



# UB GOODNEWS



## Ya Hoo! Colorado Conference A Toe-Tapping Success

by Rev. Julie Paul

For those of you who missed it, the 20th Anniversary of UB, "Celebration of Life" conference in Colorado Springs was an all around success. I'm still getting calls from Ubers telling me of how they needed to be there because of the magical things that happened not only at the conference, but as a result of their being there.

Too many things happened to tell it all, but some of the highlights were:

\*The first night welcome party-lots of reunions took place and personally, people I have spoken to for years on the phone, I finally got to hug in person. (One being M/D Shalandra Abbey from Hawaii who I've known only on the phone for 5 years!)

\*The next thing that happened, at breakfast the next morning, Rev. Clifton Harrison (thanks Clifton!) had befriended a fellow staying at the hotel the night before. Turns out he was on tour, is Australian, and plays and makes all kinds of Australian instruments. He not only gave us a concert, he also gave us a fun mini seminar on birds and other things in Australia. What a treat!

\*Then came Rev. John Harricharan, our keynote speaker. John has published two books, "When You Can Walk On Water, Take The Boat" and "Morning Has Been All Night Coming". Not only was John insightful, interesting, funny, warm and loving, he generously donated a case of his books to be sold at the conference with all benefits going to Universal Brotherhood. He also made sure he signed all books that people requested he sign. We are very grateful to have John associated with UB. Thank you John.

\*We had a great interactive project where all participated.

\*We had wonderful presentations by Rev. Daniel Pung, Rev. Jon Schultz and Stephen Longfellow Fiske.

\*There was great music and singing with the help of Stephen and all Ubers.

\*We had incredible film coverage by Don Boland who has donated hundreds of hours of work and equip-

ment to Universal Brotherhood out of the love and generosity in his heart. We could never repay you Don! Thank you and many Blessings for you.

\*Rev. Bill Patterson canceled a job to come and do all the sound work at the conference. You blew us away Bill. Thank you and Bless you!

\*Because of the generosity of all Ubers, there were wonderful gifts presented at the awards ceremony. **Thank you to each and every one of you.** There is no UB as we know it without you all. Hugs and thank you's and Blessings to each and every one of you!



Conference Logo by Rev. Julie Paul and her Father Bob Bercu

\*The Flying W Ranch was great fun. The music and comedy were first rate, and the fact that they all knew Rick was even more fun because they picked on him several times!

\*There were wonderful and informative products at the conference. Thanks to all who brought their wonderful products to sell and exhibit. I saw lots of business going on!

\*A standing ovation for the conference committee. Without their dedication and hours of work there would be no conference. They were: Justin Tomasino, Wendi Tomasino, Gay Street, Daniel Pung, Jon Schultz and Jane Schultz.

\*There was a great presentation by

M/D Rev. Greg Possman and M/D Rev. Sandie Bellamy. They had a hilarious modeling of robes for your ministry, along with where to get various other tools for ministry. It was informative and very entertaining. Thank you you two-you were a hit!

Forgive me if I have not mentioned an outstanding event. As I said, there were so many unforgettable moments. And if I have not mentioned some of the people who contributed, also please forgive me. **We appreciate all of you!**

**NEXT YEARS CONFERENCE WILL BE IN ORLANDO, FLORIDA! M/DS REVS. JANET AND GERALD FINNEGAN WILL CHAIR THE COMMITTEE. TO VOLUNTEER, CALL THEM AT: (407) 951-1414.**

**ATTENTION CONFERENCE VEGETARIANS:** We would like to inform you that there was an entire vegetarian selection made long before the conference. I am now, and was at the conference, involved in talks with management about how they dropped the ball on this one! We apologize for any inconvenience this caused any of you.

## Conference Presentations

Available On Video or Audio

Three of the presentations from the 1996 Celebration of Life Conference in CO. are available on audio or video cassettes.

We will have them for you at \$9.95 for audio and \$17.95 for video (this includes shipping and handling). Any profit over and above the costs of and shipping of these tapes will go into UB's account towards next year's conference in Orlando.

Please mail your order to: UB Conference Tapes, Suite 605, 3466 Holcomb Bridge Rd., Norcross, GA 30092. Make checks payable to UBM, Inc. Expect 3 to 4 wks. delivery time.

Your order will benefit you, UB, the speakers and any one you give them to! Please use this offer as a way of supporting UB and don't make copies. Thanks so much, and God Bless You.





## FOUNDERS CORNER



### WOW! WHAT A TRIP!

We have just returned from Colorado Springs, the site of UB's 20th Anniversary Celebration. We are exhilarated and enthused beyond measure. And, we feel very humble that so many of you choose to come and honor UB and us at the celebration.

The Saturday evening gathering was one of the highlights of our lives. We had no idea that you, through the conference committee, were going to recognize us in the manner in which you did. Gift after gift was presented to us as founders of UB. Tears welled up in our eyes at the magnitude and intensity of the love shown us. Then, when we thought we could handle no more accolades, Revs. Winslow and Dorothy Schlosser presented us a memorial award, an acrylic flame on which were inscribed beautiful words of loving praise. We humbly accepted the gift knowing that we were only the channel through which this wonderful philosophy flows and that YOU are the life blood of the Movement. You, being your unique and special selves, in ministry to the brotherhood of all life - U Being! Thank you all so much for your love and support, for us and for Rev. Julie Paul, the Hands and Feet and Brains of the UB operations. Without her there would be a much less effective organization.

In addition to the extravagant honors showered on us by UB, we were honored by Universal Brotherhood University. The Board of Regents chose to award us Honorary Doctor of Divinity degrees for the founding of and service to Universal Brotherhood Movement, Inc.

We were especially happy and pleased that our sons, Daryl and Dean and our daughter-in-law Patrice, were there at the celebration. Over the years they (as have some of your own family members) chose to avoid discussing with us just what it is we do and what we are all about with UB. They grew through the period when we were in the more orthodox ministry and chose to avoid embracing such beliefs. Then, when we, too, moved into the more non-judgemental and all-loving space that became Universal Brotherhood Movement, Inc., they still saw us as traditional "religious" ministers and wanted no part of our concept even though they loved us and accepted us as parents. Their interaction with you wonderful ministers at the conference illustrated to them how open, positive, upbeat, non-judgmental and environmentally conscious you are. They, being heavily involved with environmental concerns, were much impressed and appreciative. They finally realized what we are all about and are proud of us. We are blessed beyond measure.

UB has come of age in dramatic ways. When the announcement was made regarding the location of the 1997 conference to be held in Orlando, Florida, many of you volunteered to help. Rev. Gerald and Janet Finnegan offered to head the committee and already at work. You can help, too. Just call Julie or the Finnegans.

Be joyful,





## UBU News

by Rev. Barbara J. Roberts  
UBU Administrator



UBU'ers have been at it again! We have had some recent graduates who have received their Master's of Divinity degrees: Revs. Amari Magdalena and Steven Handwerker. Amari's focus was on ways to develop practical implementations of Shamanic principles into daily urban life for the express purpose of creating a more peaceful, loving, harmonious existence. She has done this through developing courses that teach earth-based spirituality utilizing and synthesizing her personal study of Shamanism and creating a true Aquarian model for today's life challenges. Amari is continuing her UBU program with a two-fold Doctoral Degree: a book on modern Shamanic ceremonies "We Dance To A Whispered Voice" and the initialization of The Institute for Shamanic Synthesis.

Steven's focus was to provide a program of learning for the practice of spiritual psychology in relation to developing a culture of peace. He is looking to the members of UBM for ministers in the Florida area who are interested in establishing a working group on "Spirituality and World Peace." Steven is furthering his Master's project now by going for his Doctoral Degree along the same lines. He wants to create a Spiritual psychology Program through the publication of a Spiritual Guide Book, through publications in journals, newspapers, etc. and by offering psychotherapy through doctors for patients in need, offering Reiki Healing, and a world peace working group through the American Psychology Association.

Within the UBU Board of Regents, Kathie Lumberg, Colin Tipping and Laura Pennington have all started work on their Master's degrees. Three new submissions for Master's programs include: Lucia Maison working to create the development and practice of a Holistic Living Concept for Shamanistic Evolution (offering a correspondence course; Cher Patrice Steward illustrating her continu-

ing Spiritual Trek through a Sacred Mandala format; and Dyana Hesse teaching others how to be aware of the way we flow from one path to another by divine spiritual guidance through the use of her own life metaphor.

It is our hope that these programs will give you more of an idea of what continuing your education (read that - "your life") can be like. We are all excited about these people who are stretching themselves and accelerating their own growth through these projects.

**We encourage anyone else who may have that desire to contact the UBU office at: Suite 605, 3466 Holcomb Bridge Road, Norcross GA 30092, or to call (770) 594-4360.**

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### UBU President Reginald Worrell, Jr., Reports

President Reginald Worrell, Jr., reported to the Corporate Board at its annual meeting, in Colorado Springs, that UBU was exceeding expectations in all areas. He assured the Board that UBU was solvent and carrying its own financial program successfully. The Income and Expense statement he submitted was read and heartily approved with congratulations for a job well done.

Rev. Worrell reported twelve graduates in the Master of Divinity program with the current enrollment at fifteen Seeker/Students.

Four ministers have completed dissertations and have been awarded Doctor of Divinity degrees. Another four Seeker/Students are currently enrolled in their unique, self-designed doctoral studies.

## UBU GRADUATES AWARDED DEGREES AT CONFERENCE

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### THREE HONORARY DOCTORATE DEGREES GIVEN



In an emotional ceremony on Saturday, Oct. 5th, of the Colorado conference, UBU President Reginald Worrell, Jr., awarded the following people: **Rev. Dr. Barbara Roberts** and **Rev. Dr. John Harricharan** their diploma for their Doctor of Divinity programs. **Rev. Dr. Barbara Roberts** produced, as a result of her thesis, "**Reiki Master's Teaching Manual**", a dissertation designed for expanding the resources available to teach Reiki healing. **Rev. Dr. John Harricharan** produced, as a result of his thesis, "**Journey in the Fields of Forever**", a dissertation book on a journey in living.

A Master of Divinity degree was awarded to: **Rev. Vinita Anne Watkins** for "**Living is a Choice**", a thesis chronicle of the author's terminal diagnosis and her choice to live.

Also at the conference there were three very special awards given. For the first time ever UBU presented honorary Doctorate degrees. The first one was awarded to **Elizabeth Kubler-Ross**, author of numerous books and a pioneer in the metaphysical world. Due to some health challenges, Elizabeth's degree was accepted by her close friend and associate Rev. Dr. John Harricharan. He told us that Elizabeth had been very moved and felt very honored by this award and wished she could be there.

The next two honorary degrees were the "icing on the cake". UBU presented **Jeni and Rick Prigmore** with Doctorate degrees for the founding of **Universal Brotherhood Movement, Inc.** There was barely a dry eye in the place! It was wonderful! And what a blessing for Rick and Jeni to have two of their sons and their daughter-in-law there, let alone 104 UBers, to watch as they received honor after honor.



# CANCER

## THE BEST WORST THING

by Rev. Alice Greenspan  
Sarasota, FL



It was Valentines Day 1995 and I was diagnosed with Cancer. What seemed like a sick joke on the day of Love, became a thoughtful and provocative gift. As a result of my "Can-Sir" experience, I learned that healing power was around me, through me, above me, below me. Healing power was quite literally rocking me in its universal arms. All that I had to do was hear the universal lullaby of LOVE.

Cancer set my true inner healing in motion. It gave me full permission to love myself and others. It taught me that I could become a designer, a custom-creator of my own healing program, in harmony with my Higher Purpose. Angels appeared, as did physicians, energy workers, ministers, friends and beloved family. All wrapped me in the "angel gauze" of their love and healed wounds that lay deep between my body and my soul.

LOVE moved in to clear out imbalance and lack and fill my very being with splendid and joy-filled light. Cancer became a secondary concern as I healed on much deeper physical, emotional, mental and spiritual levels. I was given the challenge to finally "become"—to work from the inside out and discover my CORE, which resided in my heart, the fulcrum of my very being.

I began to affirm my wholeness and health, recognizing that I was truly a spiritual being having a human experience that could set me free. I was determined to be a "THRIVER" rather than just a survivor. I opened my eyes and intentionally noticed the signposts, the directives I was being given along the way. Through dreams, acquaintances, meditation and energy work, I was able to peel away layers that were covering up my passions and purpose.

When passion and purpose are lacking, we starve and so do our cells. We become

imbalanced, our bodies out of alignment. My body was a perfect reflection of years of neglect! Embracing and respecting my own form of beingness became a healing priority for me.

Through my challenge I learned to feel true "Com-Passion." I realized that I could ask for life's sweet lessons with grace and ease where previously I'd opted for the theatrical approach to life! Through mindfulness and God consciousness I re-focused on my highest goals and began to live my BIG TRUTHS. I recognized that I had no limits, no lack. I was indeed infinite and could and would heal myself. My dis-ease was an illusion that I could choose to let go of.

I began to replace fear with Universal Love. I re-created a new environment in my body through diet, exercise, energy work, medical treatment, herbs and lots of love. I became a "life artist" and painted each day as clearly, magnificently and heart-felt as I could. I accepted the challenge, felt gratitude for the lessons involved and agreed to let go of the cancer. It was ready to move along on my path. I began to love my "SELF" as a true expression of God.

I am healed now. I study and practice healing energy work at The Caren Center in Sarasota, Florida where I help others heal. At the center, I facilitate bimonthly healing groups I've called "The Power Within." My mission is to help others to discover their own healing power within. I am also authoring a book, "Cancer, The Best Worst Thing."

Becoming a minister in Universal Brotherhood was a sparkling moment for me. As tears streamed down my cheeks, I made a contract with God and the Universe to use my healing ministry for the highest good. I am a joyful "THRIVER" and YES I CAN-SIR! So can everyone

else. Bless you, UB, for validating the work that the universe led me to do.

Alice may be contacted at The Caren Center (816) 921-3825. **If you have any Best Worst Cancer Experiences to share for her book**, please write Alice Greenspan at: 762 Siesta Drive, Sarasota FL 34242.

### ON INITIATIONS, ORDINATION & OPEN HEART SURGERY

8/15/95-8/16/96

Rev. Raven "Little Bird" Holtz  
(St. Pete. Beach, Florida)

Red Earth, Georgia Earth  
Breathe Me, Absorb Me  
Blood Red Mother

Veins and Arteries  
Heart

Bones and Muscles  
Vagina

Air and Water  
Lungs

Fire and Spirit  
Belly

Red Mother, Georgia Earth  
Blood Red Mother  
Wash Me in Your Womb of  
Green Leaf, Pine Needle, Oxygen  
Breath

Birthing This Blood Red Child, Raven  
Little Bird

Nest All Undone  
Leaping Toward the Light  
Burning Hot Life

Feathers, Flames, Flapping, Fowl  
Chest Expanded, Heart Exposed  
Dying and Born in the Land of No Time  
alive in the Open Heart of God



# RETURN TO HUMILITY & GRATITUDE

By Rev. Susan Brelin-Bechio  
Spokane, WA



I have been in the United States for one year now. My family joined me in December. After attending a ceremony in South Dakota and making my seventh trip to the USA we decided to take the leap of faith and move here. A position was offered to me at a well established clinic. With \$200.00 and a bicycle from a year sale, I started life here in the USA. My Australian students visited me for services on a donation basis, which supported my decision and put food on the table.

Finding a small apartment, then a house sitting opportunity plus my family visiting me for Christmas, added to a sense of growth and movement. In the meantime

challenges from Immigration and seemingly unending paperwork, led me to surrender to the process and just "Let Go."

We are now involved in bartering for rent and school tuition. All other work is supported through donations, stipends, honorariums and huge amounts of Grace. Each step of the way Spirit has been my building light and affirmation.

My love of nature has made it possible to cast my gaze to the natural world every time I've needed help with what "attitude" was required for the next step. This week I reflected on a lone dandelion as it stood untouched by a torrent of rainwater during a late afternoon storm. In my

prayers I asked how does something so soft, delicate and vulnerable remain undamaged in the face of a deluge? The answer was simple and direct. "Nothing sticks to it!"

Therein lay my teaching for this point in time which was to hold the essence and gift of that dandelion in the face of the many demands on myself and family as we stand in simplicity and vulnerability on this land.

Many wonderful people have touched our lives. Meanwhile each day is an unknown and Mother Earth continues to show me the "way to be" in the world. Having my hands in the soil, gardening and growing food, allows me time to reflect on all these seeds and how small they are at first. With nurturing and care these seeds produce remarkable results as do our human thoughts. Our thoughts may be at first fleeting and buried, but once they are watered by our feelings and warmed by our heart rays we truly can produce a bountiful and nourishing result.

Your prayers and support for this work is greatly appreciated.  
In Faith and Gratitude,  
Susan

Susan Brelin-Bechio has been instrumental in developing a unit in "Ecopsychology" at Monash University in Victoria, Australia. Her study of nature and its applications to the human psyche has encompassed 20 years. She lectures and gives private consultations in using nature and the four elements to balance and regenerate. She can be reached at (509)326-8532.



## A RESPONSE TO MOTHER THERESA'S CONCERN FOR THE CHILDREN OF THE WORLD

by Rev. Dr. Steven E. Handwerker



Mother Theresa is a Nobel Peace Prize Laureate and is the founder of the Missionaries of Charity who now have missions all over the world. On February 3, 1994, Mother Theresa gave an address to the National Prayer Association. This is an excerpt from that address:

"We must bring the child back to the center of our care and concern. This is the only way that our world can survive because our children are the only hope for the future. As older people are called to God, only their children can take their place."

When we look deeply into the spirit, we see in the eyes of all our children the true heart of the world. In their hands is the future of what we value most. Therefore, it is logical and reasonable to question what or who shall we protect?! What is our most valuable resource? And by what means shall we teach the world to help themselves? Only values that transcend apparent differences of viewpoint, perception or belief can lead the way to See both the spirit, and into the eyes of our children.

When we consider the significance of our own well-being; when we consider the significance of our fundamental resources, both material and non-material, we must consider a dimension that encompasses a deep respect and love for the children of the world.





## SYMBOLS

By Rev. Joy Moore  
Sebastian, FL



Signs, symbols and pictograms (from cave drawings to hieroglyphics) are forms of communication which ask that the intuitive side of the brain be used in interpreting them. These basic forms of language require the use of our imagination, based on our experience, to receive an understanding of an event or condition communicated by their characteristics. Their magic lies in the fact that they are not wholly logical. Because they are not clear, they leave many spaces or gaps to wonder of their mystery.

Another fascinating characteristic of symbols is that the same symbol can mean something different to each person who interprets it. A tornado might mean a disaster to one person and a sign of cleansing to another. The symbol communicates to each viewer what that viewer needs to receive.

When, as a Textile Designer, I began hand painting fabrics, I discovered a desire to communicate through form and color rather than choosing realistic subjects that can be identified with the logical mind. A simple brushstroke of color can convey a strong emotion. A particular geometric shape can tell an entire story. The blank space tells as much as the form. I wanted to communicate the most possible with a simplest design and appropriate color.

After a six and a half year hiatus from painting fabrics due to space limitations, I was recently able to set up a new art studio in my home. After getting back into the swing of production again, I received a great gift, much to my surprise. As I was beginning to sketch and idea for fabric, I let my intuition guide my hand to see if I might come up with a new design or technique. As my hand began to draw, I sketched what I now call a "symbol drawing." Now that I am channeling "symbol drawings" for clients, I see how my approach to painting fabric has evolved into a conciseness needed for working with symbols.

A "symbol drawing" is a personal activation visual aid. If it is placed where it can be viewed with a few seconds of intent two or three times a day, it will send vibrations and unconscious messages to assist in healing or uplifting part of one's self that needs attention, which includes physical, mental, spiritual and emotional bodies. Each symbol drawing is completely unique visually vibrationally. Even if the same symbol appears as part of two different drawings, its message can have a different meaning for the person receiving it. Symbol drawings can be made of one or many elements. Some will reveal themselves to their owner slowly over time. Others become clear quite quickly and can even tell a fairly clear picture story. Some have said that my drawings have a Southwestern look to the, and some do. Others have their own unique style.

Animal figures are often incorporated into the symbol drawing and are a reminder that the animal world represents the symbolic also. If one notices seeing more spiders than usual or a rabbit appears in the yard, these events are not accidental.

Becoming aware of all types of signs, symbols and pictograms in our lives, whether modern or ancient, can help expand the intuitive awareness that allows one to be guided, informed of a current condition or pre-warned of an upcoming event. Symbol drawings are used as a clarifying aid, a boost to the next level of growth or a healing agent, just for starters. Begin to tune in to the symbols around you and see how they were "accidentally" put there for our growth.

Rev. Joy Moore is an artist and healer. To have a personal symbol drawing made, you may contact her at (561) 589-3535.



## Rejoined

by M/D Rev. Amari Magdalena

Moment by moment we rejoin  
boundaryless bliss unfolds  
Timeless reverie billows over  
Laughter weaving a Mandala

Fire gently propels still waters  
air lifting terra-cotta dreams  
Winged faith delivers promise  
Love toning etheric Sanctuary

Across the threads of time  
paths converging in the Tao  
Many colored robes unfurled  
Life heralding the Angelic

Presence vast in munificence  
poignancy crafting Spirit's urn  
Endless oceans wave renewal  
Passion flourishing its Mantra



### THOUGHTS ON SEXUALITY & SENSUALITY, EXCERPTED FROM A CONVERSATION with Amari Magdalena

"It isn't about our bodies and how they look or how perfectly they function. It's about our willingness and our intention to express love, caring, sensuality, compassion, sexuality. Our willingness to accept that pleasure is a part of our gift in being here; giving and receiving pleasure.

I believe that in the whole cosmic scheme of things we spend much more time in Spirit than in a Body. Therefore, when we're gifted a body, we owe it to ourselves to most completely enjoy the pleasures of having a body!"

## A Letter to UB'ers from Rev. Linda Van de Visse Alaska / Arizona



Dear UB:

..."The summer issue of U.B. Goodnews found me at my summer job in Alaska. Its always so helpful and uplifting to receive the newsletter and hear what my fellow U.B. ers are up to. Since I haven't yet found a form for my ministry, I often forget that I am indeed a Reverend. The newsletter helps a lot. I often wonder how that form or shape will come about..but, meanwhile as I look at what I am doing, I see that my life is indeed a formless shapeless ministry and for now that has to be OK.

My job here at the cannery is anything but glamorous. I am officially Bunk House Manager. I am in actuality cleaning lady and house mom to 40 hard working women who work in a loud, smelly, wet, fish processing plant.

Every day brings countless opportunities to minister to these women by showing them that I am genuinely glad to see them, to hear what they have to say, to do whatever I can to help make their days more comfortable and happy. I know its working because it brings me so much joy. And I've never said a word about being a reverend or a minister. Its just happening without shape or form—and that more than OK with me.

Another blessing from my connection with UB came in the form of a visit from Rev. Helen Merritt to our home in Arizona last winter. Helen performed my ordination ceremony in August 1994. I responded to an open letter in the UB newsletter when Helen was traveling across the country and wanted to hear from UB'ers who would

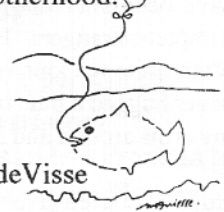
like a visit from her.

Her visit was such a blessing for my whole family. Helen facilitated much healing and clearing for all of us. We are so very grateful.

I see in the current newsletter the Revs Kevin and Tommy are planning to be in our area this winter and I'd like to offer our home for a visit. We are without plumbing and electricity and are also computer less and phoneless, so if you could pass along our address perhaps we could communicate by the mail for now and maybe a message phone later.


Thanks again for all that you are doing to further the Brotherhood.

In Light,  
Linda



Rev. Linda Van deVisse  
P.O. Box 541  
Paulden AZ 86334-0541

*(Editor's Note: What a beautiful demonstration of ministry in action. Thank you Linda for truly serving the brotherhood of mankind.)*



**You're  
appreciated**

*"A Friend is one who knows you as  
you are,  
understands where you've been,  
accepts who you've become,  
and still, gently, invites you to grow."*



## HUGS

by Rev. Greg Goodson  
(Glendale, Arizona)



I had the good fortune of being raised in a family that shared warm closeness and affection. Additionally, in my lifetime, I have encountered many persons who are blessed with an unconditional love and openness toward others, I subscribe to the philosophies of Leo Buscaglia, and to those of the many philosophers, theologians, health practitioners, and others, who espouse the therapeutic value of the simple hug.

To me, hugging comes naturally. My hugs are unconditional and indiscriminate. I have hugged men and women, children and senior citizens. Some of my most rewarding hugs have been shared with the elderly. Hugs have been shared with persons of different ethnic and racial origins, different lifestyles, and different political and religious beliefs.

I have hugged ministers, judges, police officers, clerks in stores, waitresses in restaurants, and attendants in campgrounds. Hugs have been shared with persons newly introduced, and, with complete strangers. Hugs have been given to animals, who are often quite responsive, and to trees in the forest. If you have never hugged a tree, try it some time. On occasion, I even wrap my arms around and hug myself.

Hugs have been given in celebration, and, offered in consolation - sometimes just a silent way of showing that someone cares. Embraces are given in both greeting and farewell, and, have been shared in love of parents, love of children and grandchildren, and love of lovers.

Hugs are commonly a physical process. However, in the absence of proximity, hugs can be verbal, visual, mental, spiritual, or can even be in writing. Even in the new electronic communication phenomenon of e-mail there has developed a form of expressing hugs - {{{{{{}}}}}. The more characters sent, the bigger the hug expressed.

Occasionally, one may encounter those who are resistant or adverse to hugging. The origin of their resistance may be a personal defense mechanism of some sort, may be psychological, or may be some form of a "macho" thing. Whatever the reason, if recognized, I try to respect their space. At the same time, however, one should pray that they may somehow open their lives to more caring, warmth, and happiness.

Hugs can transcend political, religious, and social beliefs. Genuine hugs - not just symbolic ones - could help to foster peace among those in conflict. Hugs are therapeutic, healthy, and they cost nothing but time.

Hugs have the capacity for bringing so much warmth and happiness to our lives. I go forth each day with unconditional hugs to offer. In the words of our Lord - Go and do thou likewise.

## A MIRACLE, PLEASE!

by Rev. Hilda Kellis  
Spokane, WA

**I'd like to have a miracle  
To turn my life around,  
A wondrous, transforming miracle,  
That lifts me to higher ground.**

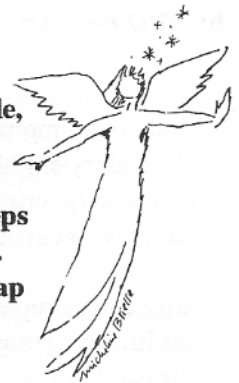
**I'd rather not have to take the steps  
Oft needed to move through pain.  
I'd rather just take a quantum leap  
And make things right again.**

**I'd like to have my miracle  
As quick as it could be.  
I'm ready to grasp the rope of Faith  
To the Truth that sets me free.**

**Then I found myself in the Temple of Prayer  
That center within my heart.  
Gazing upon His Presence there—  
It seems the right place to start.**

**The asking, the searching soon fell aside  
As the Presence became my own.  
God's Power and Strength flooded my soul  
With the greatest fulfillment I'd known.**

**I stayed in the Presence unaware of time  
Letting God and myself be one.  
Till—wonder of wonders! as I looked all around—  
I saw that the miracle was done!**



## FEELING OFF BALANCE?

**Awaken to HARMONY in your Life!**

**REIKI**  
hands-on healing  
for self and others

**TAI CHI**  
exercise form for total  
wellness and relaxation

Natural supplements  
for health and healing...  
BACH Flower Essences  
Super Blue-Green Algae

Do it for your SELF—  
the choice is yours.



Mary Sturtevant, M.Ed.  
REIKI Master

*Path of  
Harmony*

(603) 434-0655  
Londonderry, New Hampshire



A Path for your Life



# CLINICAL DEPOSSESSION THEORY

By Rev. Randall Frenz, Grove City, PA



## PART I: POSSESSION, 9/10ths of the Problem

One of the greatest blessings in life is to be able to perform a vital and uncommon service of love to humankind. This is the very definition of ministry, and I have been very fortunate to find one of the most effective therapeutic tools available to the Light 'Worker. This tool is called Spirit Releasement Therapy or Clinical Depossession Therapy.

This unique and effective therapy helps free people who are the victims of possession and entity attachment, as well as, releasing the possessing entities and returning them to the Light.

I was first introduced to the concept of clinical depossession at the 1993 Unlimited Human Symposium sponsored by the International Association of Counselors and Therapists. Don't get me wrong, I'd been a believer in the power of the demonic for many years. I began my career as an additions counselor working at a street detox on the north side of Chicago. At that time, the area I worked in was reminiscent of just about every popular notion of Hell. Over my decade of involvement with street addicts, I had many encounters that led me to conclude that the phenomenon of spirit possession was a cold, hard fact of human existence.

What I hadn't been aware of prior to 1983 was that there was a specific methodology designed to diagnose and treat the problem of spirit possession. My initiation into the world of clinical depossession was a post conference workshop in the procedure taught by Dr. Irene Hickman, D.O.

Now, those of you who are hypnotherapists are probably well acquainted with Dr. Hickman's work. For those of you who aren't, Dr. Hickman is a pioneer in the field of non-directive hypnotherapy, hypnotic regression therapy and past-life regression. She became aware of the phenomena of spirit possession through the

work of Edith Fiore (see her book, *The Unquiet Dead*) and William Baldwin (see his book, *Spirit Releasement Therapy*).

Dr. Hickman's training was as good as it gets for a one day workshop. She lectured on the reality of "earthbound" entities, who were once human and died but for some reason didn't enter the Light and became attached to a living human being. She talked about "dark entities," non-human intelligences who create "gloom and doom" (to quote one of them) for humans. She talked about some of the symptoms of entity attachment: anti-social or uncharacteristic behavior; extreme negativity; deep depression and psychosomatic ailments; multiple personalities; alcoholism and drug addiction. She then taught as her technique of choice that she refers to as "remote clinical depossession" because the technique doesn't require the presence of the afflicted person to be effective.

The remote clinical depossession procedure requires two people: the therapist and an intermediary sometimes referred to as a "scanner." The therapist induces a deep state of hypnosis in the scanner using his/her method of choice. Then the scanner is given the name and address of the person who is suspected of being possessed. The scanner then sends her consciousness to the person and requests permission from the person's Higher Self to "scan" the person's aura to detect any sign of possession by entities. Attached entities usually appear as dark blotches on a person's auric field generally corresponding to various parts of the body.

The therapist then addresses the blotches, telling them to speak through the scanner without harming her in any way. Through questioning (sometimes intensive), the therapist is able to establish whether or not the entity is earthbound. The entity is ushered into the light whether s/he is in the dark. The entity is encouraged with the

help of the 'forces of St. Michael' to become a being of Light and join with those who have been redeemed and restored to the Light. Many dark entities are unruly and resistant to returning to the Light. These present a challenge and require training and experience in order to deal with them effectively.

If this scenario sounds fantastic to you, I sympathize. All I can say is, after you've experienced this technique and have verified the information obtained through this technique, virtually everyone becomes a believer. More importantly, an overwhelming majority of the time, people inexplicably get well.

## PART II: Case Studies (Next Issue)

Contact Rev. Randall Frenz at his practice, Pine Grove Hypnosis  
(412) 458-0143.

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## A KEY TO HIGHER CONSCIOUSNESS

By Rev. Leslie Hemler  
Yucaipa, CA

Like most UB Ministers, I have one primary goal which is the basis for all my other goals. That goal is spiritual unfoldment through becoming a vehicle for God/Divine Love/Spirit and serving all of life.

When I asked myself what I should share with my fellow ministers in this article, I knew at once that I had to share the greatest gift I have ever received. This deceptively simple And easy-to-use technique has done more than any other tool I've found to open my consciousness to love, freedom, inner guidance and peace of mind.



The gift is the HU. Pronounced "hue," it is an ancient word for God, a spiritually-charged word, which, when chanted or sung with love, raises the consciousness and opens the heart. A mantra similar to OHM, HU can be chanted silently or out loud,, in meditation, before going to sleep, or whenever a person wants to get in touch with their Higher Self or Soul. I sing HU to myself constantly, especially in stressful situations or when I feel the need for protection. HU is a great rush hour traffic modifier to calm stress and lower blood pressure. I know many healers who chant HU to themselves as they're giving therapeutic massage, Reiki, Chiropractic, dental or other treatments. It's particularly effective when used with the healing arts as it brings in a healing flow that gives the patient what s/he needs, while protecting the practitioner from the patient's karma.

HU is always sung or chanted like this:

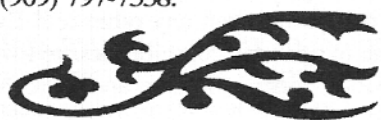
1. Fill your heart with love
2. Take a deep breath
3. Sing H-U-U-U-U-U-U, using the whole breath you've taken

HU is a powerful tool for protection during meditation:

1. Fill your heart with love
2. Close your eyes and place your attention on your 3rd Eye
3. Chant H-U-U-U-U-U-U aloud or silently for 5-15 minutes
4. Be alert to sounds, colors, lights, images, feelings

I learned HU during my spiritual studies as a member of Eckankar, the religion of Light and Sound of God. Although it is an important part of that spiritual path, the HU is for everyone to use. It will help you make the most of your current faith, or help you recognize the path that is right for you. If you want to, try using the HU for a month and see how it changes your life as it has mine!

Rev. Leslie Hemler does Self-Improvement Counseling over the phone in Yucaipa, California. Her phone number is (909) 797-7558.



## NEW VIEW OF JESUS PROFFERED

### EARTH LIGHT NETWORK

by Rev. David C. Gray  
Ft. Lauderdale, FL

Earth Light Network will bring SCAN (See Christ Ascended Now) to the world on Easter Sunday, March 30, 1997. We will help shift global awareness towards the ascension of Jesus Christ by raising mankind's consciousness out of the experience of suffering into the ascension experience.

A call is being made for all worshipers of Jesus of Nazareth to abandon the traditional "Piscean Age" image of Jesus Christ on the cross and place him in a cloud of light indicating his ascendancy to the status of Exalted Master.

As an elder metaphysician and spiritual counselor from Jamaica, West Indies, I believe that it is time for the image of Christ to be brought up to date with the age of Aquarius.

The astrological significance of the Aquarian waterbearer pouring one of the most important elements on earth—water, onto the planet, signifies a higher level of communication. This is a time of imparting massive amounts of information and an enormous exchange of ideologies and spiritual awakenings. The increased awareness and interest in extraterrestrial life can also be attributed to this time, according to many new age beliefs and ancient prophecies.

David refutes the belief that suffering is a normal way of life. He insists that mankind must take responsibility for higher levels of consciousness in order to benefit from the abundance which Mother Earth offers us.

He says, "Once the hands and feet of Jesus are unnailed and he is spiritually set free by all believers who accept his ascension to the exalted state of Ascended Master, then this collective divine thought will change the vibration of Mother Earth, and will lift the burden of suffering from the downtrodden and belabored souls, restoring them to their original birthright as Children of God who enjoy a life of freedom, harmony and joy."

Preferring the image of Jesus which shows him in the light of ascension rather than suffering on the cross, David compares his call for the acceptance of the ascension of Jesus to the elevation ceremony held in ancient cultures for the spirits of dead ancestors.

In Florida, on Easter Sunday, March 30, 1997, at 6:00 A.M. Eastern Standard Time, David and the Earth Light Network, along with their guests Philip Michael Thomas and Joan Cartwright, will hold a ceremony which will be intercasted live on the Internet and will be performed in churches, homes and gathering places across the planet.

(an excerpt from the ceremony)  
**THE GREAT INVOCATION:**

FROM THE POINT OF LIGHT WITHIN  
THE MIND OF GOD  
LET LIGHT STREAM FORTH INTO THE  
MINDS OF MEN  
LET LIGHT DESCEND ON EARTH

FROM THE POINT OF LOVE WITHIN THE  
HEART OF GOD  
LET LOVE STREAM FORTH INTO THE  
HEARTS OF MEN  
MAY CHRIST RETURN TO EARTH

FROM THE CENTER WHERE THE WILL  
OF GOD IS KNOWN  
LET PURPOSE GUIDE THE LITTLE WILLS  
OF MEN  
THE PURPOSE WHICH THE MASTERS  
KNOW AND SERVE

FROM THE CENTER WHICH WE CALL  
THE RACE OF MEN  
LET THE PLAN OF LIGHT AND LOVE  
WORK OUT  
AND MAY IT SEAL THE DOOR WHERE  
EVIL DWELLS

LET LIGHT AND LOVE AND POWER  
RESTORE THE PLAN ON EARTH

International attention is essential for the success of this movement. As a result, David has presented this to the Oprah Winfrey Show. He feels the show has the power to assist in this monumental task.

**Anyone wishing to contact Rev. David Gray in Florida may do so at: (954) 791-5728.**



# BACK FROM THE FUTURE

by Rev. Vinita Anne Watkins

Sarasota, Florida

Evolution is a wonderful thing. Personally speaking, I've gone from being terminally diagnosed in 1993, whereupon I prepared to die yet was open to any eventuality, to almost a full recovery in 1996. After the diagnosis, I moved from New Jersey to Florida leaving behind my civil service career, house, friends, family and most possessions. Once in Florida, I started to recover within the first few months. I felt as if God had me by the hand and was leading me everywhere I needed to be. Every day saw at least one miracle if not many. It was awesome!

Last February I was ordained as a minister in Universal Brotherhood. Things really started to take off afterwards. Having changed my entire environment, I next legally changed my name adding Vinita, a name given to me by my Yoga Guru in 1981. I had indeed become a new person. Then, I felt the Universe telling me to run a group because I saw we were evolving rapidly into the Fourth Dimension where all things—including healing—were possible just by asking. I was a living example.

I followed my inner instructions and began a group called "Living Is a Choice". Surprisingly, it received wonderful publicity in a town where there are really well-known healers like Harvey Diamond and others. And the group was a magnificent success with several "miraculous" healings. I was in awe of the current electromagnetic power in the universe and so grateful, BUT.

By the second week of group meetings, I began to "get it." The healing of the person is but a microcosm for the healing of the Planet, the macrocosm. And I knew that that's why my life had been spared. I had a mission, and that mission was not yet fulfilled. So I said, "OK, God, You tell me what to do. You send me the info I need and the means to do it." And She did. Stuff came at me from everywhere—about Earth changes, channeled material, maps of the future, Photon Belt news, Internet material, radio programs, TV shows, scientific information and even previous Government programs such as "remote viewing", etc. etc. etc.

Through meditation I was beginning to remember who I was and I knew that many of these things had already occurred. I felt I was "back from the future" to relearn and reclaim some lost information. "Fine-tune" the present, as it were, for the future.

My UBU Master's Program, which I thought was to be based on my work with the terminally ill person became instead one based on the terminally ill earth. As I said, my evolution was exponential. Not only because I was recovering against all odds, but where I found myself previously judgmental and intolerant suddenly I had understanding, tolerance and love for everyone no matter their level of evolution.

We have all been everything at one time or another. There will be no lost souls, although it might take some longer than others—but since time is an illusion, what does it matter? Everything is OK. And knowing that, my friends, brings tremendous inner peace.

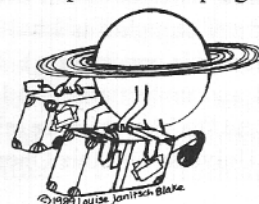
As we know there are no coincidences, so it was no real surprise that Rev. Colin Tipping was appointed my UBU Master's Program advisor. Colin runs groups for ill people as I do. He is also involved in Earth Changes. Before even completing my Master's Degree program my son Andrew and I bought a piece of property in a spiritual community in Northern Georgia that Colin is starting. We plan to build Andrew's lifelong dream home of a geodesic dome house which will be ecologically compatible with the Earth. A house to withstand any earth changes and to take us into the 21st century.

When God tells you to do something and you do it, the guidance, support, help and love you receive are something truly "out of this world." Who would have believed three years ago I would have not only survived progressive serious liver disease but also been jet-propelled into a life of service. My loved ones tell me that I even look different—less glamorous and more compassionate! I feel I will live to see a world of higher consciousness where peace is a possible and harmony with Gaia (Mother Earth) is restored. As many others who have for eons held this vision, I look forward to handing our children and grandchildren a world where they can walk in beauty.

I thank the Universe for the gift of life and the Prigmore's Universal Brotherhood Movement conception for helping me find my destiny. Namaste

August 16, 1996 (Anniversary of the Harmonic Convergence)

Vinita can be reached by e-mail at [Vinwat@AOL.com](mailto:Vinwat@AOL.com) or by calling 941-953-7533.





## BEING ONE WITH ALL

by Rev. Mildred C. Paltauf  
Newtown, CT

On August 29, 1996, I was ordained by UB. This was a significant step for me spiritually. The ceremony was performed by two loving, giving, sweet people (M/Ds), with 2 others being ordained the same evening. During the evening I felt the ONENESS of us all. We were communicating on a deep soul level, the true essence of who we are, where there is no language, no sex, and no color.

I am a soul first, with free will, as we all are. And as this, I (and we) equate with love, light, and electromagnetic energy; and more and more I realize what a gift it is to have chosen to be here on planet earth. Now I have choices every moment while I'm in the NOW, staying balanced in my body. A way for me to stay balanced is to have a thought for every feeling and a feeling for every thought. The opposite of being balanced is to throw my center off with emotions or the ego. With goals and mini-goals throughout the day, I can feel my sense of purpose and accomplish what I've come here to do. Daily I remind myself, it is to love myself better and to evolve my being, my essence, my soul-part. As a result, when I am in my center and balanced, I can be useful to all humankind, starting with each person I touch or speak to. What happens when I smile and talk pleasantly with others? Other smile back. It is contagious!

Communication is taking place at all times, even a thought is broadcast like radio waves to whomever I am thinking about. Is it a good thought? OR?... When I have a critical thought, I am learning to correct myself and rephrase it consciously.

I (We) am one with the universe which makes me part of the universe. I am earth and sky. (I laugh that I can actually say this and even write it. I am evolving myself and my thoughts as I write this. Thank you for this opportunity.) Thus, I know, feel and understand that I don't have to go out "to" the Universe (since as part of the Universe and this Oneness) I

AM "in" the Universe. I used to think that I had to go out to the universe to meditate, to travel, to communicate. But now, accepting who I am (and who we all are), being balanced in my soul and oneness, with the speed of Light, I travel wherever and communicate to whomever I wish. Ah! Now with this I have to be more conscious than ever to honor the responsibility to have respect for myself and all others, and to clarify what is my business.

So, whether I like it or not, communication is always taking place—thought, a word, an action, a smile or other body "language."

Ah! So now my thoughts are communication. That-means-that-other-people's-thoughts-are-communicating. Is that my thought to do or say such-and-such? Or is it someone else's? Is it coming from the same room, the building I am in, or from across the country? Or does it come from my higher self, my guidance, guardian angels? The simplest way is to just come out and ask my guidance where it is coming from. Another way is to discern if it feels good and I am enthusiastic about the idea; my first impression.

The next step is to send it to my head part, the intellect, to get it organized. If it gets stuck there with all sorts of negativity and obstacles, then the intellect is not doing its job for the total me, which is when I get an inspiration, the thinking part is to find a solution, so I can go ahead with another experience. This is how growth processes can come about, step-by-step.

Each growth process and each experience in another step towards my goals this lifetime. For me, it is to evolve my self spiritually, and to see others in their own evolution processes, and to encourage others to see the good in themselves. And when this is happening, how sweet it is and we can sense our ONENESS together, such as what happens during an ordination ceremony.

I should like to recommend the following sources which have been instrumental to my growth and awareness:

. **The Inner Peace Movement:** 1-800-336-8808; Techniques for Guardian Angel contact.

. **Reiki's Five Spiritual Principles:**

Just for today I shall trust  
Just for today I shall do my work honestly  
Just for today I shall be at peace  
Just for today I shall respect the rights of all life forms  
Just for today I shall accept my many blessings

. **Medical Assistance Program from Perelanda:** 703-937-2153; Co-creation with the White Brotherhood for healings.

. **The Neutral Implant (Kryon channelings):** 1-800-353-6657.

Thanks for letting me share,  
Rev. Mildred (Millie) Paltauf

Rev. Paltauf is an Angel Consultant and Lecturer, as well as Reiki Practitioner, living in Connecticut. She distributes Super Blue Green Algae and Km. She can be reached at 203-426-0060 or by e-mail, milliepal@juno.com.

### MEDITATION

by Rev. Margarite Batease  
(Clearwater, Florida)

Here there everywhere  
I am the energy I am the prayer  
I breathe  
I move with the wind and yet I am still  
I am awake my dreams to fulfill  
And I breathe  
I meet my mind I go beyond  
I meet Love's mind and so we bond  
And we breath  
As we breathe  
We move through the realms of light  
Experience the calm delight  
As we breathe  
The light removes the memories  
And for a moment I grieve  
And then I'm free  
Breathing in a place of ecstasy  
And so I have a short reprieve  
From life!



# ANNOUNCEMENTS, PUBLISHINGS, NOTICES



**Rev. Lawrence Harris** (Ft. Lauderdale) presents several seminars on psychic energy at Celestial Visions School of Metaphysical Arts plus talks at Borders Book Stores in the Ft. Lauderdale Florida area: November 2nd & 14th, Borders Coral Springs; November 4th, Borders in Ft. Lauderdale; November 16th, Borders in Boca Raton. Larry is also sponsoring talks on Meeting Your Angels by Pat Reasoner. For schedules, times, and places call (954) 491-8970.

**Rev. Jae Dean** (Canada) announces the birth of a baby boy: Mitchell Myles Dean, born July 8th and weighing in at 8lb 6oz, 20 1/2 ". Congratulations & Blessings Jae!

**Rev. Jamie Phillips** (Glastonbury) has just published **"MALAT-MAH-SOH...Mirror of the Soul."** A three part channeled book from the Ascended Masters shows us how to live in higher states of consciousness in the context of our everyday reality. The three parts include: "Preparing The Third Dimension"; "Living In The Present Moment...Fifth Dimensional Consciousness"; and "Living In The Fullness of Spirit...Seventh Dimensional Consciousness." To obtain copies contact: S. Green 61 Hill Head, Glastonbury Comerset BA68AW, Tel. 01458-831113.

**Rev. Denise Brown** (California) announces Iseum 453 will sponsor four **Isis Liturgies** this year! We also have four "Inner Courtyard" rituals for the Circle of Priestesses, to support those of us who have made a personal dedication to serve the Goddess Isis. In this way, we will be strengthened, both through the power of ritual and through communion with each other. We will

overcome isolation and be reminded that each of our small efforts are part of something much larger, work that Isis has in Her mind in this time. We are thankful for the Goddess in our lives. I pray for Isis guidance for the Fellowship and for our Iseums. Contact Denise at: 377 Laurie Meadows Dr., #325, San Mateo CA 94403.

**Rev. Joyce Bolender** (Ocala, Florida) **seeks help.** Joyce is a Licensed Clinical Social Worker, Reiki Master and Therapeutic Touch Practitioner. She wants to get out of the mainstream to affiliate with a spiritual community dedicated to holistic living and healing and is willing to relocate. Contact Joyce at: 2241 NE 39 Street, Ocala FL 34479.

**Rev. Raven "Little Bird" Holtz** (St. Pete Beach, Florida) Wolf's Heart Lodge recently sponsored a sunset vigil, drumming and healing ceremony to commemorate the Indigenous Peoples of the Americas and to heal the wounds of genocide. Raven also announces **The Atlanta Native American & Wildlife Art Festival** set for March 14-16, 1997. The location is Northeast Atlanta GA, 1700 Jeurgens Court, Norcross GA. For information on events and Wolf's Heart Lodge, call (813) 360-6060.

**Rev. Jeff Bohrer** (Largo, Florida) offers **Reiki Seminars** in the Tampa Bay area. Jeff is also a Licensed Massage Therapist with The Center for Metaphysical Studies in Clearwater, Florida. For a schedule of seminars, call Jeff at (813) 586-0130.

**Rev. Kathleen Wildwood** (Weatherford, Texas) has **reopened her Grandparents home in**

**Weatherford** and invites UB ministers to come and visit to share in her heritage and participate in healing bodies, emotions and souls. Call Kathleen at (817) 594-4880.

**Rev. Donna Stetser** (Fairview, North Carolina) is **building a classic Celtic labyrinth.** The seven circuit labyrinth is being built to create sacred space upon a natural power point, and is intended to be used as a meditation and healing tool for the community. A retreat, enrichment and healing center is also being organized on the property.

Classically, the labyrinth is constructed from stones placed upon the ground so as to delineate a specific pathway. This ancient style is being utilized in Fairview. The path leads one from the portal of the labyrinth to its center and back out. Unlike a maze, which is designed to confuse, the labyrinth is intended to illuminate. One cannot become lost in a labyrinth! When one enters to begin a walking meditation a question is held in mind or a desired resolution is held in the heart. By the time one traverses the circuits and returns the answer is revealed. Contact Donna at (704) 628-1706.

**Revs. Tommy Hensel & Kevin Ross Emery** (Traveling about) **announce a cruise:** LightLines in association with Dreamtime Cruises & Tours and Yesterday's Memories Metaphysical Healing Center offer **"Empowerment Cruise: Taking Back Your Life."** May 11 to 18, 1997 the cruise will sail to Trinidad, Tobago, Barbados and Martinique. Seminars are offered throughout the cruise. Cost is \$1345.00 including FREE airfare from 30 major US cities. For information call:



Dianne Billings at (407) 695-1467.

**Revs. Norma L. Lloyd and Monika Dunn Bey** (Lauderdale by the Sea, Florida) sent us a **Community of Light Calendar of events for Health & Empowerment**. Both Norma and Monika teach classes for the center. For information, a calendar or registration call (954) 202-0207.

**M/D Rev. Carole Lourie** (Naples, Florida) is pleased to announce the release of her **anthology, I Remember**. It is one of the fifteen stories collected and annotated by Rabbi Yonasson Gershom in the book *From Ashes to Healing—Mystical Encounters with the Holocaust*. The book was released in August by The Association for Research and Enlightenment (A.R.E.) and will be featured in the opening program of Sightings on the Sci-Fi Network. Carole can be contacted at (941) 594-0916.

**Rev. Brian McCutcheon** (Alberta, Canada) **sends a call from the North to all ministers who live in Canada!** Over the last few years, more Canadians have sought ordination in U.B. and have dedicated their lives in service through their own unique ministries. Close to 40 women and men have now been ordained in Canada. Its time to start **networking among Canadian ministers**. I would like to suggest that we exchange names and brief descriptions of our ministries. If you'd like to network drop me a note with your name, a short 30-50 word description of your ministry, your address, postal code, phone and fax (if available) numbers. **Within a month I'll prepare a short newsletter and send copies to all respondents.** In the future we'll arrange a weekend celebration. I'm happy to offer this "in service" at no cost. So drop me a note or fax. Rev. Brian McCutcheon, c/o Synchronicity Magazine, Suite 720, 910 7th Avenue,

SW, Calgary, Alberta T2P 3N8; Tel: (403) 262-1344; Fax: (403) 261-0757.

**Rev. Prince Hirindra Singh** (Prescott, Arizona) announces the **formation of Sri Renaissance International, The Dawn of the New Millennium**. Sri Renaissance International is devoted to creating Unity within the Diversity of cultures and nations. The Dawn of the Sri Millennium is an awakening of the intuitive intelligence. This Divine Creative Feminine Power, Shakti Devi, is the key to restoring balance and harmony in society. We are dedicated to empowering an international network of world leaders, as well as our children, through the sacred and healing arts, science, mysticism and cross cultural knowledge on human behavior. For information on programs and Hirindra Singh's The Power of the Soul audio series write: Sri Renaissance International; P.O. Box 189; 1917 West 4th Avenue; Vancouver BC V6J1M7.

**Rev. Allyson Walsh** (Brooklandville, Maryland) offers a number of channeled events, light-trance readings, tarot readings and classes, and a Christmas open house at the Allyson Universal Ministry. Call Allyson at (410) 486-2074 for events in the Maryland area and to learn about Allyson's participation in writing a book for His Holiness, The Dalai Lama.!



**M/D Rev. Amari Magdalena** (The Institute for Shamanic Synthesis Coconut Creek FL; Atlanta GA) announces a **series of earth-based spirituality classes** beginning in December at the Kenley Metaphysical Center in Plantation, Florida. Graduates of the Institute will be offering classes in Atlanta in January 1997. Call (954) 772-3963 for Florida schedules; (770) 936-9451 for Atlanta schedules. For private healing sessions or soul retrievals, leave a message on either phone. Amari is also making custom Medicine Shields to support the energies of the individual in carrying out their "mission" (life purpose).

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## TRANSITIONS

**Jim Bralley** (Atlanta GA), husband of Rev. Rusty Bralley, made his transition quite suddenly as his family gathered at a resort in South Carolina for an early celebration of their 50th wedding anniversary August 18th. Rusty was able to attend the 20th Anniversary celebration and is coping with her loss, but can always use our support.

**Rev. Ruth Marsh** (Orlando FL) made her transition on September 23rd. Jeni visited with Ruth before her death, planned and conducted the memorial, and stayed to comfort Ruth's family. Ruth gifted much of her time in volunteerism including Head Start, the Veteran's Hospital and Women's Political Action Committee. When her health prevented her from working with children, she wrote children's stories. In her 50's Ruth returned to school to earn a degree. Asked if she had any regrets about her life, Ruth said it was that she never made it to a UB Conference. Assuring her that she would be at the 20th Anniversary conference in Jeni's heart, Jeni shared Ruth's words in Colorado:



## Cont'd Transitions

"Life is about learning to balance: balancing the female and male; balancing humans and animals (Ruth loved animals); the balance of light and love with all the rest of things going on in your life."

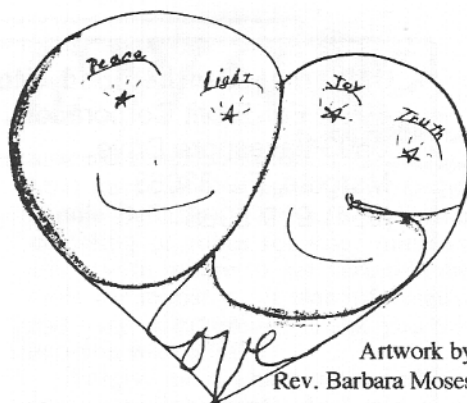
The family of **Rev. Jeffrey White** (Chatham MA) advised us that Jeffrey passed on because of aids this summer. Jeffrey was ordained December 4, 1994.

### HEALTH BILL ALERT

**Rev. Michael S. Jasionis** (Washington D.C.) wants Ubers to be aware of a rider on the **Health Insurance Bill**: This Awareness indicates there is that which may be termed good news and bad news, depending on how you look at things.

This Awareness indicates that there was recently passed through the House and Senate what is termed a "Health Insurance Bill." The Health Insurance Bill passage was hailed as a great victory, but it contained what is termed a 'rider'; a small amount of information that was passed quietly, without fanfare, without much attention, that undid everything entities worked for several years ago when they voted through a Bill giving permission for the masses **to have and use vitamins and herbs as alternative health products without the FDA interfering**. This Awareness indicates that this rider was not an FDA program, but from the World Health Organization Codex program, which is a program that regulates the medical rights, in this case **preventing the use of herbs, and vitamins as food supplements, and making it so that when it takes effect, entities will need to have prescriptions even to use vitamins, such as Vitamin C, and herbs for their health needs.**

This Awareness indicates it has effectively gone through the process and will have its adverse effect on the alternative health approach which has been growing with great speed and acceptance by the American society. This Awareness indicates that this is indeed bad news for the alternative health business. It can and will likely cause the eventual closure of health food stores across the country. This has already occurred in Norway, whereas over half the health food stores have closed after this law was passed in Norway.



Artwork by  
Rev. Barbara Moses

**"Love inspires us to find time to serve, to help, and to lighten the loads of others."**

William A. Ward



### HERBAL LEGEND by Rev. Theresa Rogers-Green

**HERBAL LEGEND of North America gifts very woman with BLACK COHOSH**, a natural, effective hormone balancer, that promotes estrogen production. Clinically proven to be as effective as Estrogen Replacement Therapy in reducing menopausal symptoms such as hot flashes, sleep disturbances, irritability, headaches, joint pain, water retention, hysteria, fatigue.

**CIMICIFUGA RACEMOSA**, native in the U.S., was brought to Europe in 1860, developed and approved in Germany, introduced throughout Europe/Australia, now being reintroduced in the U.S. as Remifemin.

This woods herb supplies estrogenic sterols, glycosides and a host of micro nutrients that help produce hormones. The root being phytosterol rich, we find carotene, chromium and selenium. An interesting study compared the effects of synthetic estrogen to Black Cohosh noting that Cohosh outperformed both Valium and Premarin in relieving depressive moods and anxiety.

This superb pain reliever, tonifies and strengthens pelvic muscles, relieves menstrual pain and irregularity, balances nerves, alleviates breast tenderness/soreness, treats incontinence, aids during last 2 weeks of pregnancy, increases energy, relieves angina pain, strengthens digestion, relieves arthritis/rheumatism, auditory tinnitus and some forms of vertigo, infertility, cholesterol regulation, lowers high blood pressure and excels for convulsions/spasms.

When bone tired uplift with **BLACK COHOSH**...optimize feminine health and vitality naturally with the herb of potency and courage.

**Rev. Theresa Rogers-Green**, Herbalist, is a lecturer, grower, writer, researcher of herbal histories in ethnobotanical cultures...owner of THE HERB GARDEN...marketing historically correct botanical products...Tinctures, Flower Essences, Gem Elixirs, Colloidal Silver, Essiac, Catalog available.

Contact her at: RR1 Box 343C, Elk Creek, VA 24326 or call (540) 655-4038.



Universal Brotherhood Movement, Inc.  
A Not-For-Profit Corporation  
6503 Lakeshore Drive  
Margate, FL 33063  
(954) 979-5988



1996



**LET ME FIRST SAY A GIANT  
THANK YOU TO REV. AMARI  
MAGDALENA FOR PRODUCING  
THIS NEWSLETTER! (STANDING  
OVATION!)Thankyou,Amari!!!!!!!**

I would also like to thank everyone for all the wonderful notes you send me. Know that each one is taken to the heart. I also wanted to remind you, if you send me a passport size photo of your beautiful face, **I can make your dues card into a photo ID.** Also, if you haven't noticed by now, the UB office now has a designated FAX line. **The new FAX # is: (954) 979-3070.** **THANK YOU EVERYONE FOR ALL THE NEWSLETTER ITEMS. DUE TO THIS ISSUE BEING SO PACKED WE WERE FORCED TO EDIT DOWN SOME ARTICLES. PLEASE KEEP YOUR ITEMS TO ONE PAGE & WE WON'T HAVE TO EDIT IT SO MUCH** *Articles for the next issue are due by January 15. Thank you!*

**To contact the Founders Rick and Jeni Prigmore directly: 3735 Scotts Mill Run, Duluth, GA 30136, (770) 242-1948 - FAX #: (770) 242-1983. All UB applications, newsletter items and administrative business, goes to the office in Margate, Florida. Thanks!**

## MOVING?

*Please be sure to let us know. Fill out and send to:  
6503 Lakeshore Dr., Margate, FL 33063*

NAME: \_\_\_\_\_

NEW ADDRESS: \_\_\_\_\_

\_\_\_\_\_ APT. \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_

ZIP CODE: \_\_\_\_\_ PHONE: \_\_\_\_\_

FAX # \_\_\_\_\_

### UB'S ANNUAL DUES

are due on the  
anniversary of your  
ordination. They are:



DAYS  
TO  
REMEMBER

Within the United States, \$30 per year, per person. Two people at the same address are \$50 a year for both. Outside of the US, due to higher mailing costs, the dues per year are \$45 per person. \$80 for two people at the same address. Dues should be mailed by the end of your ordination month to the business office at: 6503 Lakeshore Dr., Margate, FL 33063. If there is a problem or you can't pay your dues please contact Julie Paul at the office at: (954) 979-5988 or fax her at: (954) 979-3070. We will always work something out but I won't know there is a problem unless you communicate with me! Thank you for all you each do in your ministry and for all you contribute to UB.

