



Inside this issue of UB GoodNews:	
Founders' Pages	1-2
<i>From Our President: Welcome to 2017</i>	3-7
<i>From Our Vice President: Use Your GPS</i>	8
<i>I and My Self Agree by Rev. Bill Wishart</i>	9
<i>Glimpses of Winter by Rev. Dr. Jeni Prigmore</i>	9
<i>A Star by Rev. Grover Cleveland</i>	10
<i>Healing From the Trauma of Racism by Rev. Dr. Roberto Schiraldi</i>	11-13
<i>UB Minister Directory</i>	13 & 34
<i>Blessings from Rev. Fairy Godmother by Rev. Diana Atenco</i>	14-15
<i>Article Submission Information</i>	15 & 31
<i>Programs by Rev. Rose Sangregorio</i>	16-17
<i>Where Do I Belong by Rev. Este L. Erez</i>	17
<i>Daughter on Loan by Rev. May Hutchison</i>	18
<i>Love Notes by Rev. Rosemary Cathcart</i>	19-26
SPECIAL SECTION: Important Information & Resources For Your Ministry	27-35
Before Officiating A Wedding	28-29
UB Wedding Officiant Checklist	30
UB Contact Information	31
To Submit An Article	31
NEW! Business Card Ads	32
NEW! UB's Facebook Page	33
UB Minister Directory	34
Exploring Our Website	34
Your Contact Information	35

Winter Night

by Rev. Dr. Jeni Prigmore

Naked trees
 Etch themselves across the cold,
 Grey-blue
 Winter night sky.

Grieve not the absence
 Of leaves;

Rather, soften your gaze
 To include
 The crystalline purity
 Of the stars
 Among the branches—
 Like
 Forgotten
 Christmas ornaments.





UB Founders Rev. Drs. Jeni and Rick Prigmore

Around Every Corner

by Rev. Dr. Rick Prigmore

***Around every corner Life unfolds new vistas,
new experiences, new challenges.***

***Around every corner Life introduces new Friends, new Neighbors,
New Possibilities.***

Around every corner is a new chapter in the Game of Life.

***Some chapters are exciting, some appear dull and wearisome, some
bring sorrow and grief.***

***We have the divine ability to choose our response to each situation, be
it positive or negative.***

Positive feels so much better, so it is always my first choice.

It's healthier too, as caregivers will attest.

***So approach every corner with JOYful Anticipation
and view each one as a New Dawn.***



WELCOME TO 2017

A Number 1 Universal Year

*by Rev. Rosemary Cathcart
UB President*

*"Each day is a new beginning
another chance
to learn more about ourselves,
to care more about others,
to laugh more than we did,
to accomplish more than we thought we could,
to be more than we were before."
~Unknown*

This quote that I use at the start of the Numerology article for each New Year offers us all an opportunity to be more. Not in terms of finances or worldly stature, but in terms of our "deep internal being—ness." It's an invitation to our internal place of "right action," heart connections and moral integrity; the "God Place" we sometimes lose access to.

Life has brought us to a brand new gateway with the start of 2017 and the beginning of a new 9-year cycle of life. We live in numerological cycles of $1 + 9 + 0$, which makes up the entire spectrum of numbers, no matter where you live or what language you speak. The year we've just wrapped up, 2016, added up to a Universal # 9 Year, a year of endings, so now we all get the chance to begin again and start the process of what we can only hope will be a time of increased wisdom, growth and equanimity laced with compassion and kindness.

The study of numerology began when life began, because "in the beginning was 1." The vibrations then began and # 2 appeared – creating the first pair – and ushered in the real beginning of "Universal Geometry."

According to "The Secrets of Numbers" by Vera Scott Johnson and Thomas Wommack, published in 1973: "Reference to numbers as metaphysical abstractions can be found in every ancient civilization known to man. Egyptian hieroglyphics date back to 3100 B.C. Numbers were used by the Chaldeans, Phoenicians, Chinese, Hindus, Hebrews, and early Christians. The rituals and writings of all the world's major and minor spiritual and religious movements have used the abstract symbology of numbers. The Bible is a prime example, with its references to numerological symbology, including the Trinity and the entire book of Revelation, which is a feast for numerical and Numerological symbolists."

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Numbers, by themselves, represent “Universal Principles” through which all things evolve and continue to grow in cyclic fashion. The study of “Esoteric Numerology” is the art and science of understanding the spiritual significance and orderly progression of all manifestation. Every word or name vibrates to a number and every number has its own inner meaning. The letter and number code, when rightly understood and applied, brings us into a direct and close relationship with the underlying intelligence of the Universe.

As we move from a # 9 Universal Year vibration ($2 + 0 + 1 + 6 = 9$) ruled by the Planet Vulcan*, into a # 1 Universal Year vibration ($2 + 0 + 1 + 7 = 10$ and reduces to a 1) ruled by the Sun, a bit of help and preparation might be in order for all of us.

*My first serious numerology teacher, M. Carroll Owen, former Director of the American Numerologist's Association, absolutely believed there was a Planet Vulcan. I am not about to argue with her at this point, whether she's on this plane or in the realm of Spirit.

We are meant to live in a specific, sequential order of things. The idea being, of course, that we learn, mature and gather skills and wisdom all along the way. At least that's the “theory” of sequential growth. We can only hope it's true and individually do our part to grow into compassionate, open-minded people.

Each number is like a two-sided coin, representing both positive and negative attributes of the same concept. Although there are no “good” or “bad,” “lucky” or “unlucky” numbers, we do need to choose to consciously express the highest and the best in every situation, no matter which number we're expressing in any given year.

The higher octave of the # 1 represents: independence, leadership, courage, creativity, originality, altruism, ambition and activity. The lower octave of the # 1 leans more toward an ego-driven, arrogant, self-centered, unstable, dependent and bullying expression.

As we all approach this new 9-year cycle of life, starting in this # 1 year, how will you choose to make your mark in the world?



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Let's take a look at the meaning of each number and then demonstrate how to find your **Personal Number** for 2017.

Destiny	Personality	Key Impressions	Ruling Planet
#1	The Pioneer	Leadership/Independence	Sun
#2	The Helpmate	Understanding/Adjustment	Moon
#3	The Artist	Expression/Communication	Mercury
#4	The Builder	Discipline/Organization	Earth
#5	The Adventurer	Freedom/Movement	Mars
#6	The Harmonizer	Responsibility/Healing	Venus
#7	The Mystic	Analysis/Solitude	Saturn
#8	The Executive	Abundance/Power	Jupiter
#9	Metaphysician	Compassion/Universality	Vulcan

To find your Personal Number for the year, add your day of birth and month of birth only to the Universal Year # 1.

For example:

A May 4 birthday looks like: $5 + 4 = 9 + 1 = 10$ and reduces to a # 1
(May 4) $5 + 4 = 9 + 1 = 10$ and reduces to a # 1....The Pioneer
(Sept. 1) $9 + 1 = 10$ and reduces to a $1 + 1 =$ a # 2....The Helpmate
(Feb. 27) $2 + 27 = 11 + 1 = 12$ and reduces to a # 3....The Artist
(July 7) $7 + 5 = 12 + 1 = 13$ and reduces to a # 4....The Builder
(April 27) $4 + 27 = 13 + 1 = 14$ and reduces to a # 5....The Adventurer
(Oct. 4) $10 + 4 = 14$ and reduces to a $5 + 1 =$ a # 6....The Harmonizer
(April 2) $4 + 2 = 6 + 1 =$ a # 7....The Mystic
(March 31) $3 + 31 = 7 + 1 =$ a # 8....The Executive
(Jan. 16) $1 + 16 = 17$ and reduces to an $8 + 1 =$ a # 9....The Metaphysician

To discover your Personal Number for 2017:

Take the value of your month of birth _____ + day of birth _____ + 1 = _____
Your Personal Number for this new year!

With the Sun as its ruler, the # 1 Universal Year offers us all the attributes of that brilliant shining Light that allows our Planet to survive and thrive. Fall into the shadows, and things can quickly become murky and distorted. Remain in the clear light, and you will enjoy all of the empowerment of new beginnings, new opportunities and flashes of sudden insight.

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In terms of what this looks like for **Universal Brotherhood Movement, Inc.** we were “incorporated – i.e., created/came into being legally” on August 16, 1976 in Florida. As an organization, our numbers for 2017 look like this:

(Aug. 16) $8 + 16 = 24 + 1 = 25$ and reduces to a # 7... The Mystic. The # 7 is tricky since it's ruled by the Planet Saturn which requires scrupulous attention to every detail – once that is practiced diligently and mastered, The Mystic can then emerge with all of its power and magic on full display. With the # 7 governing our organization and growth throughout 2017, we have our work cut out for us indeed, but at the same time, incredible growth can be achieved.

There is a prayer, known as the Gayatri, that allows us to connect directly with the Sun. Outdoors, while reciting the Gayatri, visualize the Sun's rays streaming forth into the world, entering your heart, then streaming out from your heart's center and back into the world. With arms outstretched, and your face toward the Sun, recite the *Gayatri* :

*“You who are the source of all power,
Whose rays illuminate the world,
Illuminate also my heart
So that it too can do Your work.”*

With each recitation of the Gayatri, you will increase your life force vibration and contribute to the wholeness of our World.

Here's a brief rundown of what to expect in your Personal Year:

#1. NEW BEGINNINGS – The start of a new 9-Year cycle of life, keep your ego in check, be kind and “go for it!”

#2. YOU'VE COME TO LEARN – People will look to you for help and direction, keep your personal boundaries intact.

#3. COMMUNICATION IS KEY – You can move mountains this year and whatever you ask of the Angelic realm they are honor bound to give you so be very careful of your thoughts and speech. Aim high!

#4. HALF OF AN 8-YEAR – A building year, so get organized and be disciplined and practical. Surround yourself with green.

#5. MOVEMENT, CHANGE, ACTIVITY AND SEXUALITY – You've got lots of Mars energy in your corner all year long. What do you want to do?

#6. HARMONY AND INNER HEALING – Your healing must come from within as you learn to love yourself with a new degree of personal responsibility and balance.

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#7. THE MYSTIC, SILENCE AND REFLECTION – These are the keys to your growth now. Go within, get a lot more rest and quiet time to process.

#8. ABUNDANCE, POWER AND ESP – Will all open up for you this year. Wear garnets and surround yourself with the color deep red.

#9. UNIVERSAL CONSCIOUSNESS AND ENDINGS – Endings in work, relationships, personal ideas, etc. A superb year to open more deeply to your own higher consciousness.

Also of interest: on January 28, 2017 until early 2018 we will be in the Chinese Year of the Fire Rooster. Strongly principled and single-minded, this diligent and intense Fire Rooster is bound to do some loud (and possibly annoying) crowing....aka, “cock-a-doodle-do-ing.” All in their pursuit of “right action,” heart connections and moral integrity.

2017 is presenting us all with another opportunity to grow in depth and wisdom as we endeavor to “create our own vision of Heaven here on Earth.” Many # 1’s from the past, including Martin Luther King, Jr., Billy Graham, and yes, even Walt Disney, inspire us from beyond and encourage us to find our own highest and best sense of direction and values.

Do the best you can, and if you notice yourself slipping or becoming someone you don’t really like, remember that “the art of becoming” is a lifetime commitment. Then make the necessary adjustments.

Pray, meditate, spend time outside in Nature every chance you get. Turn off the TV, listen to classical music instead of CNN or Fox News. Your nervous system will thank you and you’ll actually sleep better at night.

Here’s a special quote from Marianne Williamson:

“Love is what we are born with.
Fear is what we learned here.
The spiritual journey is the unlearning of fear and prejudices
and the acceptance of love back into our hearts.”

New Year’s blessings to you and to all those you hold dear,

Rosemary

January 4, 2017





Use Your GPS

*by Rev. Kelly Graham
UB Vice President*

A lot of us use GPS nowadays to help us find our way when driving. I was a late adopter.

I tend to be kind of old-fashioned in a lot of ways. And kind of a control freak. I generally would rather rely on my own brain, my own memory, a paper map, etc., rather than some technology that may or may not work, and may or may not be right. And the idea of some little device telling me what to do.....ah, sends me right back to my two-year-old self.

The turning point for me came after a vacation trip to another state. I hadn't been there in, oh, 15 years or so, but I was absolutely certain I knew where to go and how to get there. And we did get there, albeit with a little trial and error along the way.

For my birthday, my darling husband gave me a TomTom GPS unit. *Sigh*

Shortly thereafter I visited a client at her home. It happened to be a town where I had never been, and it's renowned for its twisty, windy, makes-no-sense-at-all roads. The TomTom took me directly to my client's home, and thus I became a believer in GPS. On our most recent vacation trip, we made use of the GPS built in to the car; our old friend TomTom; another GPS unit, a Garmin; and two different GPS services on our phones. (I was a late adopter, but I have become a big believer!)

The thing I really appreciate about GPS is the opportunity for recalibration. If I'm supposed to turn left but miss the turn, it takes that wonderful technology just a couple of seconds to see the whole picture and offer an alternate route that still gets me where I want to go. It's almost like magic. I am, from time to time, truly amazed by it. I can still get to my destination, even if I make a mistake.

So here's the point: if there is something you want, or somewhere you want to go; if you have a goal, a plan, an intention; and somehow you make a wrong turn or miss an exit, you can still get there. You have a GPS you can use. You can access "God's Plan for Situations" and recalibrate, any time you wish. Or call it your "Gut Plan Sensor," if you want. Either way, this internal GPS always gives you the direction you need.

To activate your internal GPS, take a few minutes to sit quietly with the question, whatever question you have. Ask your GPS which direction to go. If your GPS is God's Plan for Situations, say a prayer, and wait, open to the answer you will receive. If your GPS is a Gut Plan Sensor, try placing your hands flat on your solar plexus, close your eyes and picture yourself in your current situation, and wait to feel a twinge of recognition of the right direction. I promise you, it will come.

We all have a GPS that is recalibrating for us constantly, and our challenge is to find it and listen to it. It's in there.

Wunderlich Senior Vice President Kelly Graham has worked in the financial field for more than 30 years. She is honored to have been ordained by both President Rosemary Cathcart and Founders Rick and Jeni Prigmore. Reach her at getcommonsense@yahoo.com



I and My Self Agree

by Rev. Bill Wishart

I (ego) and My Self (higher Self, the Divine of me) agree. When the two are in sync (agreement) life is effortless. As it should be. In the Garden of Eden on earth, I found the statement above the key to effortless living.

1. When you agree with Life (the laws of the Universe) Life can be effortless.
2. We believe in error most of the time and push against life.
3. We spend more time looking at others and how they do it than we do looking inside to "Life" to get the real answers.
4. We get caught up in what others think of us instead of thinking.
5. Meditation brings life-giving answers; all the rest is guesswork at best.
6. I and My Higher Self agree that agreement is only met in the mind; the one intelligence in back of all Life is Life.
7. That Intelligence is Mind. It is your mind right now.
8. Why not contact it and let go of the idle chatter that is going on right now. Where you ask? In your head
9. Belief and persistence brings results. Personalizes results.
10. Of course, if your life is effortless, you're doing this already. —



Rev. Wishart resides in South Florida where he writes his column "Just You."

Glimpses of Winter

By: Rev. Dr. Jeni Prigmore

Glimpses of winter
Alive in my heart
How can these memories fade?

Sparkling images here
Brightening my thoughts with their aid.

Here where I now live,
We have moments in winter
Sometimes days

Not long, cherished views out the window.

I cherish the memories
Of sled rides down a rolling hill
Mother cheering us on...

Children and laughter
Heart meeting vistas
Of white, oh so bright
In our faces.

Hold the winter close for these clear,
cold moments....
Soon enough they will melt into images
Vaguely remembered.



A Star

by Minister/Director Rev. Grover Cleveland

**A small distant Star,
a tiny diamond chip
in a vast onyx sky,
sings its faraway
silent, silvery song.
I feel its refrain singing
in my trembling heart
until, suddenly, every
star in the night sky
picks up the sweet
celestial strain.
The stars echo its
chords throughout
the listening Universe,
singing with the Star
and with my heart:
“Halleluia! Halleluia!
Halleluia! Halleluia!”**

M/D Grover Cleveland resides in Vermont



Healing From the Trauma of Racism

by Rev. Dr. Roberto Schiraldi

Conceptualizing the experience of racism survivors through the prism of trauma survival can be helpful in addressing multicultural counseling and racial justice work. An important element in helping our marginalized clients to heal from inner-generational and current racial trauma lies in understanding accurate history of the values that founded this country. Native Americans and slaves being viewed as savages, sub-human, and property is the antecedent to how marginalized groups, especially African American, are still treated. So understanding and acknowledging what I see as the real history of America can be an important tool for counselors to aid in the healing of their clients from marginalized backgrounds.

As any trauma worker knows, there is no freedom and no healing without first acknowledging the truth of the traumatic experiences that happened and in some cases continue to happen. Applied to race, there is only the façade of “post-racial.” Trauma survivors would be crazy to accept (and perhaps only in the future, after extensive work with rage, deep grief, fear, compassion and self-care), forgive or possibly trust a perpetrator without first receiving sincere acknowledgement of what occurred, followed by consistently demonstrated behavior change over a long, long time. Given the continual murders, incarcerations, and other injustices and disparities, it is our responsibility as counselors to help our clients, who are racial trauma survivors, to explore these realities, if they are to have a fair chance at healing and navigating this often harsh society.

Why would a black person trust a white counselor (or professor) who doesn’t acknowledge the view of the value system that founded this country (and still runs it) — that is, Manifest Destiny, white supremacy, white heterosexual male privilege, superiority, success, competition to be #1 at all costs no matter who or what you need to step over to get there, power, wealth, control, elitism, entitlement — continues to keep all marginalized groups down? Many white people, of course, don’t live by those values. But it is my observation that all too often, those in power do.

Conversely, there is much more likelihood that African American clients and clients from other marginalized groups will be drawn to counselors who are comfortable in discussing these issues. Demonstrating this comfort wonderfully benefits the white counselor in more fully gaining the respect, trust and confidence of their clients from marginalized populations. To address “cultural competency,” we have to start with the question of why it’s even necessary; i.e., the root cause, the value system, fear not love. If we don’t address the unhealthy values, nothing changes, and the poison continues to permeate individuals and society, even with the best intentions.

On-going training, familiarity and comfort with discussing such concepts as intersectionality theory, white privilege/white supremacy, microaggressions, and broaching are essential for counselors to feel confident in their ability to provide a safe and welcoming counseling

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environment for their clients who come from different backgrounds. Let's look at each of these: *intersectionality theory* examines the many ways individuals can have privilege or lack thereof; i.e., race, class, gender, sexual orientation, disabilities. Many experience more than one of these realities simultaneously, and experience the resulting consequences. *White privilege* and *white supremacy* theories look at power differences based on skin color; something that can benefit some and hinder others. *Microaggressions* are usually unconscious and unintended hurtful treatment of others who are perceived as different. And *broaching* explores the characteristics, attitudes and behaviors involved in helping us feel more comfortable in addressing racial differences with our colleagues and our clients.

It is no coincidence that when it comes to proposing the need for increased multicultural counseling and training about the aforementioned topics, the discussion is often divided clearly along racial lines. In my experience, white folks often are afraid and defensive when it comes to acknowledging our country's painful history and our own privilege. One concern I have heard often voiced is, "where does it stop?" Other thoughts are "will we continually be forced to bring up past racial injustice? Can't we move beyond this?" To me, the reply is "we continue as long as it takes." No other group is close to being murdered and incarcerated at the rate of African Americans, other than Native Americans. I believe this will not change until we first acknowledge our history and commit ourselves to continual learning, self-exploration and justice.

A related point: many years ago when I worked at Temple University, in preparation for possibly being forced to use the Department for Medicaid Services (DMS), the ques-

tion we wrestled with was, "are there really disorders?" In retrospect, I understand this was a paternalistic, white-heterosexual-male-privilege label. I wonder now is it more accurately a "disordered society" to which we humans are merely reacting or adjusting our reactions? This is similar to the concept of the "Addictive Society" which Anne Wilson Shaef talked about in her seminal book, in which addicts are described as "scapegoats" for a dysfunctional society.

My observation is that most African Americans and other people of color know intuitively about the aforementioned disparities of treatment and history. It's in their DNA, passed on through generations. In my view, white folks have to be taught this concept, since because of our privilege we don't have to be aware of it.

This is such a vital issue for us as healers and advocates for our clients. It is not about guilt or blame. We have all been hurt. We have all hurt others. We cannot try to understand another unless we have walked in their shoes. And we, as counselors, especially those of us who identify as white counselors, have rarely had enough training and experience in addressing these issues. It is difficult and often messy work, which requires courage, compassion, integrity and perseverance. We will not do it perfectly. We can however, do our best to continue to uncover our own unconscious biases and privilege and keep learning and growing from our mistakes.

This is also about acknowledging and taking responsibility to work for change. We need to be change advocates. Again, anyone who has been traumatized needs to acknowledge what happened for healing to begin. Denial will only keep us stuck. Having worked with individuals with addictions, sexual assault/trauma survivors, victims of homophobia, sexism,

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ageism, ableism and racism my whole career, it is clear to me that we healers and educators need lots more training in how to best support ourselves and our clients to effectively address these issues. This is not just one course; this needs to be a life-long commitment to self-exploration and learning.



Remembering this concept as true, and not minimizing or denying it, know that “All Life Is Sacred, We Are All Related, and We Are All One!” Let the healing begin.

Rev. Dr. Roberto Schiraldi resides in New Jersey.



UB Minister Directory

Universal Brotherhood Movement, Inc, has a wonderful “tool” for all UB ministers located right on our website, www.universalbrotherhood.org

In this Minister Directory you will find ministers who have requested a listing, and you can request inclusion on this list too.

If you would like to be added, please know that you must be an active member; you must include a link to your website; and you must have a privacy form on file with UB (available [here](#)). For privacy reasons we will not list phone numbers or email addresses in the directory. Please include a link back to UB on your site.

If you are interested in being included, please send a request to be included in the directory, and include your website address.

Please send your request (or questions) to Executive Director Robin Morini at robin.ubm@gmail.com.





Blessings From Rev. Fairy Godmother

by Rev. Diana Atenco

I WAS ORDAINED THROUGH UNIVERSAL BROTHERHOOD MOVEMENT, INC. IN DECEMBER 2013 & BEING A MINISTER OF THE UNIVERSAL BROTHERHOOD MOVEMENT HAS BEEN AN ADVENTURE FOR ME!

I was enrolled in the Spiritual Studies Program at Southwest Institute of Healing Arts in Tempe, Arizona. The study course was life-changing for me.

The Ordination was a beautiful ceremony and one I will never forget.

The world is a little topsy-turvy at times and being grounded as a minister allows me to help others, which to me is a privilege.

When we look at the world through our physical eyes we see things as we think they appear. However, when we turn our eyes inward and look deeply at our Spirit and Soul we see a glimpse of how we may or may not be distorting the view of the world in front of us by our limited beliefs. After looking inward, turn your eyes outward again and the world will look different and have a Divine glow as you observe through Divine Eyes.

It is all about perception, how we perceive the world to be. Meditation is one of the greatest tools we can use to balance and develop an intuitive sense about our world.

The brain can drift in a trance-like state to events that happened in our lives in the past. When we relive past experiences, our body does not know if the event is happening then or now, so it produces chemicals to match what the brain is thinking. If we are thinking of unhappy memories, many times we stay in a rut and depression is the result. By the same token, do not worry about the future that causes anxiety. I have found that MIRACLES are in the present moment, so train your brain to live in the NOW. One interesting thing is your body does not know the difference whether you are worrying about yourself or someone else. Become the observer of your thought and monitor what you are thinking.

From HEAD TO TOE: the mind is powerful and the toes hold the stories of our lives. I have been a TOE READER for nine years and it never ceases to amaze me how accurate the toes are at expressing a person's gifts and giving clues to issues that need to be released to move forward.

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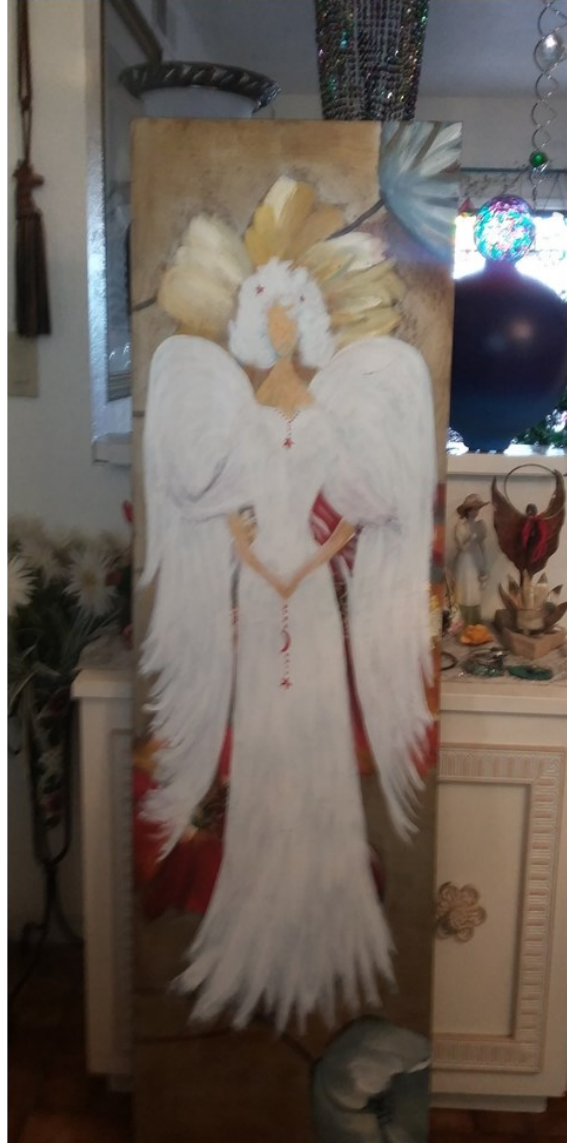
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Toe Reading was developed by the Founder of Southwest Institute of Healing Arts in Tempe, Arizona: KC Miller. She has written books on the subject and classes are offered at the college to learn this modality.

If you would like to find out some interesting things about your toes, I do readings online with a photo at www.revfairygodmother.com.

Another wonderful thing that came into my life last year: after going to an Angel Meditation, out of the blue I started painting Angels. I could only draw stick people with smiley faces before. I was so happy the gift came to me because I feel the world needs more Angels and I love art. To my surprise people wanted to buy my paintings, allowing me to paint more and more Angels. I would like to encourage everyone to follow the desires of the heart, as you never know where it will lead you. I would like to share some of my Angel Paintings with you and wish you a very happy and prosperous New Year.

*Rev. Diana Atenco resides in Arizona.
She can be reached through
www.revfairygodmother.com*



Rev. Diana's Angel Painting

ARTICLE SUBMISSIONS

**To submit an article for our newsletter:
Email your poetry, articles, recipes, blessings/prayers,
shared thoughts and ideas to:
robin.ubm@gmail.com**

You can also mail your articles to our office:

**Universal Brotherhood Movement, Inc.
P.O. Box 670278
Coral Springs, FL 33067**

Program Offerings from the Metaphysical Center of Canada

by Rose “Shuneaj” Sangregorio

Rev. Rose “Shuneaj” Sangregorio was ordained through Universal Brotherhood Movement, Inc. in November 1997. She is the founder and director of the Metaphysical Center of Canada Corporation.

Rose is an author, international speaker, holistic healer, teacher, and intuitive spiritual advisor. She has shared her gifts and teachings around the world in Canada, the United States, Hong Kong, the United Kingdom, Denmark, Ireland, India, and many more countries. Wherever she goes she is considered a pure and clear Conscious Channel; a skillful healer; as well as a dynamic and inspiring spiritual teacher.

She has developed her own special training programs and has the ability to receive and pass on spiritual information and healing, and to coach and guide people on their personal process in opening to their highest potential and consciousness. Through this they can connect to their own identity and source.

At the Metaphysical Center of Canada participants can purchase admission to join events in person, live online or receive the energy virtually. Rose books private sessions as well, and offers **Meditation Nights** that can be purchased either as a set of three or individually.

She also offers a two-part (lecture and medication) program, **Meet Rose “Shuneaj” – Channeling Evening Insight from the Masters**. Rose and the Spiritual Guidance that comes through at each lecture is based on group consciousness and the collective consciousness of the Earth and the Universe, so what will be covered in a lecture cannot be known ahead of time. Due to the dynamic nature in which spirit flows in the moment, Rose reports that healing will occur for anyone listening to the lecture and insights from the spiritual plane benefit everyone at all levels.

The second part of these evenings is a mediation. These meditations are brought through in the moment and are inspired by Spirit through Rose. The meditations connect participants at all levels of creation and heal any energies that would separate participants from their conscious connection at all levels of creation and to their own Source of the Divine.

Rose also offers have **Healing Nights or Healing Online** where upon registration, participants begin receiving energy to prepare you for the evening and you become part of the matrix that gets created for the transformation, healing and clearings.

Some attendees will be able to ask a question for Rose to assist to transform their and the group's energies. If those who are interested are out of town or cannot attend in person, they

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may register to join live online or virtually and receive all the energy transformations that are done. Everyone who has signed up will receive the energies of transformation and clearing even if they do not have the opportunity to ask a question directly of Rose.

There also is the opportunity to join one of Rose's pilgrimage trips, currently planned for Ireland. Participants can join a two-week journey of the land of magic and fairies.

Visit Rose online for more information or to purchase admittance for events:

www.metaphysicalcenterofcanada.com

Follow Rose on [Facebook](#)
(Rose "Shuneaj" Sangregorio,
Metaphysical Center of Canada),
Instagram (@metaphysicenterofcanada)
and [Twitter](#) (@shuneaj)



Where Do I Belong

**Driving to my house I feel
like I am an alien.**

**"I don't belong here," I think
to myself.**

**"Where do you belong?" I
question.**

**"I belong with God," comes
the answer.**

**"God is everywhere," the
thought follows. That
means that I belong every-
where...anywhere...**

**I'm not the human
but the human/divine that is
trying to find a place on
earth.**

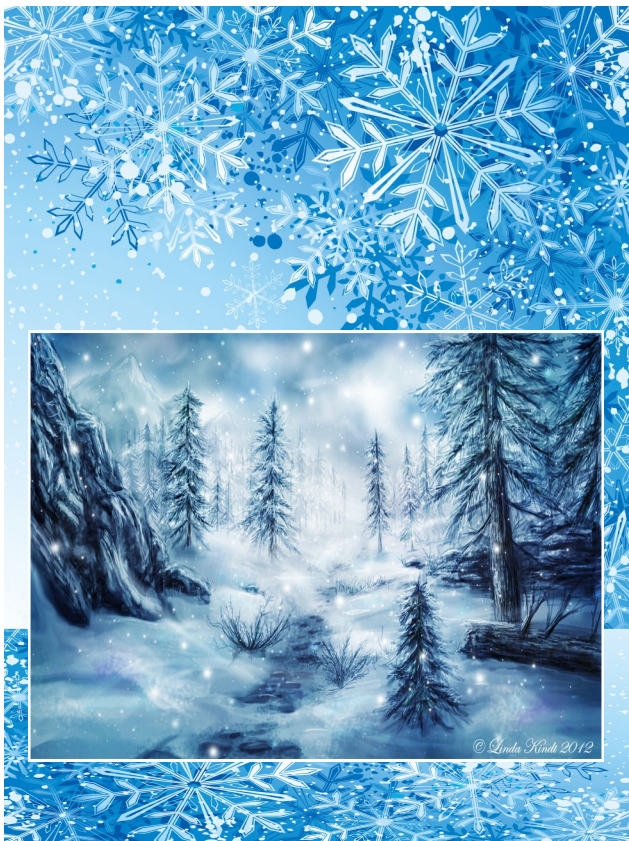
Rev. Este L. Erez

**Quantum Love Healing
Instant relief from emotional
triggers & blocks.**

"Love you back into You."

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954-254-9300





Love of a Daughter Once on Loan

by Rev. May Hutchison



November 29th, 2016, my beautiful daughter, Kristine Richardson Green, passed from this life. She was a bright and shining star bringing a smile filled with joy to all she encountered.

As a child she was somewhat rebellious. She hated school. She grew to marry and have two daughters, one of whom had special needs. This encouraged her to become a special needs student teacher assistant and then a child escort to special needs children. I was amazed. I bring it up because this was a major turning point in her life.

She knew no color; she knew no differences in people. Everyone was her friend; she was very free with her hugs and smiles. If you knew her, you would think you were number one in her book. She helped so many people turn their lives around, or helped them through the daily strife here on earth. I could go on and on. To know her was to love her. Today, as I write this, would have been her 49th birthday. I want to share something that came to me recently that I feel was definitely channeled information. Maybe it will help someone else.

When darkness invades your light and the light of your soul seems to burn out, KEEP WALKING! All things fade away to make room for the new. If we stop in the time of pain, that pain is all that is left for us in life. Feel the pain, embrace it, linger in it as long as necessary, but don't stop there. There is always another light waiting to shine. Another flame waiting to burn. If I were to stop after the pain of my daughter's death, I might as well have died with her. By carrying on, I will take her legacy as strength. Besides, she was an angel walking; now she has wings with which to fly.

As quoted from another source, "Our children do not come to us, they merely come through us. They are not our possessions, they are only on loan."

Thank You, Great Creator, for allowing us to experience Kristina for almost 49 years. My Love for her is always abundant.



Rev. May Hutchison
New Mexico



Love Notes ***From Our UB President*** ***Rev. Rosemary Cathcart***

Through out the year our UB President lovingly emails messages to each and every one of us. It has been a joy to read the loving replies of ministers who have enjoyed receiving her Love Notes. If you missed any, we've included a few in the following pages. You will find more Love Notes on our website: <http://universalbrotherhood.org/category/lovenotes/>



Hello ~ 2016



It's rather hard to believe, but it's time to bid 2015 farewell as we open ourselves to all of the possibilities and potential of the new year ahead ~ 2016!

A year from now I wonder who we all will be? We might just surprise ourselves!

What if we simply allowed ourselves to be enthusiastic at all of the possibilities just waiting to be discovered? What if we all had the courage to breathe our own brand of brilliance into a living, functioning form? What if we could all leave the past behind and only focus on the here and now as if our very lives depended upon it?

What if we all just agreed to have fun with our creativity and explored our highest potentials as we pretended no grown-up was watching or criticizing or belittling our efforts? What if we just lived a joyful, courageous, compassionate life that focused on goodness and right action inspired by truth?

What if every person cleaned up their own messes and acted as if love was the fuel that propelled their every thought, plan or action?

It's a lot to comprehend, but I believe we're up to it.

For me, I'm going to work at staying present as I continue to express deep gratitude for my life and the opportunity to live. I appreciate so deeply my life, my home, my loved ones and friends who are like family to me. I appreciate my sweet canine companion, Cayce and all she



Continued...

Love Notes From Our UB President Rev. Rosemary Cathcart

...Continued



teaches me and shares with me on a daily basis. I appreciate the opportunity to continue growing, changing, learning and exploring this thing called life. I appreciate my work and every client who finds their way to me.

And for our precious "beloveds" also known as Universal Brotherhood Ministers ~ thank you for demonstrating what dedication and perseverance look like every day. Thank you for continuing to maintain your commitment to your own personal ministry and to the original principles set forth by our Founders, Rick and Jeni Prigmore.

Although I have been a part of this esteemed organization since 1983, I remain humbled and gratified that I have the opportunity to serve as President. No one works alone, and I stand on the shoulders of every UB President that has gone before me, along with our entire Corporate Board. In the company of our outstanding Administrator, Robin Morini, we strive every day of the year to keep our foundation strong as we continue to branch out and grow year after year. We cannot do that without each and every member and your continuing contributions in terms of newsletter articles, inspiration, time and financial backing. You are, after all, the face of UB to the world.

I believe that love is all that has ever mattered. I also understand that what we focus on increases tenfold, so I will be working on my focus and the outreach of UB in the New Year. As we approach 365 days of new opportunities, I'll be focusing on love for myself so that I have more love for this wonderful organization known as Universal Brotherhood Movement, Inc.

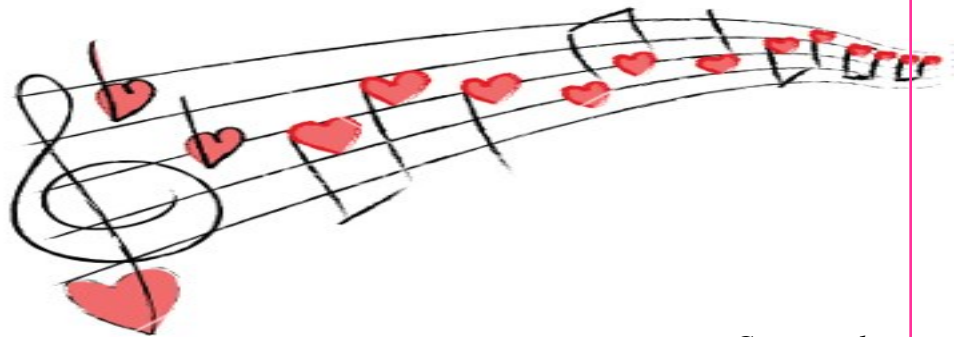
May your life in the coming New Year be a testimony to all that you have been and all that you hope to be in the future. You have the support and the encouragement of the entire Corporate Board behind you. I only know two things with my entire being: Divine Order always prevails and the best is yet to come!

And so it is!

Blessings and love to you and to all those you hold dear,

Rosemary

Rosemary Cathcart



Continued...

Love Notes From Our UB President Rev. Rosemary Cathcart

...Continued



Grace and Joy For Spring 2016

For many of us, Spring is already in the air, even though the Easter celebration is falling earlier than usual this year. No matter where you're located in this vast Universal Brotherhood network of Ministers, my hope for each of you is that you are able to worship with whomever you choose, in the manner that best represents your deep connection to God and the Divine Spirit. May you find yourself in the company of people you love and who hold you in a sense of respect, love and high esteem.

As you come together in prayer, please remember the enormous power of prayers that are shared and joyfully scattered. Imagine your prayerful sentiments being deliberately sent across the globe and being warmly received by people everywhere. As we intentionally widen our circle of love and influence, we become the living embodiment of the Christ spirit in action.

For all of our Ministers who celebrate Passover, let us also extend early Passover blessings to each of you and your families for a reverent and joyful celebration beginning this year on April 23rd. May your Seder table be alight with the warmth and commitment of loved ones and family alike. May each of your 8 days of celebration reveal to you a deeper sense of connection and belonging.

As I've said previously, to me these sacred and holy traditions are meant to encompass introspection, reflection and deep forgiveness—forgiveness toward others as well as for ourselves. I don't think it is an accident that the word forgiveness is mentioned 72 times in the New Testament. Are we being given a clue to the true means of attaining peace and wholeness? I believe so.

As always, I want you to know that you are being held in the Light by everyone on the Corporate Board of Universal Brotherhood, and by our Founders, Rick and Jeni Prigmore. You are a vital part of this wonderful organization and as such we extend to you the warm embrace of genuine affection and caring; I certainly hope you're sensing that now.

May Grace allow you to rise higher and higher during these most special and joyful celebrations of Easter and Passover.

Blessings to you and to all those you hold dear,

Rosemary

Continued...

Love Notes From Our UB President Rev. Rosemary Cathcart

...Continued



Labor Day 2016 ~ UB Is A “Labor of Love”

Monday, September 5, 2016 marks the 129th celebration of Labor Day as it was first introduced into the New York State legislature on February 21, 1887.

Throughout that year, three more states – Colorado, Massachusetts and New Jersey – also adopted similar legislation. 1890 saw Connecticut, Nebraska and Pennsylvania following suit. By 1894, 23 additional states and the District of Columbia had passed laws setting aside the first Monday in September as a day of recognition for the contribution of American workers.

Imagine, if you will, a creation of the labor movement, mobilizing the entire country to pay national tribute to the many contributions American workers were making to “the strength, prosperity, and well-being of our country?”

The faces of those workers may have changed in the past 100+ years, but let’s know that the spirit of their contribution has not. Americans, no matter what our cultural heritage or the color of our skin or the slant of our eyes, have always been “workers.” That magic combination of idealism, ingenuity, persistence and grit that when combined, create the essence of (to me, at least) what it means to be an American. We’re a spunky lot, and I’d like to think that we are still capable of fairness and “fair play” in a world that has become impersonal, fast-paced and driven by technology.

I find that in my life, the kinder and more accepting I am of people and situations, the kinder and more accepting the world is to me. It may seem fanciful, but it’s Universal Law in action. If I expect the best, that’s what I usually receive. Remember that one of the definitions of a Master is someone with an unlimited repertoire of responses, who is therefore never limited by narrow perspectives.

Gratitude fills me as I move about my day, acknowledging the American-made furniture that fills my home. I glance at the bricks in the fireplace, the lamps and draperies, noticing the wonderful products in my pantry and refrigerator that were planted, harvested and packaged by American workers. To me, that recognition and awareness is an important component of how I live my life and approach the world.

Continued....

Love Notes From Our UB President Rev. Rosemary Cathcart



.Continued

Our wonderful body of Universal Brotherhood Ministers, all “sparkling lights,” is comprised of people from many walks of life, all joining together to create one brilliant tapestry. The same, but just different “enough” to lend an air of originality. Boring is so easy and there is nothing “boring” about UB Ministers.

Universal Brotherhood has always been a “Labor of Love” to me. First as a Minister, then taking on more of a leadership role as a Minister Director in 1990. In 2006 I became Vice President of UB, and in 2013 I assumed the role as President of this esteemed organization. I would not have had the opportunity to continue growing and contributing had someone not expected “more” of me. Of course I’m talking about our Founders, Rick and Jeni Prigmore, who always encouraged me to keep growing.

Now it’s my turn to ask more of you, dear “sparkling lights” who comprise the membership of this wonderful organization. What talents, gifts, ingenuity, energy, time and vigor do you have to share with Universal Brotherhood? We are looking to expand our base of operations in the world and we need more dedicated people to help make that a reality. Dig deep into your heart and brain and decide how you can contribute realistically and regularly to this organization that does so much on the world stage. And if your day job is at all like mine, I count on UB as the organization that gives me the legal structure required to function as a minister in the world.

We (meaning the Corporate Board of UB) will be in touch, so put those “thinking caps” on and be ready when that call to service appears. Your talents are needed.

More than a 3-day holiday with lots of sales and plenty of partying, on this Labor Day, please take some time and pause to remember the shoulders on which this country was built and continues to operate. Millions of American workers help to give us all the best life possible, and I for one, am deeply grateful. I am very proud to be an American, and understand what a privilege that is. As such, I make a concerted effort daily to heal the divisions and fractures within myself in order to help contribute to a stronger sense of wholeness in my family, community and in our wonderful country.

Thank you to all of you who labor so diligently on our behalf, and enjoy a day of well-deserved rest on this 129th celebration of Labor Day.

Take Care & God Bless

Rosemary



Continued...

Love Notes From Our UB President Rev. Rosemary Cathcart

...Continued



Thanksgiving 2016!



Greetings and warm wishes to everyone on this Thanksgiving 2016!

On behalf of the entire Corporate Board of Universal Brotherhood (most especially our Founders, Rick and Jeni Prigmore), I'd like to extend warm, embracing wishes laced with gratitude and kindness to all of our esteemed Ministers and their families.

Life gets so busy these days, and time seems to just fly by for all of us; too much to do and too many demands can be stressful.

I'd like to invite all of us (me included) to take a slow deep breath as we sit around the table on Thursday, and see the love coming back to us from everyone at the table. Family, friends, co-workers; new friends and old alike all benefit from a heart-felt smile and a cheery word of ease. Then imagine those blessings extending out beyond your home and into your community, the state, the country and the entire Universe as well.

"There's a road that's made of memories that goes from heart to heart. A path that spans the time and many miles we've all been apart. There's a bridge of special feelings made of all the joys we share, and Thanksgiving is the perfect journey of warm thoughts from here to there." May your journey through this most special holiday be filled with love, laughter, happy moments and wonderful food.

With love and care to us all,

Rosemary

Continued...



Love Notes From Our UB President Rev. Rosemary Cathcart

...Continued



Merry Christmas and Happy Hanukkah ~ 2016



What a blessing to celebrate two such joyous and meaningful occasions so close together this year!

2016 has proven to be a topsy-turvy time for so many people, it seems to me that Spirit wanted to give us all reason to have more joy than ever as we usher out this year with as much light, love and joy as possible.

Celebrating the birth of the Christ Child on Christmas is as important to the Christian world as celebrating the rededication of the Holy Temple in Jerusalem is to the Jewish population.

Reflect for just a moment on the many miracles surrounding the birth of Jesus. Aid and comfort were given when none seemed available to a young couple heavy with impending birth. A brilliant light in the Heavens was able to guide wise men bearing treasured gifts, as simple peasants and their stock surrounded and nurtured in awe as the miracles unfolded.

In Jerusalem, a mighty war for right and justice was waged and won. Generally celebrated near the Winter Solstice, Hanukkah brings “God’s gift of light to the World” as the menorah is lit on each night of the celebration. Each subsequent candle rekindling the ancient mystery of how the Temple was purified and the wicks of the menorah burned for 8 days even though there was only enough sacred oil for one day’s lighting.

In each case, we witness the Light of the Divine shining brightly in the midst of courage, strength and the hope that something larger and more powerful than us is guiding the way. And I believe it always is.



Continued.....

Love Notes From Our UB President Rev. Rosemary Cathcart

...Continued



Whether you're celebrating Christmas on the 25th or lighting the menorah to celebrate Hanukkah December 24-January 1, 2017 ~ please do it with a loving and peaceful heart. Be aware and open to the many miracles present in your life right this minute and be receptive to even more in the coming year. They're all just waiting to manifest, if you're willing to receive.

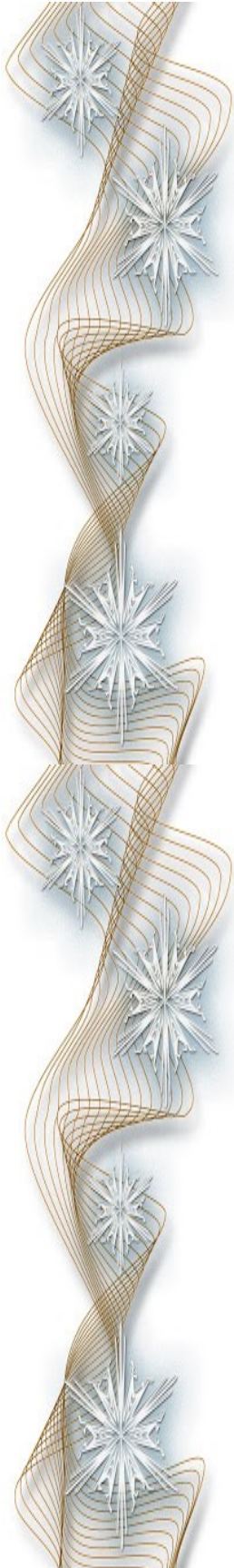
On behalf of the Universal Brotherhood Board of Directors, our Founders, Rick and Jeni Prigmore and our Executive Director, Robin Morini, may the blessings of this holiday season richly reward you for all of your good deeds and your willing hearts.

Blessings to you and to all those you hold dear,

Rosemary

Rosemary





SPECIAL SECTION

IMPORTANT INFORMATION & RESOURCES FOR YOUR MINISTRY

Before You Officiate A Wedding
Page 28-29

UB Wedding Officiant Checklist
Page 30

UB Contact Information
Page 31

To Submit An Article
Page 31

To Submit A Business Card Ad
Page 32

Universal Brotherhood On Facebook
Page 33

UB Minister Directory
Page 34

Exploring Our Website With:
Rev. Dr. Jeni Prigmore's *A Moment of OM*
President Rosemary Cathcart's *Love Notes*
and more!
Page 34



Your Contact Information:
Page 35

Information about your Ministry

Important Information concerning your ministry for Ministers ordained by Universal Brotherhood Movement, Inc.

It is your responsibility to inform yourself of all State, Federal and local laws that govern your ministry.

If there is a lapse in your yearly licensing fees to Universal Brotherhood Movement, Inc. (due during your ordination month) then you are no longer covered our legal “umbrella.” Therefore, you are not allowed to perform civil ceremonies and or any other service as an ordained minister.

Before you officiate a Wedding Ceremony

You are responsible for educating yourself and for following local laws and requirements in your area, for your particular practice. Some cities and states require you to register as a minister. It is your responsibility to check with local authorities before you perform any ceremony as an ordained minister to see what the requirements are for your area. In the USA you should contact the local “Clerk of the Court” for this information, and also research what the laws are in your area. These requirements may change between counties and it is your responsibility to insure that you are legally permitted to perform any ceremony before doing so. The best example of this is New York State, where if performing a ceremony in the five boroughs of New York City you must register before officiating a marriage ceremony. This requirement is not necessary any were else in the state that we know of at this time.

When performing wedding ceremonies, you are the one who must have the marriage certificate signed by witnesses, if required, and/or sign it yourself. This must be done on the wedding day. You are responsible for sending that certificate back within the required time, to the Clerk of Courts office/local licensing agency (all information should be on the license or call the local county before the wedding day to find out what is required of an officiant). Please check local laws as there may be a time period that this must be done within to prevent being fined or possibly being sentenced to prison. For example in North Carolina marriage licenses must be returned in ten (10) days to the issuing authority. If you do not meet this deadline then you will be required to pay a fine of \$200.00 and and shall also be guilty of a Class 1 misdemeanor (if convicted you will go to jail) [NC Statutes 51 — 7].

Before conducting a ceremony always remember to check the guidelines for that location were the ceremony will be conducted.

Continued....

Information about your Ministry

...Continued

Before you agree to officiate a wedding ceremony. Contact the Local Bureau/Clerk of Courts office as to whether you are required to register or present a minister's verification letter. In some states you can be fined up to \$1,000.00 and up to a year imprisonment for failure to follow certain regulations.

If you have any questions or would like a Minister's Verification Letter please call the office at 954-574-9904.

All states and localities have different requirements, so please check in advance.

General Information

If you are using your ordination to open a church, center, etc., you must let your clients know under what legal avenue they are coming to you. Example; on your business cards, brochures or advertisements, you must:

- **Indicate you are an ordained minister. This can be done in a number of ways; Rev. in front of your name, or Interfaith Minister under your name, or clergy or Ordained through Universal Brotherhood Movement, Inc. In short you must have some clear way of letting anyone know that this is how you are legally practicing.**
- **You must also obtain any business licenses and/or complete any filings that are necessary for the financial end (such as tax ID, etc). This depends on how you are going to classify your business, ie: nonprofit, not-for-profit or regular business.**
- **If you are unsure you can get information locally from your library, contact your local or state government licensing agency or consult an attorney or accountant.**

Remember, you are a professional. Most organizations provide a "Code of Ethics" which controls your moral and ethical standards. Universal Brotherhood Movement, Inc. honors your independent ministry. It is up to you to honor and protect the integrity of your ministry and Universal Brotherhood Movement. Inc.

Some resources that may be available in your area to help you start your business:

- **Service Core of Retired Executives (SCORE)**
- **Local entrepreneurial council**
- **Local economic development commission**
- **Local Small Business Administration**
- **Local Chamber of Commerce**
- **Local Community Colleges (may have small business centers)**
- **Your state departments of Labor and Commerce**
- **Local government councils**

**Please feel free to contact our office at 954-574-9904
if you have any questions.**

UB Wedding Officiant Checklist

Authorization to Perform Weddings

- ☐ Contact UB Executive Director Robin Morini to be sure your membership shows "current" on the UB books. Call 954-574-9904 or email robin.ubm@gmail.com (please be sure to put your name and OFFICIANT CREDENTIALS in the subject line)
- ☐ Do you have a current Universal Brotherhood Movement, Inc. ID card?
- ☐ Do you need a verification letter from UB for the state?
- ☐ Do you need to complete an application with the state / county / city in order to perform weddings? (check with all three)

Wedding License

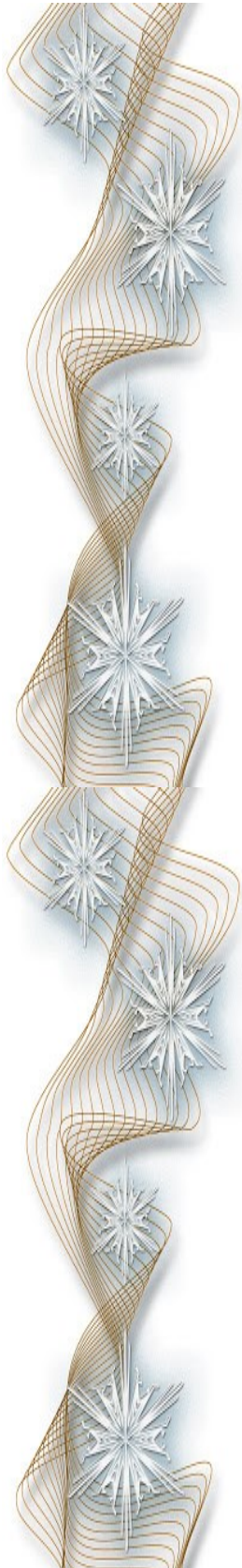
- ☐ Contact the county official who oversees wedding regulations and go over the process for properly completing and returning the license. ASK all the details: time frame to return the license; whether or not a return envelope is provided; if witnesses are necessary, and if so, how many; etc.
- ☐ If no envelope is provided to mail the license, prepare your own envelope with the correct address
- ☐ Do you have: a pen to sign the license? Stamps to mail the license on the way home? A folder to hold the paperwork and instructions?
- ☐ BEFORE THE WEDDING: When the couple receive their license it will be accompanied by a list of instructions and directions for the officiant. Go over this list several times to be sure all three of you are clear about what is required
- ☐ AT THE WEDDING: Immediately upon arrival, locate whomever has the paperwork and place it in your folder
- ☐ AT THE WEDDING: As soon as you have the paperwork, find out who is designated to sign the license and tell them you will need them for five minutes immediately following the ceremony
- ☐ FOLLOWING THE WEDDING: drop the license in the mail on your way home

Ceremony / Local Custom

- ☐ Do you have a ceremony book to help you guide the couple?
- ☐ Have you investigated typical wedding services offered and prices charged in your area?
- ☐ Have you considered including a reminder to silence cell phones before the ceremony?
- ☐ Check with the couple to be sure you are pronouncing names correctly

Personal Preparation

- ☐ If you have seasonal allergies, bringing your allergy medicine might be a good idea
- ☐ A notepad and pen (sounds simple, but so easy to forget!)
- ☐ Stamps to mail the license
- ☐ Reading glasses, if you need them
- ☐ Emergency preparation: a couple of Band-Aids, a small sewing kit, a safety pin or two, floss, breath mints, a protein bar and a bottle of water



CONTACT INFORMATION

Universal Brotherhood Movement, Inc.

P.O. Box 670278
Coral Springs, FL 33067

Phone: 954-574-9904

www.universalbrotherhood.org

Rev. Robin Morini:
Executive Director
robin.ubm@gmail.com

Rev. Rosemary Cathcart
President
UBPresidentRMC@gmail.com

ARTICLE SUBMISSIONS

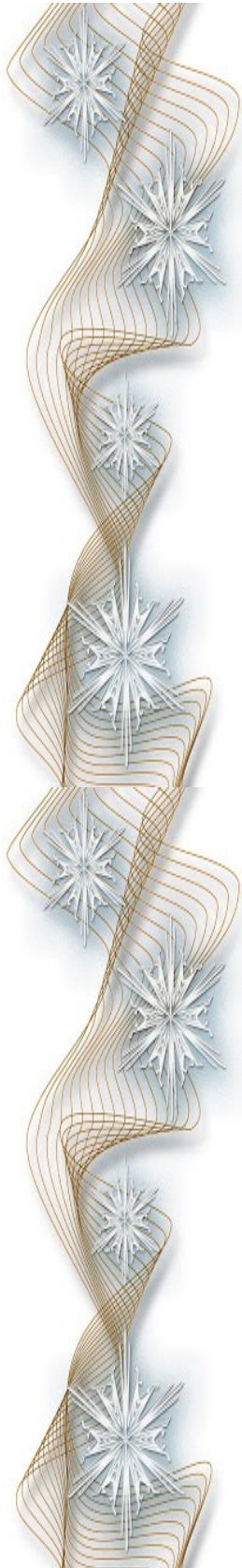
To submit an article for our newsletter:

**Email your poetry, articles, recipes, blessings/
prayers, shared thoughts and ideas to:**
robin.ubm@gmail.com

You can also mail your articles to our office:

**Universal Brotherhood Movement, Inc.
P.O. Box 670278
Coral Springs, FL 33067**





BUSINESS CARD ADS

**Now available
in UB GoodNews!**

Active members may place an advertisement that is a snapshot of their business card, OR advertising copy the same size as a business card **for only \$25 per issue.**

We are accepting ads for your ministry from members in good standing and must be paid in advance. We may edit for content and clarity.

To submit an ad, simply email your copy to robin.ubm@gmail.com. There are several ways to send the ad:

1. scan your business card and email it as a jpg or pdf; OR
2. save your business-card-sized advertising copy as a pdf; OR
3. simply take a snapshot of your business card on a flat surface from directly above and email it.

Easy!

Questions?

Please email Executive Director Robin Morini at robin.ubm@gmail.com or call the office at 954-574-9904.

Universal Brotherhood has a Facebook Page!

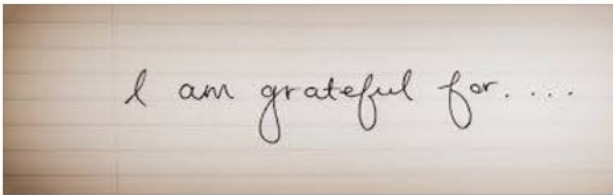
<https://www.facebook.com/UBMovement/>

Please visit and “like” our page! **And please share with others.**

At a recent UB Board of Directors meeting President Rosemary Cathcart said, “We need goodness, and UB distributes goodness wherever it goes.” One of the ways to help spread and distribute this goodness is to **share our Facebook page. Let’s send it around the world!**

Here are some selections from our page.

Make a list, baby!



#PeaceOnEarth #GoodWillTowardEveryone
#MerryEverythingHappyAlways



Words of wisdom from UB co-Founder Rev. Dr. Rick Prigmore:

My Eight Word Philosophy:
Hurt Not - Judge Not
Love Unconditionally - Live Joyously

Live JOY-fully!

Founders Jeni & Rick Prigmore do, every day!



A message for 2017 from our Founders, the Rev. Drs. Rick and Jeni Prigmore:

From Ancient Traditions

Through Centuries of Hope & Celebration & into the Faith that we will move through a New Year with Clear Intentions of Human Betterment - A World made of people determined to make Life into Nobility.

Wherever you identify yourself, we honor your Path & Intentions. May you walk Honorably & with Grace on the bosom of Our Mother Earth.

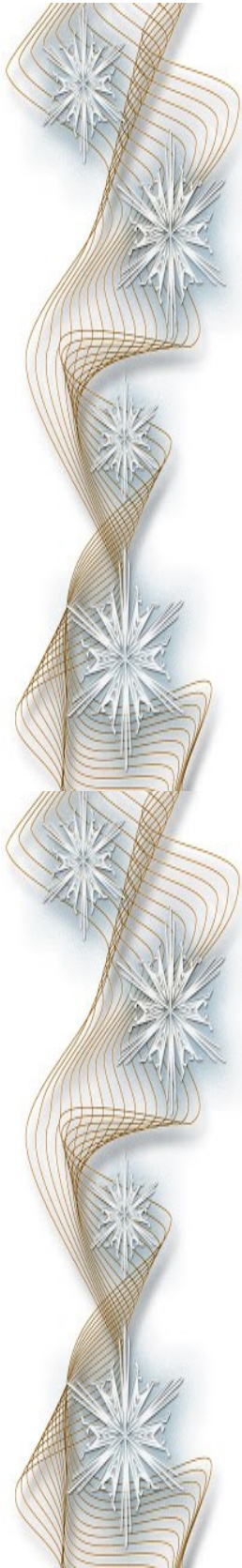
PEACE be with you, Every One.

Lovingly,

Rev. Drs. Rick & Jeni Prigmore

Founders, Universal Brotherhood Movement, Inc.

**You are Blessed
to BE A Blessing.**



UB Minister Directory

Universal Brotherhood Movement, Inc, has a wonderful “tool” for all UB ministers located right on our website, www.universalbrotherhood.org

In this Minister Directory you will find ministers who have requested a listing, and you can request inclusion on this list too.

If you would like to be added, please know that you must be an active member; you must include a link to your website; and you must have a privacy form on file with UB (available [here](#)). For privacy reasons we will not list phone numbers or email addresses in the directory. Please include a link back to UB on your site.

If you are interested in being included, please send a request to be included in the directory, and include your website address, to Executive Director Robin Morini at robin.ubm@gmail.com.

Exploring Our Website

Enjoy the peaceful thoughts of our beloved Founder Rev. Dr. Jeni Prigmore at *A Moment of OM*:
<http://universalbrotherhood.org/category/jeni/>

Feel the outreach of love as President Rev. Rosemary Cathcart shares her thoughts and wisdom:
<http://universalbrotherhood.org/category/lovenotes/>

When you would like to enhance your thoughts and ideas you may find *The Bookshelf* a happy place to visit:
<http://universalbrotherhood.org/resources/books-shelf/>

You will find answers to frequently asked questions about UB here:
<http://universalbrotherhood.org/resources/questions-and-answers/>

Let's Stay In Touch!

Staying in touch with our worldwide membership means we work every day at updating the contact information for all UB ministers.

It's important that we have your current contact information, **especially your email address**. All but one of our UB GoodNews newsletters are sent via email, so a current email address ensures you can receive our newsletter and stay better informed.

Please print this page, complete it, and mail to:

UB Executive Director Robin Morini
Universal Brotherhood Movement, Inc.
PO Box 670278
Coral Springs, FL 33067

Or scan the completed form and email it to

UB Executive Director Robin Morini via robin.ubm@gmail.com.

Name: _____

Address: _____

Phone Numbers:

Home: _____ Work: _____ Cell: _____

Email Address(es): _____

Website(s): _____

Anything else you would like to share? _____

