". I believe this to be true.

It takes great courage for people to be open minded and willing to think and speak differently than their peers and family.

Unfortunately fear still guides most people to make choices that keep them from reaching their greatest potential and feel better about themselves.

Not all media chooses to present a negative slant. Sometimes they make a conscious choice to show the best in people because it has the potential to help others.

You never know when your next God job will present itself. One has to remain an open channel to taking steps even when you can't see the outcome. It's not about the individual getting praise, it's about being a small part of a bigger message that may have an audience waiting and needing to hear it.

James Twyman said it well when I heard him say at one of his lectures "We are all one race: human". May this experience and the media highlighting it help more people find the courage to think differently and raise awareness within many.

A Special Note:

Over the phone, Rev. Tammy Billips shared with me that she had been working on manifesting. Prior to the Oprah Show, she had written on paper that she would be on the Oprah Show. She thought it would have some thing to do directly with her ministry. She was surprised that her manifestation took this form, yet she recognized the blessings in what she had learned and has shared them with us...and the world!

IT"S EASY TO BE GREEN!!!!!

Our Traveling "How-To" Alternative Energy Show

Shared By: Rev. Laurel (Lalela) White

Like most of us, you want to be part of the solution to the environment and societal dilemmas our country...our planet face today. You know that watching and talking about how bad it is won't change it. In our country this moment there are hundreds, perhaps thousands of genius minds with brilliant ideas and interventions that are waiting to be delivered into the hands of the waiting public.

To achieve this we, Light Journey Retreats, have recently formed a Non Profit Organization in the U.S.A. Our vision is to travel North America and Canada, city to city in a recycled "green" van connecting with these genius minds in the cities that have powerful environmental ideas and intentions that they have been unable to get in the hands of citizens whether due to lack of funds, lack of expertise in marketing and campaigning, or other reasons.

Along with the process of cleaning up the planet, we want to support the next generation of citizens of the planet, our young people, we want to stop the belief that there are no resources available to expand their potential, or to offer them a worthwhile activity to partake in. We want to work in your town with your inventors and invoke some young people I the creation, manufacture, marketing, design...anything that will give them back a sense of worth and belonging to something.

For more information on joining us and doing what you see for yourself please visit us at: www.ecovan.org.

You may also contact Rev. Laurel White; Health Guide-ess and Outdoor Adventur-ess www.lightjourneyretreats.com or phone: 808-870-8573

FLOWER OF MY HEART: THE AWAKENING BLESSING

Flower of my heart, open your lotus petals to me.

I will sing to you a new song: It is a song of remembering.

It is a song of love. It is a song of strength.

Your time of awakening is at hand. Rejoice and be not afraid.

For the glory of the Lord of Light is upon you

And you shall go forth in splendor, and you shall go forth in strength.

Dive deep into the ocean of love light and swim in the beauty of holiness.

From the depths of love, give the essence of your flowering

To all you meet.

Grace and blessings are yours for I am with you always.

I received this message during a healing meditation in July 1997 and I finally feel that I have awakened enough to bring the message to the world. I have written a book entitled Flower of My Heart: The Awakening Blessing (please see my website at www.awakeningblessing.com). The Awakening Blessing can be understood as a meditation and a communication. As a meditation, we open ourselves to the Indwelling Presence and realize that we are not only our egoic identities, but we are also *flower of the* heart of the Divine. We are encouraged to accept and to act from this realization in the world. As a communication, readers who have a Christian perspective can explore the blessing as God's response to The Lord's Prayer. Readers who have a Jewish perspective can explore the blessing in relationship to the Shema, while readers who do not have a religious perspective can think of the speaker of the blessing as the transcendent Source of All.

I have attended three healing schools in the past twelve years, and am presently practicing as a certified Integrated Kabbalistic Healer. I have found that praying and meditating on The Awakening Blessing has been a great help in softening the hardness of my heart toward myself and others. I believe that The Awakening Blessing is a gift to help us heal ourselves and become healing presences in the world. It invites us to open our hearts- to ourselves, to the Divine, to other people, to all of Creation. It takes dedication and courage to engage in this process, but the end result is that we *can* heal ourselves and become healing presences in the world. I invite you to explore The Awakening Blessing with me as you are drawn to do so. I believe that the gifts inherent in our engagement with the blessing are needed for the world right now. Please feel free to contact

me at ssmisek@bellsouth.net

if you are interested in sharing this blessing with

others. Sharon Smisek, Ed. D. Minister Director

NOW

Written By: Jann Rossbach

How did it ever come to be,
This sense of separateness,
You and Me?
I suppose the how doesn't matter a bit
It's the NOW I am in
What to do with it?

I can choose to refuse any new thought or change
And hold it tightly with fortitude to
Harsh beliefs, born in pain.
Maybe the question I'm posing is this...

When will I open

Beyond where I've been and accept my position of oneness assured

As I ponder and trust

The Universe must relinquish to me the desires of my heart...
It's the "law" and I'm a treasured part
Guided for the with an expanding, heart-felt,

Sense of peace...

I love the blessed sweet relief And in this place, I gladly breathe! I thank Divine Oneness for speaking to me

Through me To help me see... Through me

To help me see... You are me

Blessed Be

Rev. Jann Rossbach shared her lovely poem with us at her ordination. She was ordained this summer during our conference in Nashville, TN

"The Lesson of Giving"

By Rev. Dr, Rick Prigmore

(Excerpt from The Joy of Living)

"We are told in the scriptures and sacred writings of the ages that we manifest our destiny, that abundance is ours for the claiming, that all good things are ours by divine rights, aren't we?

How many of us really believe that? We read it, we preach it, we expound on it – but, when the chips are down, we opt for less. We feel we aren't 'worthy' to have it all. We 'don't deserve' it.

This lesson was brought home to us more forcefully when we were preparing to dispose of most of our 'worldly good' and take off in a motor home. This house was under contract and we needed to empty it. We thought first of having a garage sale. That would be fun and profitable. But, then, we thought, if we really believe in abundance, why not give it away?

We invited about forty friends to a pot luck farewell dinner on Sunday. As each guest entered, he or she was given labels with their names on them. At dinner we explained we couldn't take much of what was in the house and we had no plans to ever settle down again.

So, after dessert, they were instructed to go through the house and put their labels on the items they would like to have. Then, take them home.

We noticed that one person gazed lovingly at an oil painting and said, "I've always wanted that painting... but, I'll take this vase."

We said, "No, take the painting."

Another said, "I've always admired that tea cart ever since I've known you...but I'll just take this picture."

Again, we said, "no, take the tea cart."

The scene was repeated time and again. People were willing to settle for less than they really wanted. They felt they should pay us something or 'hold it for us' until we returned. It was difficult for them to accept the abundance of life.

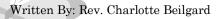
What a great lesson – for us in releasing our attachment, but more important, for everyone to test their belief in promised abundance.

Whatever we desire is ours by divine right.

We have but to ask."

To order a copy of <u>The Joy of Living</u> contact Rev. Dr. Rick Prigmore at:: universalbrotherhood.org

CHOICES



I have choices in my life, although I may not always see,
And they may not be the greatest or all I'd wish them to be.
But when I have them, I no longer the victim stay,
I thank God for the freedom on knowing that I have choices
today.

I choose each day not to hurry through life, but smell the roses along the way,

To not be so obsessed with work that I forget to take time to play.

I choose instead of religion to seek spiritually, To know I'm a precious child of God, that He will take care of me.

I choose each day to set boundaries, to say "no" when I feel I \max ,

I choose to find balance, and in my own opinions I choose to trust.

I choose to speak positive affirmations each day when I awake, To accept I'm not perfect but I'm still o.k. when I make a mistake.

I choose each day to let my light shine, to be aware and no longer play small,

I choose to feel all my feelings and in my own truth I choose to stand tall.

I choose instead of being stressed out when things don't go my way,

To "Let Go and Let God", the role of superhuman no longer play!

I choose to live in the now, but work through the pain of the past.

To change the negative tapes in my head, I choose to remove my mask.

I choose to re-claim my personal power, to no longer live in fear,

To refuse others shame and abuse and no longer live as a victim volunteer.

I choose to state my own needs, the part of a martyr no longer play,

I choose to give of myself to others, but not to give myself away.

I choose to stop people pleasing; I'm only responsible for me, I choose to believe in miracles, I'm worthy of life's best I now

So today if I can remember when I begin to feel helpless again, I have choices I didn't know about before, I choose today to win.

I choose to be grateful and joyful for this adventure and of being set free,

And in remembering I'm God's perfect work of art, I choose to be the real me!

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UBM DOES IT AGAIN!

DATELINE: Nashville TN - Music City USA

This past July, Ministers from throughout the US gathered in Nashville TN to celebrate UBM's 32nd anniversary. Rick (and Jeni Prigmore were joined with about 50 Ministers. This was a great opportunity to put faces to the phone voices. In attendance were Robin Morini, the UBM administrator, the UBM Board Members and the UB University Board Members.

The Conference was held at the Doubletree Hotel in the heart of downtown Nashville. Many of Nashville's famous destinations were within walking distance: Ryman Auditorium, Country Music Hall of Fame, Tootsie's, the Wild Horse Saloon, Hard Rock Café and the State Capital.. For the more adventurous there was the Parthenon, the Grand Old Opry, Opryland Hotel and an opportunity to tour the homes of the stars.

Does your ministry provide an income? On Saturday, we were fortunate to have experienced ministers share their business experiences and knowledge. Gregory Possman taught us how to market our business. Rosemary Cathcart spoke about starting a business. George Rosvally shared his computer web site expertise. And Mike Dearing mentioned how to build an internet wedding business.

Saturday night was filled with fun and excitement. The

hotel's chef, who came from one of Nashville's four-star restaurants, presented an extraordinary banquet I am sure that our award winners found the night to be special. One winner was presented to US Grant in the form of a \$50 bill. She was among those who made the commitment to attend and sent in a deposit. Another winner paid her registration in full by tax day, April 15. For being prompt, she won \$250 cash. Many other door prizes were awarded. Thanks to the generosity of our members. And to top the night off was a great concert by Armand & Angeline.

To me, the biannual Conferences are always special. I always look forward to meeting my old friends from previous conference and making new friends who I meet for the first time. The seminars are a bonus. Unfortunately, the UBM Board of Directors have suspended the Conferences. They felt that the lack of membership interest, as shown by attendance numbers, did not justify the expense on UBM's part. If you disagree with the Board and want to attend future Conferences, send an email to Rick, Jeni or any UBM Board member.

Rev. Dr. Mike Dearing , Conference Chairman, UBM Board Member 317-804-5756